

**REM
PARTNERS**

COMMUNITY DIRECTORY

2016



REM Award Honorees
REM Partner Organizations
Community-Conscious Businesses



Catch the Dream

Rise by Lifting Others

Day's Jewelers proudly supports the Diamonds Do Good initiative to develop and empower people in diamond communities worldwide. We believe that jewelry should go "Beyond Beauty" and help to make the world around us a better place to live.



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FOREVERMARK



A DIAMOND IS FOREVER

Local People

Local Decisions

Local Impact

2016 REM Community Volunteer Awards

**Congratulations to all of our friends who
are this year's award recipients!**

We applaud our local heroes!



Kennebec Savings Bank

Augusta 622-5801 • Waterville 872-5563 • Winthrop 377-5801 • Farmingdale 588-5801

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REM Award Honorees



**Martha Patterson
Kotlas**



**Sally Ann Parks
BPW Futurama Foundation**



**Rona Backstrom
Inland Hospital**



**Fran Purnell
Alfond Youth Center**



**Cassidy Jean Charette
Big Brothers Big Sisters**



**Judy Johnston Mark Johnston Elena Vayanos
MaineGeneral Medical Center**



**Danny Burgess
United Way of Mid-Maine**



**Jackie Reny
Hospice Volunteers**



**Przytulski Family
Mid-Maine Homeless Shelter**



**Maxine Michaud
American Lung Association**



**Charlie Kelly
PFLAG**



**Connie Napolitano
REM**



**Janna Townsend
Literacy Volunteers**

We Welcome You to Come Join Us!

On behalf of the REM Partners, I invite you to respond to what you read here by joining as a volunteer to work with one or more of these organizations. Those who join hands with other caring people to move our world forward, responding to an ember that burns inside them, often develop a glow that sustains their work and spreads to all who work with them. If you haven't yet had this experience, I urge you to give it a try. If you have and it didn't work out, maybe you haven't found the perfect match. Try again!

*Sincerely yours,
Faye W. Nicholson*

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REM (Revitalizing the Energy in ME)

REM is a network of volunteers engaged in building community in Mid-Maine.

REM is a grassroots organization born in this very community in 1995. People's vision for how democracy should be and its actuality are in conflict. There is a great disconnect between the huge governmental systems that no one seems able to understand and the people they serve.

REM strives to bring people together in a non-governmental process that connects people to each other, helps them create commonly held visions, and then supports their work to transform their visions into realities.

REM provides a forum and a form for our people to determine their own future by working to create it.

"If you want to be a place you've never been, you have to choose a path you've never taken."

REM moves to the beat of a different drummer based on two deeply-held principles:



ONE...
We believe the power of community is the diversity of its people.

TWO...
We believe that everyone's ideas, talents and energies are important.



Most organizations have one specific purpose.

REM is open to unlimited possibilities in our community.

Those possibilities are linked to the creativity of our people and their willingness to work for positive change.

Sometimes those changes are based on a community need. More often REM Community Initiatives are based upon an expanded vision of something that could be...creation of a community asset that moves us toward our dream of a community where people thrive.

"We have passed our responsibilities along for too long. The closer we are to a problem, the more efficient and appropriate the resolution. Our democracy affords us many rights. To the extent that we assume responsibilities for our democracy, we create the balance a healthy democracy demands."
Faye Nicholson, REM's "Dream Catcher"

REM has more than 80 teams, projects and events outlined for 2016. You are invited to call our "Dream Catcher" at 873-4444 and share your concerns and dreams for our community. Chances are there are already efforts underway and you need only engage your talents and share your energy and ideas with people who share your dream. If not, REM will help you find your team and support you all the way!

Mid-Maine's Strategic Vision for the Year 2020

This vision is commonly held by all
REM Partner Organizations. As you
read about them, notice how their
work moves us toward our 2020
vision of Mid-Maine.

We are a vibrant, family-oriented, regional community actively engaged in and responsible for shaping our future. Family in our community is about our relationships with each other: we are all family. We are an inclusive community that embraces individuality and values diversity. We promote interaction and respect among people of all ages and backgrounds. We nurture honesty, integrity, spirituality, and personal and civic responsibility.

Everyone feels secure here. We can express ourselves without fear and we encourage public discussion and debate. We celebrate a high participation in consensual government. Our government and service agencies are coordinated and effective. We have an open-door policy in all our institutions and welcome participation from everyone.

We are fiscally responsible. We maintain a vigorous economic environment while preserving a small-town atmosphere that is attractive, enjoyable and affordable. We actively recruit and support socially responsible enterprises. We are competitive in the global economy. High quality jobs provide economic equity, advancement and security for individuals and families. We cooperate regionally to foster the entrepreneurial spirit and promote sustainable economic development. We work with other communities to enhance their quality of life.

We are a community that coordinates our responses to our social, economic, cultural and artistic needs. Our health care services foster the physical, emotional and spiritual health of our residents. Our community offers broad educational opportunities for people of all ages and all needs. We emphasize service in all levels of education. Educational, religious, government, social and business organizations collaborate in supporting life-long learning and growth. We promote the creative and performing arts as a cornerstone of our regional identity.

We place a high priority on our youth. The entire community shares responsibility for the welfare of every child. Parenting is valued and supported. All children have a healthy, nurturing start in life. Youths actively participate in the community decision-making process. The community prepares young adults for productive lives and provides local career opportunities. As community members age, we value their wisdom and continue to provide opportunities for them to meet their needs.

We hold an ethic that respects the interconnectedness and interdependence of all living things. We make decisions based upon our understanding that the quality of our lives depends on respecting our environment. We value and work together to preserve our heritage, our architecture and our natural environment. Because we have preserved the blessing of our rivers, lakes, forests and farms, we are a center for rest, reflection and recreation.

We trust in the value of community. We respect each other. This is a place where people thrive.

Signed publicly by all 48 REM sponsored Community Catalyst participants, January 5, 1996.

Celebrating over 20 years...

REM measures its accomplishments by the gratitude expressed by the volunteers whose projects we have supported over the years. To all of those people we send our appreciation for the work you have done. We salute you!

Celebration of REM's future...



"REM's future can be wrapped up in one word: REMnet. Jackie Dalton and I, Faye Nicholson, have been working for six years to design a way to be sure that REM will survive when we are unable to continue to serve as volunteer Co-Executive Directors. We are delighted to announce that the first step in our plan has arrived. We invite you to help our plan succeed by joining REMnet at www.rem1.org. Become part of our treasury of giving, talented people willing to share their talents



when asked if the timing is right. We will be continuing the development of this community-building tool as the major step in establishing REM's sustainability...not only in our community, but in communities across Maine. Feedback about the site would be greatly appreciated. It will be the wisdom of the community which will make this site work for everyone. We invite anyone interested in its development to join us. We have big plans...but they are nothing compared to the ideas our community will share.

Let's take social networking to a new level. Let's use this amazing tool to create a community where people thrive. Let's link our minds and meet our challenges by creating inclusive commonly held visions and effective strategic plans."

www.rem1.org

REM Agreements: Those who have come before have created a path for you that will make your time in REM rewarding. The REM Agreements define how we work together in REM. So far, they really work well! Perhaps you have an idea of how they would even be better. We welcome those ideas.

We Agree:

- TO KEEP OUR EYE ON THE VISION!
- To seek and welcome diversity
- To practice honesty with respect
- To be mindful of confidential information
- To be brief and direct
- To listen thoughtfully
- To help each other participate
- To maintain focus
- To keep a sense of our history and traditions
- To challenge or confront ideas, not each other
- To make decisions by mutual agreement
- To work together in the spirit of cooperation
- To respect and support the decisions we make together
- To understand and practice the "pinch model"
- HAVE FUN! KEEP A SENSE OF HUMOR.

REM's Service to REM Partners

There are two types of REM Partnership. **Collaborating Partners** promise to join hands and work together, attending one networking luncheon per year. Their membership fee is \$75.00 per year. **Affiliated Partners** receive all of the benefits of Partnership but are not expected to attend the meeting or work collaboratively but enjoy the same benefits of membership. Their membership fee is \$125.00 per year.

REM provides services based on the expressed needs of the REM Partners. Collaborative efforts are effective in direct correlation to the communication systems which join them. Most of the services REM offers are communication systems. All are volunteer based.

REMnet - An email and internet communication system linking the REM Partners to each other and to community members interested in the community-building missions and activities of the REM Partner organizations.

Poster Team - REM volunteers distribute posters twice monthly to many sites in the surrounding towns for the Partners who leave posters in the REM office.

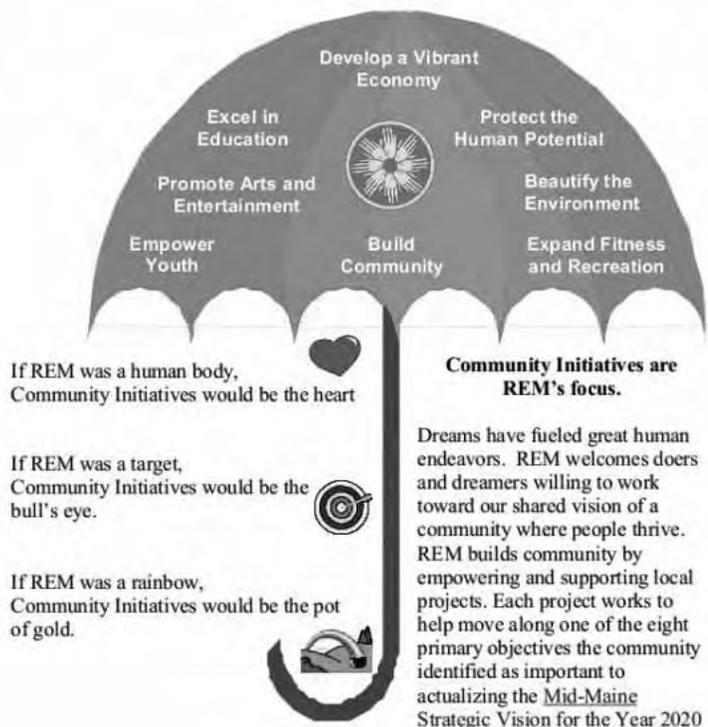
REM Community Volunteer Awards Ceremony and this **REM Partner Directory** - REM produces this Directory and invites Partners to honor a volunteer at the celebration and charges nothing for costs incurred.

REM presently has 80 teams, projects and events underway to help fund our community projects, including our services to REM partners.

REM's Umbrella for Community Initiatives

REM serves as an umbrella for its Community Initiatives, which all come under the 8 priorities established at the 1996 Catalyst:

1. Develop a Vibrant Economy
2. Excel in Education
3. Protect Human Potential
4. Promote Arts & Entertainment
5. Beautify the Environment
6. Empower Young People
7. Build Community
8. Expand Fitness & Recreation



REM Community Initiatives

A "Dream" is an idea fueled by passion. REM welcomes and supports citizens who join hands to build dreams into realities. We call these projects "REM Community Initiatives."

REM provides opportunities, one-on-one or in groups, for people to share their dreams. **REM is not responsible for making those dreams happen.** Only the community can do that. REM nurtures those who work to transform dreams into realities. REM recognizes some dreams as worthy to be held in wait and keeps them out there until teams form around them. Some dreams are led by their presenters and gallop along at break-neck speed. Many are in between the two extremes.

REM has been working in the community for 21 years. And yet, many people still have never heard of REM. The following are some of the REM Community Initiatives REM nurtures by offering whatever support they might need. In so doing, many projects do not have to develop as formal 501(c)(3) organizations and instead focus solely on their missions. This eliminates a duplication of community resources. Those who need space for meetings can have it free. Those who need a copier, phone, posters placed, team building help, a page on the internet, promotion of their events throughout the community via REM's 60 REM Partner organizations, and full banking and accounting services are just a few of the free services rendered. The day they sign on to be a REM Initiative they are part of REM and donations made to them are tax deductible. It would be hard to calculate what the savings to our community is from having gathered all of these services in one place where they are shared by many.

Most amazing of all...these services are given on an all volunteer basis. All who work in REM are volunteers.



In 1996 REM sponsored a 3 day community planning process called a Community Catalyst. At this event the 250 participants created a community vision and initiatives to meet that vision organized under their 8 community priorities. REM Initiatives all operate under those priorities.

Priority 1: Develop a Vibrant Economy

Identified to be the top priority of our community this is the one having the fewest active projects over REM's history. REM believes the community depends upon other organizations of a "business" or "economic" focus to do this work but feels there are many dreams perfect for citizens to grab and run with that would indeed be great economic development projects.

REM keeps out there some of the dreams waiting for people who share that vision. REM's website at www.rem1.org is one place to connect to those dreams and sign on to their challenge. Sometimes REM calls the community around an issue or dream and sometimes a group comes with their dream asking for REM's support.

Here are a few awaiting community energy. If you would like to make any of these ideas realities call REM or join that team on REM's website at rem1.org.

Dickens Night

Let's create...Dickens Night – Waterville, Maine

Imagine recreating the magical spirit of the Holidays in the time of Dickens...complete with the vintage attire, shoppers carrying candles, carolers everywhere, roasted chestnuts, carriages, shops all open and welcoming shoppers with mulled cider, hot chocolate, wassail and other holiday treats. If you think this is a great idea...come share your ideas with REM and help us create this idea which has been on many people's wish lists for years.



ACC_2009_Sep09_1290FF.JPG
© DISNEY'S A CHRISTMAS CAROL ~FILM FRAME
Scrooge (JIM CARREY) left, TINY TIM (Gary Oldman), right
© ImageMovers Digital LLC. All Rights Reserved."

Lighting of the Lights

Imagine...Santa is coming down Main Street on his sleigh. As he passes each of Main Street's beautiful buildings he raises his hand and the buildings light up... each different, each lighting design accenting the specific beauty of the architecture of that building. It could look like some of these...



YuleTide Village

Each year during the winter holidays, REM transforms its windows into a winter wonderland with a winter village scene. Children and adults alike enjoy checking out all the details. REM's goal...to bring people downtown for holiday shopping and make those who visit feel at home in downtown Waterville.



Community Spaces Downtown



In 1995 REM was invited by then President Bill Cotter to assist in the saving of the "Stearns" building which was going up for auction. His vision was to create a place for arts and community. REM's job would be to bring community there.

REM was new and looking for a home to work their mission to build community. REM made its office in The Center and rented spaces for community use. The idea was to bring the events of individuals, families, nonprofits and businesses downtown...a pivotal step in the community's priority to develop a vibrant economy. REM is helping Waterville Creates! develop the arts at The Center and both organizations will, for now, continue to make available smaller community space. (See "Community Center" page 17)

Priority 2: Excel in Education

The second priority of the community has not had as much response as one would expect from it being such a high priority. Again, REM imagines that people do much of this work by volunteering at local schools. There are two area local citizens have brought to REM...one involving early childhood education and the other education for seniors.

Early Childhood Education

Children who have the advantage of learning at an early age will have a jump start on learning.



REM convened a community-wide forum on early childhood education. We learned that during the first three years of a child's life, essential brain and neural development occurs. Kindergarten begins around the ages of 5 to 6 for most children, after major brain development occurs. Our community's focus on early childhood education is an important step for our community's future. Educare on Drummond Avenue is doing cutting edge work to give our

community a jump start over other communities. What can we as community do to bring the kinds of things children at Educare are learning to those who are not in Educare? That's the idea of this REM Initiative. REM will continue to invite community involvement in this Initiative.

Senior College



Creation of a Waterville Area Senior College combining the resources of Thomas, Colby, Unity, UMA and KVCC are being discussed to be part of the creation of a community center. (See page 17)

Priority 3: Protect the Human Potential

Kennebec Club



Their logo says it all. The Kennebec Club provides a safe space and socialization process for people suffering addiction who want to break away from both the people and habits which led to their substance abuse to gather, learn, hold AA meetings, explore local self-help groups and develop new friends.

The Kennebec Club is an all volunteer REM
Community Initiative.

93 Main Street, Suite 8 on lower level
Waterville, ME 04901
Phone: 616-0347

Tourmaline Singers



from HVWA.

In addition to singing for terminally ill individuals and their loved ones, we occasionally sing at memorial services, as well as for groups at churches, nursing homes, and events related to end-of-life care. During the last fourteen months (January 2015 through February 2016) we have sung for twelve individuals. We have also sung at the annual Lights for Life ceremony sponsored by HVWA, the Longest Night service sponsored by four local Methodist churches, and the Annual Remembrance Ceremony of the Hospice Volunteers of Somerset County.

We gratefully accept donations but never solicit them. Our expenses are very modest, mostly for sheet music and photocopying, and so far donations have been sufficient to meet our financial needs.

In October 2015 seven of us attended "Blessed Quietness," an inspiring conference of hospice choirs held in Hallowell and sponsored by the Harbour Singers of the Biddeford/Saco area. The gathering was attended by singers from at least seven groups throughout Maine. Considering that until 2008 there were no groups of this nature in the state, it is clear that awareness of this valuable service is growing. It is our hope that hospice choirs develop in every community, and that everyone approaching the end of life, and their loved ones, will know this service is lovingly offered.

Women's Initiative

WOMEN'S INITIATIVE



Women's Initiative is a REM Community Initiative providing an opportunity for women to come together and create a community which encourages and enriches lives. Women's Initiative has established A Woman's Place, a safe environment where women from all walks of life feel welcome and nurtured. A place where together women can develop their talents in a setting that fosters involvement in a close knit community. "We will celebrate the amazing women we are and all that we can be."

Women enjoy working together on a great variety of crafts...learning and teaching and sharing skills. They quilt, crochet, knit, and even do their own weaving. Many of the articles they make they sell to pay the costs of keeping their space in area yard sales and craft shows.

For over 5 years Women's Initiative made their home at The Center in downtown Waterville. They have now moved on to a new space at 60 West River Road in Waterville.

For more information, contact Martha Dempksi:

by email at marthad.wominit@yahoo.com or by phone at 692-0290.

Link to Women's Initiative website at www.womensinitativeme.org

Youth Homelessness



Any given night, there may be up to a hundred teens in the greater Waterville area. Some may be sleeping on friends' sofas; some may be spending the night in automobiles; some may be sleeping in empty railroad cars. Many have no place to shower or clean their clothes. Many get by with the clothes on their back or what they can carry. They are trying to go to school and may have trouble staying awake in class. They may be working to save up money for a place to live instead of having the security of their own home.

At the Annual REM Partner networking luncheon in 2013 Youth Homelessness was identified to be a problem falling between the cracks in our community. REM responded by convening a REM Community Forum on the issue. A panel of leaders across Maine was formed and REM Forum filled with people anxious to learn about or teach about the reality of the situation.

Work has continued since that forum involving REM Partner organizations whose missions can identify and work to mitigate the problems. Some accomplishments of these endeavors include the renovation of the second floor of the Mid-Maine Homeless Shelter to house homeless youth ages 18 - 24. Now on the drawing board, creation of host families to care for homeless children ages 17 and under. Anyone willing to help work on this project is invited to contact REM.

Priority 4: Promote the Arts and Entertainment

Crafting Klatch



The Crafting Klatch is a group of people who enjoy experimenting with and learning about different crafts while enjoying each other's company. The community has gifted REM with many crafting items...yarn, doll making materials, fabric, sewing notions of all types and crafting supplies.

So far Crafting Klatch members have made wreaths, items of cork, blackboards, Mason jar candles and potpourri, napkins, placemats and runners and beaded necklaces and earrings. At the REM Craft Fair they sell these items to help REM fund-raise to support REM operations. They also handcraft the REM Award necklaces given to the REM Partner honorees and help decorate for special REM events.

REM Craft Fair



The REM Craft Fair was for many years the Colby Craft Fair. When Colby could no longer provide them venue during Parents Weekend a group of crafters asked REM to manage the fair.

Production of this fair is a year-long proposition. More than 2000 people will visit the fair which is now held at the Champion's Fitness Center. The next fair will be held Saturday and Sunday October 29 - 30, 2016.

More than 60 juried artists from all over Maine will be featured. Parking is ample and admission is free.

A special feature of the REM Craft Fair is the REM Soup Fest. More than 20 of the best cooks in our community give the gift of a pot of soup. Also on the menu, homemade breads and desserts and REM's famous pulled chicken sandwiches. The purpose of the restaurant atmosphere is to give shoppers an opportunity to rest, refuel and return to shopping.

Anyone interested in creating any part of this event is invited to contact REM.



REM Drum Circle

Drums Along the Kennebec



The REM Drum Circle, first led by a gentleman who came all the way from Falmouth every month to lead it went on for several years and was then led by local couple Ron and Nancy Woodbrey. REM has been getting calls lately asking when the REM Drum Circle would reconvene. The answer is...whenever anyone comes to REM to offer to lead it. Anyone is welcome to join the circle. Most people bring their own drums but some leaders provided drums as well.

Drums Along the Kennebec was a festival created to tell the story of the different cultures through the art of drumming augmented by visual arts and crafts. Guests were invited to enjoy the beauty of the river, walk or hike on a nearby trail, or explore the majesty of the 2 Cent Bridge. The event included drumming demonstrations, work-shops, and performances. REM would be there to support anyone who wanted to give this festival a renewed leadership and energy.

ACAT (Aqua City Actors Theatre)

(The following is taken from ACAT's website at: <http://www.acattheatre.org/>)

Six months after losing our performance space, our former neighbors made us an offer we couldn't refuse.

Thanks to REM Co-Executive Directors Faye Nicholson and Jackie Dalton, ACAT is now a REM Community Initiative! This new alliance gives ACAT full non-profit status and furthers one of REM's community objectives: to promote arts and entertainment in central Maine.

We're celebrating by presenting two evenings of one-act plays in the REM Forum on April 29 and 30, in preparation for our participation in the upcoming Maine Association of Community Theaters (MeACT) one-act play festival.

We are so thankful to REM and the Waterville community for their tremendous outpouring of support. As we continue our search for a permanent home, we are excited for this opportunity to provide our acting family with a venue for their talent, and our loyal audience with wonderful community theater!

Dream Garden

Sometimes in REM, things come together quickly. The greatest example of that was a dream to build a small park in the alleyway between Cornerstone Dental and Inland Family Care. A pondless waterfall was chosen as



it would be safe for children and less vulnerable to vandalism. An award winning stone and waterscapist, a local landscape architect, the University of Maine Extension and local master gardeners and a nearby restaurant were anxious to build a waterfall surrounded with trees and plants. Everyone involved agreed to do the work and provide the materials free to the City of Waterville. Maintenance was to be by the students of the Master Gardeners course at UMA, providing them an opportunity to acquire their Master Gardeners license. Lack of access to electricity and water killed the project in that location.

However, the same group is still interested in building that garden should the community choose to build the community center being proposed by REM. (See page 17)

Priority 6: Empower Young People

REM Delta Prime Robotics



REM Delta Prime Robotics, team #4473, is a community initiative of REM involving high school students from a variety of schools, including CATC, Cony, Maranacook, Richmond, and homeschoolers.

This team builds a robot from a kit and then programs it to compete in competitions. REM Delta Prime's goal is to build a functioning 120 pound robot from the provided kit, then wire and program it to perform tasks for a game that is announced when the kit is picked up – all within a 6 week

period. Professional electrical engineers, computer programmers, web designers and machinists, as well as teachers and parents from the community come together to mentor and support the team in this complex project. REM Delta Prime Robotics is being supported in their efforts by NASA and Fairchild Semiconductor of South Portland. USFirst, the organizing force for the FRC Robotics program, as well as the First Lego League, FTC, and VEX robotics, all support kids of all ages in learning about technology, math, and the sciences (STEM learning). As such, the FRC program for high school students offers over \$16 million in scholarship opportunities to students who participate in their programs. For more information, or to join as a team member or mentor, contact REM at 873-4444.

Lego Mania



Colt Seigars, the young man who started REM's Lego Mania, is also the young man who went on to build REM Delta Prime Robotics. For many months Colt was the only member of REM Delta Prime Robotics. REM is always open to support people of all ages in their dreams. REM has seen people of all ages find leadership skills they did not know they had in the process of working with the community to build a dream they shared.

Priority 7: Build Community

Gingerbread Mania



Every year REM recruits area adults and teenagers to help young children decorate gingerbread houses created out of graham crackers by a wonderful community volunteer. This event has continued to grow and this year we had to turn people away. This winter the plan is to have more than one session.

If you would like to bring your children or grandchildren or help make the houses for the children to decorate call REM at 873-4444.

REM Awards



REM's Annual Community Awards honor our region's many volunteers, the unsung heroes who selflessly give their time and talent to aid our many local nonprofit organizations and improve the quality of life for all the people of the Waterville Area. The awards ceremony also includes performances by local actors, dancers, and musicians who themselves volunteer their talents to honor volunteers.

This Directory contains a history of the Awards and a picture and description of each of this year's honorees.

REM Partners

The REM Partners are a coalition of over fifty area nonprofit organizations that work together to identify community problems and develop programs to address them. Membership is open to any nonprofit entity (including schools, hospitals, churches, governmental agencies, and nongovernmental organizations) that is active in the Waterville area.

Community Center



"We can work in a house or a hut. Whatever works for community works for REM. Together we can do anything."

REM convenes community for all of the work you see here and much more that you don't. We have spent our first 21 years at The Center in downtown Waterville. We rented spaces there and made them available for community use at prices everyone could afford. Over time, community use has increased. Presently it is not unusual for three different events to happen in a weekend. Those who brought their events there had to deal with inadequate heating, lighting, and a floor that is falling apart.

When REM explored the possibility of renovating REM Forum and Lounge to create a more useful and comfortable space the fact that REM did not own the building discouraged community investment in REM's renovation plans. In addition, REM was concerned that even renovated the facility would not meet many of the needs arising, such as more room for larger events and the ever increasing parking problems. Many of the people we serve are older. This will only be increasing over the next decade.

For years our Dream Catcher, Faye Nicholson, has been urging WRACC, the managing Board of The Center of which she is a member, to bring the arts to the Waterville Regional Arts and Community Center. Most of the people then on that Board were leaders of very large organizations and had time to meet to discuss The Center three or four times a year with the in-between time meeting the demands of their organizations.

When Bro Adams, then President of WRACC and Colby College, decided to retire from Colby he enlisted the help of the Unity Foundation to explore the possibility of creating a coalition of local arts organizations. Bro, who is now the Chair of the Arts and Humanities division for the United State of America left an arts legacy to Waterville as well. Waterville Creates! is the name of the coalition and it is the new d/b/a of WRACC. Faye is the only remaining member of the WRACC Board on the new WC! Board.

Faye relates the change: *"Our new President is Larry Sterrs, President of the Unity Foundation. The new board is made up of the leaders of the arts coalition plus leaders of community with experience establishing strong boards of directors. The Board has hired Nate Rudy as Director. Nate works daily to create an active and strong presence in the building, developing good management of the building while at the same time building the arts coalition. He has hired 3 others to further develop that management. It is obvious to me that what The Center has needed all along is here. The work that REM has done to sustain the building and bring community to the building has paid off. The building is a perfect place for the arts. It is not now and never was perfect for community. It's now time for REM to find an existing space that is or build a new space that will be...perfect."*

REM Plan...Develop a planning process that involves the entire regional community.

REM is working carefully with Waterville Creates! to transfer its spaces into WC! spaces. This needs to be done carefully so as to maximize the success of the transition to an arts focus for the building. To that end, we have already moved out of what was the REM Lounge, open for public meetings and events. Common Street Arts will occupy that Main Street window space of The Center and repurpose it as "Gallery 93", featuring special exhibitions and a tie-in to events at the Common Street Arts gallery.

REM is also vacating the Forum space on May 1, at which time it will be managed by WC! as the building manager. They will continue to take rental requests for the space, but may change the nature of rentals that are offered, and the schedule of pricing associated with use of the space. REM is referring all calls received to rent the space after May 1st to WC!

REM has chosen to move the REM office and all activities to the space in The Center formerly occupied by Women's Initiative as they work to develop their new space on the West River Road. The community has been most gracious to offer us alternative spaces and we deeply appreciate those offers and that concern. In the 21 years REM has worked to build community the community has built REM in return. Furniture, art and craft supplies, decorations to celebrate the seasons together, office equipment and supplies, and even dream catchers on Faye's wall. All are cherished gifts. It would be most difficult for REM to move all of these things. We choose to move them once...into the new space which we hope will be REM's little corner of the world for a very long time.

The Process

REM's goal is to involve the entire regional community in this process. REM will be asking the REM Partners to distribute a survey asking people what they would like to see happening at the community center. REM has already begun to "dream catch" with people and has developed a survey to include all of the ideas presented so far.

REM will keep adding all of the new ideas to the survey providing an opportunity for people to gather to develop the individual initiatives. For example, one person's idea was to have a Senior College at the new community center. Others have agreed that this is something they want for our community. REM will convene this group and help them develop the initiative. For REM, the purpose of establishing a center is to house in one place community initiatives that improve the quality of life for our people. Our intent is to make this process as open to community as is humanly possible. REM believes our people represent a very rich diversity of experiences, knowledge and creativity and that involving everyone will bring that richness to our community center.

For the sustainability of the newly created center there is nothing to beat the power of the protection of those who have invested in it.

Priority 8: Expand Fitness and Recreation

Joyful You

A group of women meet monthly to create a safe, welcoming atmosphere in which they join hands to support each other in a journey together to explore the possibility of bringing joyful health into each of five major parts of their being: Food and nutrition, Mental/Emotional, Intellectual, Movement, and Spiritual/Social. They seek a holistic approach to health. The key is JOY! They believe that in all aspects of our lives there are things that bring us joy. They seek to replace unhealthy eating and sedentary habits with healthy, joyful ones and to support each other in that journey.

About the REM Partners' Community Directory

REM Partners 2016

*Alfond Youth Center
American Lung Association
American Red Cross of Mid-Maine
Bangor Area Visiting Nurses, Hospice of Eastern Maine
Big Brothers Big Sisters
Business and Professional Women Futurama Foundation
Central Maine Growth Council
Citizens Climate Lobby
City of Waterville
Colby College & The Goldfarb Center
First Congregational Church, UCC Waterville
Good Will-Hinckley
Hardy Girls Healthy Women
HealthReach Community Health Centers
Healthy Northern Kennebec
Hospice Volunteers of Waterville Area
Inland Hospital
Kennebec Behavioral Health
Kennebec Messalonskee Trails
Kennebec Montessori School
Kennebec Valley Chordsmen
Kennebec Valley Community Action Program (KVCAP)
Kennebec Valley Community College
Kennebec Valley Council of Governments (KVCOG)
Kotlas - Waterville Area Sister City Connection
Literacy Volunteers of America - Waterville Area Affiliate
Maine Association of Nonprofits
Maine Children's Home for Little Wanderers
Maine Dance Teachers Club
Maine Film Center
MaineGeneral Medical Center
MaineGeneral RSVP
Mid-Maine Chamber of Commerce
Mid-Maine Global Forum
Mid-Maine Homeless Shelter
NAMI Mid Maine
New Ventures Maine
Out & Allied Youth Theatre
Peace Choir On Gaia
PFLAG
Pleasant Street United Methodist Church
REM
Ripple Effect Project
St. Mark's Episcopal Church
Salvation Army Capital Region
Sexual Assault Crisis & Support
Spectrum Generations
Sunset Home
Sustain Mid-Maine Coalition
Thomas College
United Way of Mid-Maine
Universalist Unitarian Church
University of Maine Cooperative Extension
Waterville Area Habitat for Humanity
Waterville Community Land Trust
Waterville Creates!
Waterville Food Bank
Waterville Historical Society
Waterville Main Street
Waterville Opera House
Waterville Public Library
Winslow Congregational Church, UCC
Winslow VFW
WMHB
Youth Matter*

This Directory makes its debut every year at the **REM Community Volunteer Awards Ceremony**. It is distributed all year long by the REM Partner organizations as a collaborative effort to demonstrate the presence in Mid-Maine of both a lively nonprofit service sector and a large community-conscious business sector that supports it. REM compiles and produces this Directory for its REM Partners.

REM Partners are a wonderfully diverse group of people working on quality of life issues in this community. In 2001, REM invited them to join to talk about what they might do if they were to work together collaboratively. The eleven organizations wrote this Vision Statement. Although the group has not worked to recruit new members, the REM Partners now number over 60 organizations.

REM Partner Vision Statement

We are a diverse group of area nonprofit organizations working to collaborate, coordinate and communicate our missions and our services to this community, including ways to access them. We hold commonly the belief that communication and cooperation enhance the common good of all. We encourage volunteerism and honor and celebrate volunteers throughout our community, fostering the growth of a shared commonly held pool of volunteers.

Always open to new membership, we pledge our organizations to the support of our partners and share openly ways we can be of help to each other. From this strong base, we identify community problems and potential and develop programs together to address them, utilizing our shared awareness of our community resources.

About Our Honorees

This Directory is also about our honorees. For many REM Partner organizations, volunteers are our lifeblood. REM, for example, is an entirely volunteer army. Giving of one's talents through community service is highly commendable and important to the creation of a community where people thrive. This Directory proudly tells the story of exemplary volunteers honored in 2016 by REM Partner organizations. You will find them on the REM Partner Pages to follow.

Alfond Youth Center Boys & Girls Club and YMCA



126 North Street, Waterville, ME 04901
207-873-0684 www.ClubAYC.org
Great Futures Start HERE - BE GREAT



The Boys & Girls Clubs and YMCA of Greater Waterville at the Alfond Youth Center is the only merged Boys & Girls Club and YMCA in the country. The AYC opened in 1999, to continue the service of the Waterville Boys Club (estab. 1924), and the Waterville YMCA (estab. 1948). The AYC's 72,000 square foot facility is the largest Boys & Girls Club in the country. Our unique non-profit organization brings to the Greater Waterville Area and Mid-Maine the very best offerings in youth development, recreation and athletic programs, active older adults programs, Toddler Time, Adventure Playland, and family fun. Check out our website and program guides. Financial assistance is available.



ADVENTURE PLAYLAND - Parties welcomed!

Adventure Playland! An indoor, inflated playground, obstacle course, bounce house, and slide facility! After School Program and Family Memberships. Public Sessions are on Saturdays, and Sundays.



Licensed After School Childcare, ages 6 to 12 - FREE to children who are Free/ Reduced School Lunch eligible and ability to pay fees for other families. **The After School Program** offers a free hot meal and snack, free busing from Fairfield, Waterville, Winslow, and Oakland public schools, free homework help and tutoring by a teacher, Art Club, Drama Club, Computer Lab. There is after school Karate and Swimming. **The Summer Enrichment Program** fills summer childcare needs with fun, nurturing activities.

The **Reach and Rise Mentoring Program** is committed to youth development by nurturing the potential of kids and teens to help them achieve and reach their full potential. The program is designed so mentors can more effectively understand and respond to emotional, behavioral and mental health needs experienced by youth. Adult volunteers needed!



TRAIN ON MINI FENWAY



CAMP TRACY

Summertime! Camp Tracy in Oakland hosts traditional YMCA Day Camp experiences and Specialty Camps~**Maine Baseball Academy/Junior Red Sox Camp, Walter Simcock Football Camp, Mid-Maine Swim Camp, New England Softball Camp** - featuring coach Joy Owens, **New England Lacrosse Camp** - with coaching from Central Maine Lacrosse.

The Alfond Youth Center is proud to honor Mr. **Fran Purnell** as this year's REM honoree.



Fran Purnell

Fran Purnell is honored as a member of the Maine Sports Legends Hall of Fame. Forty years ago Fran started his tenure as President of Waterville Youth Baseball /Little League Baseball which eventually became the Waterville Youth /Cal Ripken Baseball League.

Long ago, Fran, and his wife Joyce, and family were responsible for changing what had been a sandlot field on Mathews Avenue, Waterville into a certified Little League All Star Field. Fran Purnell organized one of the world's longest continuing Challenger Division Little League type programs for youth challenged with disabilities. Waterville honored Fran by naming the field on Mathews Avenue, Purnell Little League Field.

As a true community volunteer, Fran worked for the past two years with the City of Waterville and the Alfond Youth Center to place Waterville Youth Baseball under the leadership of the Alfond Youth Center to ensure continued sustainability. AND as an AYC volunteer, Fran started the effort to renovate Purnell Field as a partnership project of the City and the AYC. The project will improve the field into a complete state of the art ball field that will accommodate the disabled and non-disabled people of all ages in the Greater Waterville Area. The renovated field will be a collegiate softball sized replica of the oldest MLB National League Field, Wrigley Field. Waterville's Purnell Wrigley Field's artificial turf

surface will be latex-free and have a profile to accommodate wheelchairs, power -chairs, and walkers. There will be handicap accessible dugouts, restrooms, seating, and other amenities. Purnell Wrigley will be ready to host Youth Baseball and Softball Tournaments, Tournaments for Challenged Youth, Wounded Warriors, others with challenges, Special Olympics Maine events, and regulation college softball

Fran's dream of a special place for special youth, their families, and the community will soon be realized. The tournament play will bring thousands of visitors each year to Waterville. Visitors experience Waterville's Cultural and economic resurgence and patronize businesses.

American Lung Association



Mission:

*Save lives by improving lung health
and preventing lung disease.*

122 State Street Augusta, ME 04330
800-499-LUNG Fax: (207) 626-2919
Email: info@lungne.org
Website: <http://www.lungne.org>

The American Lung Association is the oldest voluntary health agency in the United States, founded in 1904. Our focus today is on healthy air, tobacco control and all lung disease, including asthma and COPD. Our mission is to save lives by improving lung health and preventing lung disease and we do that through education, research and advocacy. For more information visit: LungNE.org

On Father's Day Weekend the Trek Across Maine will celebrate it's 32nd annual ride! This 3-day fundraising cycling event has raised more than \$24 million for the American Lung Association in the past 31 years. Join us as a cyclist or volunteer!

For more information, email: TrekAcrossMaine@LungNE.org

32nd Annual Trek Across Maine
June 17 - 19, 2016
BikeTrekNewEngland.org



Maxine Michaud

Max Michaud plays an important role at the American Lung Association's biggest fundraiser in the region, the Trek Across Maine. Her sense of optimism generates a spark of self-determination in those around her. Her can-do attitude is inspiring to staff and has had a lasting effect on the organization's mission. She has been with the ALA for a number of years, contributing many hours of volunteer work in and out of the office.

Due to her great attitude and dedication,
the ALA in Maine proudly honors one of their most outstanding volunteers,

Max Michaud!

American Red Cross



A Tradition of Service

Phone: 207.872.5642
www.maineredcross.org

The **American Red Cross** has spent 125 years keeping our communities safe and helping families in times of crisis. As the need for the Red Cross continues to grow, we are committed to uphold our tradition of service to the community.

The Red Cross provides immediate relief to victims of house fires, winter storms, and flooding in the form of shelter, food, and clothing. In 2007, your local Red Cross chapter helped 83 families (243 individuals) get back on their feet after losing their homes to fire. With the cost of heating homes escalating, more families have turned to alternative sources of heat, resulting in a significant increase in home fires. In the first 6 months of this fiscal year we have seen a 40% increase in single family home fires over this time last year.

Since 1917, Red Cross chapters across Maine have been the key in delivering a range of critical services that directly affect the quality of life in our community. Critical life-saving skills in CPR and first aid classes, disaster relief services and emergency military communications and services are all a part of what the Red Cross does everyday here in Maine.

In carrying out these activities for over 90 years, we have relied on the volunteers that are the life-blood of the Red Cross. We actively encourage and develop the volunteer spirit. These efforts have contributed to an improved quality of life in our community. The example set by Red Cross volunteers is a mode of volunteerism that motivates us all. We are proud to have local volunteers living throughout Kennebec and Somerset counties, as well as around the State, who serve both locally and nationally when the need arises.

Your support makes it possible for volunteers to train others to save lives. Your contribution makes it possible for volunteers to provide relief to families who have lost everything in a disaster. Please support the Red Cross and its volunteers as we strive to serve those in need in this community.

Together, we can change a life!

We can be reached at www.maineredcross.org or by calling 872-5642.

Bangor Area Visiting Nurses, Hospice of Eastern Maine



Our number one goal at Bangor Area Visiting Nurses and Hospice of Eastern Maine is to provide you and your loved one with exceptional home health and hospice services. We offer compassionate, skilled home health and end of life care to our neighbors and friends.

Last year we merged with VNA Home Health Hospice and our new organization now has offices throughout the state of Maine. As a combined organization, we made 124,847 home health visits, 40,275 hospice visits, served over 8,500 clients, had an average census of over 1,500 monthly clients and traveled more than 3,145,500 miles (126 trips around the world or 13 trips to the moon). We appreciate serving our community members and keeping them close to home with family and friends.

Bangor Area Visiting Nurses
885 Union St, #220
Bangor, Maine 04401

Big Brothers Big Sisters



Big Brothers Big Sisters of Mid-Maine

Kennebec Valley Office
United Insurance Building
2351 North Belfast Ave
Augusta, ME 04330
592-4606
info@bbbsmidmaine.org
www.bbbsmidmaine.org

OUR VISION

Our vision is that all children achieve success in life.

OUR MISSION

Our mission is to provide children in
Kennebec, Somerset, Knox, Lincoln, Penobscot and Waldo
Counties facing adversity
with strong and enduring, professionally supported
1-to-1 relationships that change their lives
for the better,
forever.

ACCOUNTABILITY

We work with parents/guardians, volunteers and
others in the community and hold ourselves
accountable for each child in our program
achieving:

- Higher aspirations, greater confidence, and better relationships
- Avoidance of risky behaviors
- Educational success

Cassidy Jean Charette (Augusta 31, 1997 – October 11, 2014)



Cassidy Charette

It has been said “If you want to give light to others, you have to glow yourself.” Proving one person can make a difference in this world, a young woman did just that—and now she inspires us all to shine our own light. It is with tremendous pride that Big Brothers Big Sisters of Mid-Maine honors and celebrates the life and legacy of Cassidy Jean Charette with the 2016 REM Volunteer Award.

Cassidy was just 17 years old when her life was suddenly taken in a tragic hayride accident on Oct. 11, 2014. She was passionate about her family, friends, her faith, and her constant desire to help others. She was academically ranked first in her class, a standout athlete and a volunteer at area animal shelters, soup kitchens, senior centers, youth programs, food pantries and in her church. Determined she could help children live happier lives, she became a volunteer for Big Brothers Big Sisters and more recently, a trained mentor. Cassidy was anxiously waiting to meet her “Little Sister” when the accident happened just two weeks before their first introduction.

A life lived well, in just 6,250 days, selflessly, and humbly, sharing her kindness with everyone. And now a community has been called to action to “shine on.” Big Brothers Big Sisters took action by establishing the mentoring program Cassidy dreamed of at her school. More than 100 Messalonskee students applied to be “Bigs” and within four months, matches were made and meeting each week at two elementary schools in Oakland. Cass made this happen. This spring, in her honor, we are expanding that program to help more kids by pairing 40 area high school students with children at the Waterville YMCA and Boys and Girls Club at the Alford Youth Center. Kids experience positive role modeling, kindness and respect, leading to higher aspirations, better relationships and successful lives. While teens discover they can make a difference in a child’s future. Cassidy is changing the lives of 140 youth for the better. Forever.

The BBBS program is just one of the many ways that Cassidy’s light shines on. Last fall, students and community members came together to build “Cassidy’s Kitchen” at Hart-to-Hart Farm and Education Center in Albion, where Cassidy cared for animals. Mount Merici Academy launched a Cassidy’s Kids service program so that future generations will follow in her footsteps of giving. Annual “Shine On Cass” awards have been established at her school—from lacrosse and soccer awards to recognizing students who best emulate Cass’s kindness. Recipients of the school’s “ShineOnCass” award are given a monetary gift to be payed forward. And this June, at what was to be Cassidy’s graduation, a student will receive the first “ShineOnCass” Memorial Scholarship.

Look around you. You will see ShineOnCass on bumper stickers, in social media, on uniforms; and the Cass4Ever logo on banners and t-shirts. Athletes will continue to stand proudly in Cassidy’s #11 formation before each game and carry her track cleats to every meet. Cassidy’s favorite color was blue, which you will find still tied to mailboxes and street posts and blue lights shine on in neighborhood windows. In just 18 months, nearly \$200,000 has been gifted to charitable organizations close to Cassidy’s heart and hundreds of hours volunteered in support of community projects in her memory. And we know this is not where the story ends.

**The endless acts of kindness being extended to others are the Light that is Cassidy.
Big Brothers Big Sisters of Mid-Maine is proud to honor Cassidy, and the people in her community, who continue to Shine On.**

BPW/Maine Futurama Foundation



Helping Maine women achieve economic self-sufficiency

A History of Helping

Since 1962, when the first small scholarship was presented, the Maine Business and Professional Women have helped Maine women achieve economic self-sufficiency by awarding scholarships to outstanding deserving women. The Kennebec Savings Bank and the Webber Group have also joined in by providing corporate sponsorship. Recipients of these scholarships have gone on to take their place in the ranks of working women who contribute to the economic well-being of their families and the State of Maine.

Ensuring the Future

In 1987, the BPW/Maine Futurama Foundation was established to ensure the continued availability of scholarships. The Foundation is a 501 (c) (3) organization and all donations are tax deductible. The Foundation continues to enhance the BPW tradition of "women helping women." The BPW/Maine Futurama Foundation maintains an active scholarship program and solicits contributions to fund our scholarships in the future.

Honoring the Past

The Maine Women's Hall of Fame holds an annual Induction Ceremony on the third Saturday of March. One or two Maine women of achievements have been honored each year since 1990. Each year the ceremony has been held at the University of Maine at Augusta in observance of Women's History Month. The photographs and citations are on permanent display at UMA's Bennett D. Katz Library. BPW/Maine Futurama Foundation has been a co-sponsor since 1998.

www.bpwmefoundation.org

BPW/Maine Futurama Foundation is honoring **Sally Ann Parks** (1946-2016)
as their REM Community Volunteer for 2016.

Sally Ann co-chaired the original Futurama Arts and Crafts Fair, which was held in Augusta for many years and showcased small, women-owned businesses and provided funding for scholarship program. Additional activities include being instrumental in the formation of BPW/ME Futurama Foundation, and being a trustee for many years as well as serving as secretary for the foundation.

She was born in Waterville, Maine, the daughter of the late Harold W. and Eva T. Connor; graduated from Lawrence High School as valedictorian, from Colby College with a Bachelor of Arts degree in Business, and from the University of Maine at Orono with a Masters in Business Administration. She has worked in the office for Wyandotte Industries and C. F. Hathaway Company before having her own personnel agency in downtown Waterville for fifteen years. She started working for the Department of Commerce, Bureau of the Census, in 1990 as a field representative and interviewer.



Sally Ann Parks

Sally met her husband, Larry, square dancing. Together they enjoyed traveling to square dances in Maine and other states. Travel was always a special pastime for them, including four trips to Hawaii, where they honeymooned, Bermuda, twice to Nashville, three times to Niagara Falls, Quebec City and San Diego, along with several states and Canadian provinces.

Central Maine Growth Council

GROWING TRADE & GLOBAL OUTREACH

CENTRAL MAINE GROWTH COUNCIL

ENTERPRISE GROWTH & EXPANSION



Who are we? The Central Maine Growth Council (CMGC) is an economic development partnership funded by businesses, municipalities, and other organizations who share a common vision of economic prosperity for our region.

What do we do? The work CMGC does has a direct effect on the people who live, work, and play in our communities. We assist businesses, non profits, and municipalities.

- Administrator for Foreign Trade Zone #186 - Waterville and Central Maine
- FDI (Foreign Direct Investment) Initiatives
- International Network and Market Penetration
- Public/Private Collaboration
- Entrepreneurial Development
- Business Assistance, Development and Marketing



50 Elm Street
Waterville, ME 04901

Phone: 207-680-7300
Fax: 207-877-0087

www.centralmaine.org

Citizens' Climate Lobby



We're creating the political will for a livable world by empowering individuals to experience breakthroughs in exercising their personal and political power.

In particular, we speak up for climate change solutions that bridge the partisan divide, like Carbon Fee and Dividend, which gives all revenue back to households. This Congressional action, which is revenue-neutral, is reliably anticipated to add 2.1 million jobs and cut CO2 emissions 33% in 10 years.

We share ideas, write letters to and meet with our Congressional Representatives and Senators, and spread the word that this is not only possible, but essential for the continuation of civilization as we know it.

Phone: 207-873-6443

Web: <http://www.citizensclimatelobby.org>

Email: midmaine@citizensclimatelobby.org

City of Waterville

One Common Street • Waterville, Maine 04901
Phone: (207) 680.4200 • Fax: (207) 680.4207



The City of Waterville is governed by a City Council. The City's chief administrative officer is the City Manager, who is responsible to the Council for the management of all City affairs as provided for in the Charter. The City Manager, working with individual department directors, is also responsible for the performance of all City departments.

More information and services are available online at: www.waterville-me.gov

Like us on Facebook: www.facebook.com/WatervilleMEOfficial



CITY DEPARTMENTS

EMERGENCY SERVICES

Emergency Phone: 9-1-1

Fire Department: (207) 680-4735

Police Department: (207) 680-4700

Administration • (207) 680-4204

Airport • (207) 861-8013

Assessing • (207) 680-4221

Clerk's Office • (207) 680-4211

Code Enforcement • (207) 680-4231

Engineer • (207) 680-4232

Finance Department • (207) 680-4248

Health & Welfare • (207) 680-4227

Human Resources • (207) 680-4215

Parks and Recreation • (207) 680-4744

Pine Grove Cemetery • (207) 872-5303

Planning • (207) 680-4230

Public Library • (207) 872-5433

Public Works • (207) 680-4744

School Dept. • (207) 873-4281

Sustain Mid Maine • (207) 680-4208

CITY COUNCIL

WARD 1 • Steve Soule

Phone: (207) 873-4120

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johnodonnell@mewireless.net

WARD 6 • Dana Bushee

Phone: (207) 739-9247

dbushee@waterville-me.gov

WARD 7 • Jackie Dupont

Phone: (207) 877-5297

jdupont@waterville-me.gov

Colby College

Colby

4000 Mayflower Hill Drive, Waterville, Maine 04901

Phone: 207-859-4000 | Fax: 207-859-4055

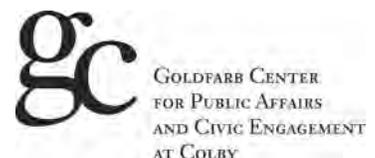
colby.edu

Founded in 1813, Colby is one of America's most selective colleges. Serving only undergraduates, Colby's rigorous academic program is rooted in deep exploration of ideas and close interaction with world-class faculty scholars.

Colby Volunteer Center

The Colby Volunteer Center (CVC) provides students with opportunities to have a positive influence on the lives of others through volunteerism in the greater Waterville area. The CVC's goal is to increase awareness of the importance of volunteer work as a social responsibility as well as a form of self-development and education.

For more information, visit colby.edu/cvc.



First Congregational Church United Church of Christ, Waterville

God is still speaking,
**UNITED CHURCH
OF CHRIST**



First Congregational Church
United Church of Christ
7 Eustis Parkway
Waterville, Maine 04901
(207) 872-8976

Mission Statement:

We are an Open and Affirming church seeking the place where God's dream for our community, the needs of our community, and what we have to offer our community, meet. No matter who you are or where you are on life's journey, you are welcome here.

In addition to being a place of worship, the First Congregational Church offers fellowship and education for all ages. We are a community committed to the call of Christ to care for all of God's people and creation.

We look forward to the future by continuing the faith, courage, love, persistence, and faithfulness to Christ that have been the hallmarks of our 180 year-old history.

Good Will-Hinckley



Good Will-Hinckley

PO Box 159, Route 201
Hinckley, ME 04944
www.gwh.org
207-238-4000

Good Will-Hinckley (GWH) is a non-profit organization whose mission is to provide a home and helping hand for young people and families. The organization has helped more than 6,000 youth from Maine and other states. Historically, Good Will-Hinckley has been home to youth facing complex academic, social, behavioral and emotional challenges. Current GWH programs include:

- **The Maine Academy of Natural Sciences (MeANS)** is an alternative high school located in central Maine on several hundred acres of wilderness, organic farmland and river frontage. Our programs are tailored to a students' specific interests, introducing them to careers in farming, forestry, sustainability, alternative energy and other related fields. Students gain knowledge and skills through hands-on projects, internships with local businesses, running our organic food farm stand and maple sugar shack, targeted curriculum, joint coursework with the local community college, and real-world experiences.
- **The Glenn Stratton Learning Center (GSLC)** offers educational services to students in grades kindergarten through twelve who experience significant social-emotional and behavioral challenges. Individualized and small group instruction geared to Maine State Learning Results is provided within a consistent behavioral structure and therapeutic milieu.

Hardy Girls Healthy Women

177 Main Street, PO Box 821, Waterville, ME 04903-0821
Phone: 207-861-8131 Fax: 207-615-0514 Email: info@hghw.org



Hardy Girls Healthy Women (HGHW) is a nonprofit dedicated to the healthy development of girls. HGHW takes girls seriously and puts the power in their hands to challenge a society that ignores their brilliance. We dare adult allies to join us in standing with girls. Our vision is girls causing a ruckus.

Since day one, Hardy Girls programming, resources, and services have been powered by the latest research in girls' development. Much of that research comes from the work of Hardy Girls co-creator, Lyn Mikel Brown, Ed.D. You can download Lyn Mikel Brown's keynote address "Cultivating Hardiness Zones for Adolescent Girls" by visiting the Hardy Girls website at www.hghw.org.

Although many, if not most, national programs designed to support girls in the past 15 years have focused on self-esteem and other internal, psychological issues, HGHW is one of the few programs that addresses girls' lives in relational and social contexts. We believe that it is not the girls, but rather the culture in which they live that is in need of repair. The developmental psychology concept of "hardiness" shifts attention from the individual to their environment, families, schools, and community organizations as the key agents of change in girls' lives.

Our goal is to connect girls to these environments, while transforming their surroundings into safer havens. By providing parents, teachers, and community members with as many possible resources and skills available to us, we first raise awareness about their capacity to serve as agents of change, and then enlist their action.

HealthReach Community Health Centers

HealthReachCHC.org | 800.299.2460

Our Mission

To provide high quality, affordable, patient-centered healthcare in the medically underserved communities of Central and Western Maine



Our Locations:

- Belgrade Regional Health Center | 207.495.3323
- Bethel Family Health Center | 207.824.2193
- Bingham Area Health Center | 207.672.4187
- Bingham Area Dental Center | 207.672.3519
- Lovejoy Health Center (Albion) | 207.437.9388
- Madison Area Health Center | 207.696.3992
- Mt. Abram Regional Health Center (Kingfield) | 207.265.4555
- Rangeley Family Medicine | 207.864.3303
- Richmond Area Health Center | 207.737.4359
- Sheepscot Valley Health Center (Coopers Mills) | 207.549.7581
- Strong Area Health Center | 207.684.4010
- Strong Area Dental Center | 207.684.3045
- Western Maine Family Health Center (Livermore Falls) | 207.897.4345

Healthy Northern Kennebec



Vision: *Ensure that Northern Kennebec communities are the "healthiest" in Maine*

Mission: *To improve public health in Northern Kennebec by engaging the community, assessing needs, and planning actions for success*

www.healthynorthernkennebec.org
Partnership Director
contact@healthynorthernkennebec.org
(207) 872-4127

Healthy Northern Kennebec, a Local Healthy Maine Partnership (HMP), is a community based coalition which formed in 1988 with the goal of identifying local health problems and working collaboratively with community agencies, government and local citizens towards a resolution of these problems.

Healthy Northern Kennebec's role in the community is:

- To conduct community health needs assessments;
- To convene meetings with community stakeholders;
- To develop and implement community plans;
- To develop and implement environmental and policy change for:
 - Physical Activity
 - Nutrition
 - Healthy Weight
 - Tobacco
 - Substance Abuse

We care about each other!

Healthy Waterville is an initiative of Healthy Northern Kennebec with the aim of improving the health of all 16,000 Waterville residents by 2020 by increasing community connections and access to nutritious food for all.

Funded through Healthy Maine Partnerships:

HMP is a collaborative effort among 27 local coalitions and Maine DHHS (Maine CDC and Substance Abuse and Mental Health Services), supported primarily by the Fund for Healthy Maine, with federal grants from the US CDC and SAMHSA.

KENNEBEC BEHAVIORAL HEALTH

IMPROVING LIVES WITH EFFECTIVE, INNOVATIVE CARE

Promoting the well-being of children, adults and families who experience mental illness, emotional difficulties or behavioral challenges- since 1960.



**MENTAL
HEALTH &
SUBSTANCE
USE DISORDER
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- Outpatient & Psychiatric Services
- Substance Use Treatment
- Multisystemic Therapy
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- Vocational Clubhouses
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- Home and Community-Based Treatment
- Community Integration Services
- Homeless Youth & Adult Outreach



WATERVILLE CLINIC
67 Eustis Pkwy
Waterville, ME 04901

AUGUSTA CLINIC
66 Stone St
Augusta, ME 04330

SKOWHEGAN CLINIC
5 Commerce Dr
Skowhegan, ME 04976

WINTHROP CLINIC
736 Old Lewiston Rd
Winthrop, ME 04364

888-322-2136 | WWW.KBHMAINE.ORG

Hospice Volunteers of Waterville Area



Susan Roy, Executive Director
Hospice Volunteers of Waterville Area
304 Upper Main Street Waterville, Maine 04901
Phone 207-873-3615 x 13 ~ FAX 207-873-5094 ~ www.hvwa.org

Hospice Volunteers of Waterville Area (HVWA) is a non-profit organization founded in 1980 that serves 27 communities in central Maine. Hospice Volunteers of Waterville Area promotes quality of life by: Providing non-medical support to individuals and their families at the end-of-life, support to grieving individuals, and education and support for the community regarding issues related to death and grieving. Bereavement services are available to anyone who has sustained loss either through illness or unexpectedly. HVWA is volunteer-based and community-funded.



Jackie Reny

Jackie Reny has been a Direct Care Volunteer for Hospice Volunteers of Waterville Area since 2014. Recently, she has added the role of supervising the furniture pickup and delivery for our HVWA Resale Shop.

Jackie lives in North Vassalboro with her husband Peter and they have been married for 20 years. She has two grown daughters Michelle and Katherine and her three other young women who are like daughters to her, Tina, Debbie and Beth. She has two grandchildren Izzy and Davis.

Jackie's mother taught her to care for other people at a young age and to look for the little things that are special to others. Jackie watched and carefully learned. Those early lessons helped Jackie to become the outstanding woman that she is today.

Jackie enjoys being involved with many antique car clubs. She coordinates tours for the Down East Chapter of the Model T Ford Club of America. She has met many wonderful people and toured all over Maine.

Animals are a passion for Jackie. She especially loves horses. On her small farm, she had the pleasure of introducing many young people to their very first ride. Priceless!

Several years ago Jackie was asked if she would occasionally help an elderly couple. Jackie said she would help out until they found someone. Seven years later she was still there.... I think they stopped looking.

When people ask Jackie "How can you sit with a dying person?" She always says "I get much more than I give. The power of a smile and a hug are easy to give. Everyone should try it!" Jackie is always quick to point out that she could not do this work without the love and support of her husband Peter.

Jackie's quick wit and winning smile make her a joy to work with. It is with great honor that we introduce her as Hospice Volunteers of Waterville Area's REM Community Volunteer Award Winner of 2016.

Inland Hospital



Volunteers are VIPs!

At Inland, volunteers are vital contributors to helping us achieve our mission “to care for and serve our community.” Their helping hands and giving hearts are a gift to us in many ways.

Whether they are comforting a patient in the hospital or a resident at Lakewood, working in the gift shop, greeting people at the front door, or assisting with mail, materials or clerical work, volunteers are VIP’s in our world!

Thanks to our many community volunteers who help Inland and Lakewood deliver the best care and service to our patients, residents and families!

Volunteers

Linda Alderson
Dyann Anderson
Linda Audet
Rona Backstrom
Margo Beach
Jennifer Bouchard
Ammie Breton
Neal Caron
Melissa Champine
Nancy Charland
Lori Charrier
Dianne Couture
Judith Couture
Joyce Creasey
Ellen Dawson
Crystal Dow
Fred Dumont
Patty Edwards
Joanne Ellis
Richard Fabas
Julie Farnsworth
Faye Ferland
Theresa Fortin
Constance Francoeur

Maura Gammans
Michelle Giroux
Gail Glazebrook
Eva Gray
Pamela Hanning
Kristine Hayes
Barbara Healy
Rayola Higgins
Vernal Holt
Mary Huff
Jane Hutchins
& Dog Tanzy
Michael Johnson
Richard Kelly
Janet LeClair
Marie LeClair
Carole Levine
Mary Lockhart
James Mathieu
Mark McAfee
Jack Moorehead
Andrea Morin
Eleanor Warren-Nagle
Jane Peatfield
Grace B. Peck

Theresa Pellerin
Heather Perkins
Robert Petrie
& Dog Abby
Rita Plourde
Suzanne Poulin
Kenneth Saucier
Dena Sellar
Richard Soule
Robert (Bob) St.Pierre
Sandra Stevens
Sandra Suttie
Valerie Theriault
Marilyn Tozier
Norman Tuttle
Susan Veilleux
Grace Von Tobel
Pamela W. Weston
Elaine Wilson
Lori Wing
Connie Winship
Pamela Wood

Lakewood

Fran Allen

Jackie Bourassa
Beverly Bracy
Glenna Bragg
Toni Breton
David Cairnie
Crystal Decker
Mike Doucette
Julie Gee
Stan Griffin
Earlene Hanson
Elise Roy Hobbs
Diane Morrisette
Jane Peatfield
Joanna Quirion
Dr. David Preston
Christine Reynolds
Gerry Richardson
Inez Sabins
Mike Theriault
Shirley Watson

Juniors

Ashley Carver
Bradley Carver
Haley Carver

Tessa Chason
Dana Cooper
Tara Rae Farnsworth
Mackenzie Gayer
Emily Hollowell
Aaliyah Higgins
Conor Skehan
Abigail Smith
Sarah Syed
Libby Wallace

College

Craig Ballard
Noah Caret
Margaret Fein
Karen Chen
Tianzen (Echo) Chen
Michael Chiu
Yoona Chun
Hillary Howe
Siyuan Li
Jennifer Liao
Amanda Millatt
Sheila Rajan
Allyson Redhunt

Chelsea Regan
Calvin Robbins
Kumba Seddu

Protestant Clergy

Walter Smith
Terry Tiner
Stephen Donohue
Paula Witham

Eucharistic Ministry

Yvette Bourassa
Donna Sawyer

Orthodox Priest

Fr. Chad Williams

Jewish Rabbi

Rachel Isaac

In Memory

Linda Coro – Inland and
Lakewood
Anita Swift - Lakewood



To make a difference by volunteering at Inland please call Maggie Simpson, 861-3325
or Michelle Rossignol, 873-5125 at Lakewood.

Kennebec Messalonskee Trails



KMTrails
 PO Box 2388
 Waterville, ME 04903
 -
www.kmtrails.org
 (207)873-6443

Kennebec Messalonskee Trails' network continues to grow. We now have more than 30 miles of trails throughout the City of Waterville and its surrounding Towns of Oakland, Fairfield, Benton and Winslow. More are coming. In 2013 we will be working to develop a new trail connection to allow a pleasant bike ride for the 8 miles from Benton, south along the Kennebec to the Winslow Schools trails, then via Scott Park, the 2 Cent Bridge and Head of Falls to city streets on the way to the Quarry Road Recreational Area. More routes are planned throughout the community. The idea is to have everyone active, walking and biking to enjoy not only our beautiful open spaces but also for getting from point A to point B within our city and towns.

We are an entirely volunteer organization, working with municipalities and others to locate, design and build the trails, encouraging the public to use the trails, and as volunteers to keep them in good shape. We welcome participation.

Kennebec Montessori School



JACK STEPP PHOTO

Founded in 1976, KMS is the oldest Montessori school in the state, and is accredited by the American Montessori Society. We offer Preschool, Kindergarten and Elementary programs to children ages 3 to 12.

In addition to the Montessori curriculum, we offer special instruction in Music, Spanish, Physical Education and Art. Frequent field trips offer the opportunity to explore the world beyond the classroom. Our Summer Program is open to all children, ages 3 to 8.

We welcome visitors! We are located on 14 acres nestled amidst farmland in Fairfield just off I-95. Please call 453-6055 for more information or to arrange an observation. Or visit us online at www.kennebecmontessori.org.

Nurturing a love of learning for 40 years

Our Mission...

To provide children with an educational program, rooted in the philosophy of Maria Montessori, that nurtures a love of learning and fosters respect for self, others, and the environment.

KMS is an equal opportunity employer and service provider

Accredited by the American Montessori Society

453-6055

Fairfield, Maine



WWW.KENNEBECMONTESSORI.ORG

Kennebec Valley Chordsmen



Mission

The Barbershop Harmony Society brings men together in harmony and fellowship to enrich lives through singing.

<http://kennebecvalleychordsmen.com>

Purpose:

- Perpetuate and celebrate harmony in the barbershop style
- Promote fellowship and friendship among men of good will
- Provide the opportunity to experience the joy of four-part a cappella singing
- Introduce and sustain music in the lives of people everywhere

Values

- The joy of singing and ringing chords in four-part barbershop harmony
- Fellowship and friendship
- Service to others through our music

Kennebec Valley Community Action Program (KVCAP)



97 Water St., Waterville, ME 04901
Phone: 1-800-542-8227 Email: info@kvcap.org
Website: www.kvcap.org

The **Kennebec Valley Community Action Program (KVCAP)**, Inc. is a private, non-profit social service agency that has served individuals and families in Somerset and Kennebec counties for over 40 years. Incorporated in 1965 under the Economic Opportunity Act and the Community Service Act, KVCAP has worked hard and successfully to accomplish its mission to partner with area residents, organizations, and local, state and federal entities, creating solutions to the conditions of poverty in order to strengthen individuals, families and communities. We seek collaborative partnerships in the community to identify needs, coordinate resources, and creatively invest funding dollars to make the greatest, positive impact on the lives of the low-income families we serve. KVCAP's success comes from its ability to meaningfully involve low-income people in its programs, to mobilize public and private resources to support such programs, and to coordinate efforts throughout the community to improve delivery of services.

KVCAP offers many programs and services including the following: Child Care, Head Start, Transportation, Maine Families (homevisiting), Child Abuse Prevention Councils, Employment Services, Fuel Assistance, Weatherization, Home Repair, Foreclosure Counseling and Prevention as well as a Teen Center.

Kennebec Valley Community College

Kennebec Valley Community College (KVCC) is a two-year commuter college. It is accredited by the New England Association of Schools and Colleges (NEASC).

Our mission is to "prepare students to achieve their educational, professional and personal goals in a supportive environment inspired by shared values of responsibility, integrity, and respect." To accomplish this mission, KVCC offers more than 30 associate degree, diploma, and certificate programs that meet both citizen and employer needs in a caring and inclusive environment. We have an especially wide array of Allied Health programs and a popular Associate in Arts in Liberal Studies program that prepares students to transfer to 4-year institutions. Many of the programs at KVCC have articulation (transfer) agreements with other colleges, so that upon graduation students are able to more easily continue their education at the associate or bachelor degree level without loss of credit.

For Fall 2010, we enrolled more than 2,400 students, including more than 1,800 degree-seeking students, and enrollment continues to rise each fall.

KVCC maintains a 97% job placement rate for graduates. Most of our graduates find jobs right in the region, primarily in Kennebec and Somerset counties.



Kennebec Valley Community College

92 Western Avenue
Fairfield, Maine 04937

Michelle Gayne, 453-5040
www.kvcc.me.edu

Kennebec Valley Council of Governments



Kennebec Valley Council of Governments (KVCOG) is a municipal services corporation which was founded in 1967 and is owned and operated by and for the benefit of its members. KVCOG helps its members to deliver cost effective and efficient municipal services, to create a more stable, growing, and diversified regional economy, to improve transportation and communication, and to preserve our natural environment through conservation of resources and wise land use planning and decision-making.

KVCOG grew out of a shared desire by municipal officials in Kennebec, Somerset, and western Waldo Counties to take a regional approach to improving life for their citizens by pooling resources and building their capacity to solve problems and to take advantage of opportunities not otherwise available to any one municipality. KVCOG is an example of a successful and productive regional collaboration in practice.

17 Main Street
Fairfield Maine, 04937

Phone: (207) 453-4258
Fax: (207) 453-4264

www.kvcog.org

Kotlas-Waterville Sister City Connection



Celebrating a 25-year Connection between Kotlas, Russia and the Greater Waterville Area was a major event in 2015. A delegation from the Waterville area went to Kotlas in April to celebrate the anniversary of the signing of the sister city agreement and to participate in the Kotlas American Sampler. In late June the mayor of Kotlas led a delegation to the Waterville area to continue the celebration. Displays throughout the area in June and July reminded all of the present and past events in the history of the sister city connection. The Connection strives to develop friendship and understanding between the people of Central Maine and of Kotlas in Russia. To that end, the Kotlas Connection sponsors educational and cultural programs in the Waterville area to raise awareness of Russia and of Kotlas.

Over the years through the Open World Organization, federal grants have made possible working visits for municipal leaders, educators, and social service workers from the Kotlas area. Additionally, a locally-sponsored delegation from Kotlas studied our medical programs. Throughout the period teacher/student groups have come to the Waterville area to participate in the Russian Sampler, a day-long program to expose area junior and senior high school students to Russian language, history, and culture, which is co-sponsored by the Colby College Russian Department. There have been many other official and private visits by people from Kotlas. From the beginning people from the Waterville area have returned the visits. The first meeting between Watervillians and Kotlasians occurred in April of 1989 when three Waterville area residents journeyed to Kotlas. In June of 1990 the mayor of Kotlas led a 4-person delegation to the Waterville area. During that visit he signed a proclamation with Waterville's mayor declaring Kotlas and Waterville to be sister cities. The relationship was commemorated with the planting of a cluster of birch trees near the Two-cent Bridge. Replanted birches were dedicated during a 2004 visit of a Kotlas mayor and a small delegation.

As a part of its community outreach the Connection has arranged Russian film series through the local adult education program, has participated in area festivals, and has sold Russian-made Christmas ornaments. It holds an annual meeting, open to the public, with a Russian-based program. Waterville area citizens, municipal leaders, and civic, social, and business groups have supported this project over the years. Thus, one small effort to develop and maintain friendly relations between our two countries has blossomed.

Visit our web site, where you will find our newsletter, pictures of Kotlas, and information about Kotlas and the Kotlas Connection. The URL is <http://www.kotlas.org>. We can also be reached at P.O. Box 1747, Waterville, ME 04903-1747.



Martha Patterson

Martha (Coury) Patterson has been active in the Kotlas-Waterville Area Sister City Connection since 1999, serving as co-chair for four years in the organization. She participates in organizing and implementing visits of the various Kotlas delegations and delights in teaching Russian cooking to the students in the Greater Waterville Area during the Russian Sampler held annually at Colby College.

Martha traveled to Kotlas as a good will ambassador in 2003 to celebrate the 95th Anniversary of Kotlas and returned to Kotlas in 2015 to participate in the celebration of 25 years of the sister city relationship. Later, Mayor Andrei Bralnin and his Duma came to Waterville to continue the celebration of 25 years of people-to-people diplomacy. Martha and her husband hosted several delegations that came from Kotlas at their home and at their camp and had the pleasure of hosting a student from the Kotlas area for a year when her children were in high school.

Martha grew up in the "County" and graduated from St. Joseph's College with a BA degree in Bio-Chemistry. She received her MT(ASCP) from Yale University. All of her 50 working years were dedicated to the Laboratory Department at Seton, Thayer, and MaineGeneral as a Medical Technologist. She served as a board member and treasurer of the American Society of Clinical Pathology.

Active in the Waterville Community, Martha has served on the board at Mount Merici, the YMCA, and the Alford Center. She serves her parish of Corpus Christi as a Lector and Eucharistic Minister. While her children were in school, she volunteered as PTO president for their schools, organizing Harvest Fairs and Project Graduations.

Martha and her husband Neal have two children, Robert and Mary, who are both college graduates and make them proud. Among Martha's other interests are languages, music, waterskiing, swimming, kayaking, and gardening. As a teenager in her hometown of Fort Fairfield, Martha served as church organist and choir director and as an adult she served for a time as organist at St. Joseph's Maronite Parish in Waterville. She enjoys entertaining at her camp in Rome, ME with her relatives and friends. Martha immerses herself in culture and language when traveling. She has traveled to Russia, Canada, Hawaii, Alaska, Italy, Switzerland, Germany, Greece, and France. Someday, she hopes to visit her cousins in Lebanon and see where her grandparents lived. Martha was brought up in a multi language home since her grandparents spoke Arabic, French, and English.

Nominated by her fellow members, Martha humbly serves the Kotlas Committee and the community with enthusiasm.

Literacy Volunteers - Waterville Area



Literacy Volunteers—Waterville Area has been providing literacy services for forty years in Waterville and surrounding communities.

www.lvwaterville.com
105 Kennedy Memorial Drive
Waterville, ME 04903
(207) 873-7786

Serving the greater Waterville area for over 40 years.

As our world changes and the demands on individuals, families, and businesses increase, the definition of literacy continues to evolve. In the past, literacy was considered the ability to read and use printed materials on a basic level. Literacy today is much more broadly defined, encompassing not only reading and writing, but numeracy, problem solving, and high-level reasoning skills.

Adults who have low reading skills are at a great disadvantage in our society. Low literacy levels are closely connected to the social problems linked with poverty. According to the 2008 US Census and the latest National Assessment of Adult Literacy, 15% of adults in Kennebec county never finished high school or do not have a GED, and 42% of all Maine adults are at or below the basic levels of literacy, which means they cannot fill out a basic job employment form, read the instructions on prescription medications, or read a book to a child.

Literacy Volunteers provides free one-to-one tutoring services for area adults in need. Tutors and students meet weekly to address a wide variety of literacy needs, including help for those whose functional reading and writing abilities are at or below grade level, students with learning disabilities, and people who are learning English as a second language. Tutors are placed in our area adult education programs working with the English teacher. We offer tutor training and workshops to further educate our tutors. The next session will be held in May at Educare.

Family Literacy, a new program started over a year ago, works with families to teach parents how to work with their child to foster reading skills. Six months ago, we developed a book club held at Women's Initiative. This model will be used with other small groups.

We are so thankful for and proud of our many volunteers who give so much to provide tutoring services to adults who want to improve their literacy skills. We also thank the communities in which we serve for their support and good will which has allowed us to improve our outreach each year.

"We teach adults to read."



Janna Townsend

Janna Townsend, president of Literacy Volunteers, has expanded our mission to include the Family Literacy Program, which works with parents to teach them to read with and to their children. Janna has worked tirelessly to improve and grow the program during her tenure. Since becoming president in 2011, Janna has helped LVW increase the number of participants (both students and tutors) from 12 to over 50. It is not just an increase in volume, but she has elevated the whole program to serve a wide spectrum of students in a variety of different venues. She developed and implemented required tutor training sessions. Each training session is a three-day workshop focused on cultivating the skills and strategies necessary to create healthy, sustainable, and productive relationships between tutors and students. As a lifelong learner herself, Janna recognizes the value of continual support beyond this initial training. In order to personalize the growth of each tutor, Janna provides continuous coaching for tutors in the form of optional support groups based on his/her specific issue or need.

As a lifelong educator, Janna knows firsthand the importance and value of fostering literacy regardless of her student's age, history, or ability. Throughout her 40 year career, she has dedicated her life to developing programs that support the most challenged learners. This work began in the New York City Public Schools system as a teacher and special educator. Recognizing the limitations of the special education models at the time, Janna shifted her energies to building inclusive programs in districts within the city. She developed the Principals' Institute which paired teams of experts with faculty and administration from schools looking to facilitate the transition to inclusive programs. Even though Janna's formal career in education is complete, she continues to value investing in the improvement of people's lives within her community. She sees universal literacy as paramount in the forward progress of both individuals and society as a whole.

Janna encourages all board members to take ownership and then act upon individual strengths and expertise. Her leadership approach is to provide the group with an organized, thoughtful vision, while employing all members to become active participants. The work load as well as the creative development of the program is shared by the entire group of engaged board members. Janna's strength lies in her commitment to build a cohesive, vibrant, and innovative group of board members. This gift can easily go underappreciated, but it has helped launch Literacy Volunteers of Waterville into its current model. The LVW program, coupled with Janna's inspiration and leadership, is found in the successes of our students.

Maine Association of Nonprofits



Maine Association of Nonprofits
565 Congress Street, Suite 301
Portland, ME 04101
(207) 871-1885
www.NonprofitMaine.org

MANP is the voice of Maine's nonprofit sector. Over the past 19 years, we have grown to be the state's comprehensive resource for the tools, knowledge and connections nonprofits need to be effective and well-run. Membership has grown to almost 800 organizations from all parts of the state because, in one member's words, "MANP is the go-to organization that is in touch with the pulse of the nonprofit world and is the best advocate for the sector."

MANP is the source for new and seasoned nonprofit executives, staff, board members and volunteers for:

- Answers to all your nonprofit questions
- SkillBuilder workshops and in-depth leadership training programs
- Connections to the statewide nonprofit community and updates on national trends
- Data on the economic and social significance of the Maine nonprofit sector
- Advocacy on issues and policies important to all nonprofits

MANP helps nonprofits operate more efficiently by providing:

- Access to nonprofit focused insurance specialists, business services and consultants
- The definitive high-traffic site for posting and finding jobs in Maine's nonprofit community
- Best practice standards, organization assessment tools and MANP guidebooks

Maine Children's Home for Little Wanderers



THE MAINE
CHILDREN'S HOME
for Little Wanderers
Serving families and children since 1899

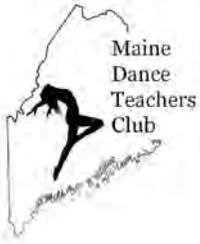
93 Silver Street
Waterville, ME 04901
Phone: 207 873-4253
Fax: 207 872-7548
www.mainechildrenshome.org

The mission of the Maine Children's Home is to build and strengthen families and their children, instilling hope for the future and a better quality of life.

Brief Overview of Programs, Services and People Served:

- **The Children's Place** provides comprehensive childcare and education for infants, toddlers and school-age children. Provides care for 55 children from infants to 5-years old from the general community. Six slots are reserved for the Teen Parent School Program students.
- **The Teen Parent School Program** provides the opportunity to earn a high school diploma for up to 20 young women a year. This is an alternative education setting with parenting classes, prenatal instruction, as well as a regular high school curriculum. Co-location of Waterville Public School's Alternative Education Program in the Teen Parent School Program's classroom building.
- **The Harland A. Turner Family Counseling Center**, which specializes in outpatient counseling to children and families.
- **The Adoption Program**, which places children domestically and internationally.
- **The Christmas Program**, which served 1,750 underprivileged children in 2015.
- **The Summer Camp Program**, which sent 121 underprivileged children to a weeklong camp experience in 2015.

Maine Dance Teachers Club



Feeling a need to organize Maine dance teachers in an organization dedicated to the promotion and furtherance of dance in the State of Maine, Ellen T. Cooper and the late Evelyn Dyer Clark co-hosted a meeting held at Evelyn's studio in Auburn, Maine in October of 1950, and the **Maine Dance Teachers Club** became a reality. Maine dance teachers were contacted and the Club began with monthly meetings at which Maine teachers offered instruction to the teachers attending. That first year, these meetings were held at various dance studios throughout the state.

The following year, the Club moved its meetings to the DeWitt Hotel in Lewiston, offering both teacher and student classes, drawing upon such New York teachers as Charles Kelley, Joe Price, Art Stone, Henry LeTang and many others.

As the Club and attendance grew, the monthly classes were moved to Lewiston area schools where both a gym and auditorium were available and teachers, such as Gus Giordano, Peter Genaro, and Al Gilbert came to Maine to teach. Because of large attendance from dance teachers and students throughout the state, the Club moved to the Augusta-Waterville area and continued to hire nationally known teachers such as Gus and Nan Giordano, Lynda Gache, Bob Rizzo, Bill DiRicco, Fred Knecht, and Tom Ralabate.

Because of the great interest in these meetings and workshops, the Club decided to expand and offer a one-day summer workshop which started at the Encore Dance Studio in Augusta. After two years, the workshop grew so much that the Club moved on to Boothbay Harbor, then to Portland, then Bar Harbor, and now back to Boothbay Harbor, Maine. This is a three-day workshop where top dance faculties, as well as Maine dance teachers, present material for students, assistant teachers and teachers. Currently, the Club offers an annual three-day summer workshop in Portland.

<http://www.mainedanceteachersclub.org>

Maine Film Center



The mission of the **Maine Film Center** is to enrich, educate and entertain the community through film and art. We are the premier showcase and resource for independent film in Maine. We aim to strengthen Maine culture through education, dialogue and the celebration of film and art. The Maine Film Center seeks to bring together our community's unique film assets to further establish Waterville's reputation as a vibrant, year-round center of film exhibition and education.

Maine International Film Festival (MIFF)

Since its inception in 1998, the Maine International Film Festival has been dedicated to bringing the best of American, international and locally-made independent cinema to Waterville. Held over 10 days each July, MIFF shows more than 100 films, presents Q&As and panel discussions with guest filmmakers, introduces world premieres and attracts audiences from throughout New England, across the country and the world. Film screenings are held at the historic Waterville Opera House and Railroad Square Cinema.

Railroad Square Cinema

Founded in 1978, Railroad Square Cinema has been named Maine's "Best Theater" in several statewide polls and surveys. It was also honored by the Sundance Institute as one of 12 inaugural theaters in the country invited to participate in its Art House Project. Railroad Square showcases a variety of American and international films, serves as a key venue for the Maine International Film Festival, and is a vital hub for Maine arts and cultural events.

Office: Maine Film Center, 76 Main Street, Waterville, ME 04901 | www.maineilmcenter.org | 207-861-8138
Railroad Square Cinema: 17 Railroad Square, Waterville, ME 04901 | www.railroadsquarecinema.com | 207-873-4021

MaineGeneral RSVP

RSVP
Getting Things Done.

MaineGeneral Retired & Senior Volunteer Program

10 Water Street, Waterville, ME 04901
Phone: 207.861.3428 Fax: 207-861-3419
Email: ruth.stamand@mainegeneral.org



At **MaineGeneral RSVP** our mission is to engage people 55 and older in volunteer service to meet critical community needs and to provide a high-quality experience that enriches volunteers' lives.



RSVP volunteers make a difference in their communities by: volunteering at food banks, food pantries and local Area Agency on Aging Associations' Nutrition Programs; serving in their local library; reading to pre-school age children; and much more. RSVP volunteers give anywhere from a few to several hours of their time and experience. They may be placed with an area non-profit organization, help with event-specific projects or serve in one of MaineGeneral RSVP's signature programs. These programs are:

Veterans Helping Veterans Program: This program matches volunteers who are veterans with veterans in need of a visit or a friend. Veterans will visit and call a veteran on a regular basis, chat and swap stories, provide much needed companionship and access whether additional services are needed and provide referrals.

Thresholds: A five-step decision making model taught to inmates with less than six months to serve on their sentence in the Kennebec and Somerset County jails as well as the Pre-Release Program in Hallowell.

Bone Strengthening Program: A free strength training, balance and exercise program. The goal is to prevent and reverse the effect of osteoporosis.

MaineGeneral RSVP offers volunteers many benefits, including: mileage reimbursement; supplemental insurance; recognition; and ongoing support.



Mid-Maine Chamber of Commerce



Mid-Maine Chamber of Commerce is dedicated and committed to promoting, educating, and advocating for business prosperity and regional economic improvement. Our vision is to be the leader and partner in providing real value and service to its members. The priorities of our membership and Board of Directors are: business expansion and retention; enhanced communication, networking and educational opportunities; and impacting the political environment by evaluating issues and advocating positions that support our members. Mid-Maine Chamber of Commerce's committees drive our annual goals and are charged by our membership to address these priorities. We do so in part

by hosting a range of events, including five major public events:

- | | |
|---------------------------|--------------------------------------|
| March 24, 2016 | Business to Business Showcase |
| April 28, 2016 | Annual Awards Dinner |
| June 6, 2016 | Chamber Golf Classic |
| August 3, 2016 | Taste of Waterville |
| September 29, 2016 | Super Raffle Dinner |

For more information:
Mid-Maine Chamber of Commerce
50 Elm Street
Waterville, ME 04901

(207) 873-3315
Fax: (207) 877-0087
customerservice@midmainechamber.com
www.midmainechamber.com

Mid-Maine Chamber of Commerce also offers Business After Hours, a monthly networking event, and the Business Breakfast Series, a monthly series of presentations by various speakers on topics relevant to the business community hosted and co-sponsored by Thomas College. For more information on these events and more about the Chamber, visit www.midmainechamber.com or call (207) 873-3315.

Additionally, we fulfill area tourism and relocation inquiries, produce an area guidebook and street map, administer the Shop Locally Chamber Gift Certificate and Chamber Advantage Discount Card programs, provide tourism marketing, aid in workforce development and work with area economic development entities to sustainably grow our region. Mid-Maine Chamber of Commerce serves 18 communities and over 700 area businesses, helping them to grow and prosper. Shouldn't your business be among them?

ALBION • BELGRADE • BENTON • BURNHAM • CHINA • CLINTON • FAIRFIELD • HINCKLEY •
OAKLAND • ROME • SIDNEY • SHAWMUT • SOUTH CHINA • THORNDIKE • UNITY • VASSALBORO •
WATERVILLE • WINSLOW

WWW.MIDMAINECHAMBER.COM

MaineGeneral Medical Center thanks all of our volunteers for their dedication, service and compassion.

Making a difference in the lives of our patients, visitors and staff is what volunteers do best at MaineGeneral Medical Center. Every year hundreds of men, women and teens give thousands of hours to our medical center and outpatient facilities. Volunteers come from every walk of life but all share a common wish: to give back to their community. We are proud of the many individuals who choose to volunteer at MaineGeneral Medical Center.

To learn more about MaineGeneral's volunteer program, please visit us at www.maine-general.org.



Elena Vayanos

MaineGeneral Medical Center Volunteers

Haider Al	Gloria Blanchet	Susan Curtis	Alice Ford	Saskia Grody	Krista Knight
Darkazali	June Boisvert	Barbara Daigle	Jeanne Fortin	Judith Grossman	Carole Kus
Samantha Alanis	Sue Bourne	Doris Dalbeck	Julia Fortin	Julia Guerrette	Thad Lacasse
Marianne Alfieri	Susan Bovie	Molly Daniel	Madelyn Fortin	Maria Guthro	Helen Lagasse
Tammy Allen	Courtney Brann	Kathy Daniels	Theresa Fortin	Cameron Hachey	Susan Lagasse
Elaine Atwood	Thomas Brazier	Gladys Decker	Aubrey Fossett	Philip Hague	Miranda LaRose
Hannah Atwood	Linette Breton	Michael Decker	Dawn Foster	Susan Hanna	Elizabeth Larsen
Dona Austin	Elaine Bridge	Carol DeLuco	Douglas Foster	Barbara Hanson	Anne Latendresse
Baturay Aydemir	Danielle Brox	Elizabeth Dennison	Joan Frake	Darlene Hawksley	Danielle Laverdiere
Suzanne Baker	Yvette Brunelle	Emily Dionne	Constance Francoeur	Beverly Heald	Luke Laverdiere
Katherine	Alyssa Burbank	Mary Dionne	Maya Freed-Barlow	Sheryll Hearn	Zachary Lear
Balaguer	Jean Burnham	Jared Diou-Cass	Alexandra Frost	Margaret Hinkley	Ann Leblanc
Stephen Banahan	Danielle Burns	Donna Dodge	Cynthia Fuchswanz	Allan Hitt	Brenda LeBlond
Elaine Barry	Jan Burns	Priscilla Doel	Taneya Gagne	Janet House	Janet LeClair
Luke Bartol	Bernice Caldwell	Deborah Dornish	Arlene Gardner	Janice Howe	Chris Lee
Lori Beaucage	Diana Caldwell	Dora Dostie	Jeanne Garland	Donald Hoxie	Linda Legacy
Valmond Beaudry	Sydney Cameron	Lucille Dostie	Camilla Gauthier	Joyce Hoxie	David Leibowitz
Susan Beaulieu	Kathy Canavan	Donald Douin	Pamela Gemery	Ralph Hunter	Mary Lemek
Clarence Begin	Mari Carello-Bigner	Joyce Douin	Louise Gephart	Lillian Huntington	Sharon Lemieux
Jeremy Begin	Maria Carmack	Robert Dow	Andrea Gerard	Arthur Jacobson	Janet Lent
Sandra Begin	Dianne Caron	Patricia Downes	Charlotte Gifford	William Jarvis	Lindsey Levasseur
Brooklynn	Neal Caron	Shannon Downs	Clayton Giggey	Elder Jenkins	Richard Limouze
Belanger	Barbara Chappell	Joseph Dressler	Mildred Giggey	Hallie Jester	Ann Lindholm
Denise Belanger	Tony Ciston	Marie Drew	Mark Giroux	Barbara Jewell	Elder Lindorff
Marlene Belanger	Jennifer Clair	Chloe Dubois	Emily Gliniewicz	Bonnie Johnson	Paulene Liscomb
Virginia Belanger	Carolyn Clark	Sara Dumas	Blanche Goggin	Gabriela Johnson	Tracy Lloyd
Kathy Bell	Nancy Clement	Steven Dunn	Carolyn Goggin	Judy Johnson	Mary Logan
Sabrina Bell	Theresa Cloutier	Carol Durkee	Kayla Goggin	Judy Johnston	Bill Loring
Lilja Bernheim	Sarah Corkum	Diane Dutton	Jacqueline Goodrich	Mark Johnston	Alexandria Lucas
Norma Berryman	Linda Coro	Deb Fahy	Patricia Goodspeed	Audrey Jordan	Avery Lutrzykowski
Jane Berthiaume	Amanda Corwin	Beverley Fairchild	Frances Gowen	Arline Julia	Ryan Lutrzykowski
Gail Besson	Joshua Cote	Eva Farkas	Carolyn Greenwood	Birdie Katz	Timothy Lynch
Richard Besson	Janet Croce	Jilleon Farrell	Joe Greenwood	Marabeth Kennedy	Alan MacDougall
Barbara Bickford	Maryalice Crofton	Marco Fehn	Jacqueline Grenier	Donna Kessler	Suzanne Mack
Judith Bielecki	William Crosby	Shirley Fenlason	Darryl Griffin	Warren Kessler	Teresa MacKenzie
Patricia Binette	Mary Crosswell	Frederick Fischer	Kristy Griffin	Kathleen Keup	Kay Macklin
Roland Binette	Claire Curole	Timothy Flannery	Dorothy Grindall	Bill Kiely	John Maddux



Judy Johnston

Mark Johnston

- | | | | | | |
|---------------------|---------------------|--------------------|---------------------|-------------------|--------------------|
| Nancy Maheu | Howard Moore | Patricia Pelletier | Sister Rogerson | Nicole Swift | Glennis Veilleux |
| Clifford Manchester | James Moore | Susan Pelletier | Theodore Rohman Jr. | Gedske Szepsy | Marc Veilleux |
| Barbara Mansir | Jessica Moore | Nathan Perkins | Alyssa Rollins | Tamas Szepsy | Morgan Veilleux |
| James Mansir | Janice Moreshead | Katherine Perry | Patricia Rollins | Jeannine Tarrio | Ann Versteeg |
| Carol Marascio | Sarah Morgan | Robert Petrie | Judith Ronco | Maura Taylor | Elizabeth Vigue |
| F. Joan Marshall | Gloria Morin | Mary-Cay Pitre | Edmond Rowe | Wanda Terp | Nancy Voisine |
| Linda Marson | Martha Morrill | Sarah Pleau | Marie Roy | Kim Tessari | Porscha Ware |
| Linda Martin | Sister Mulford | Dorothy Plourde | Nancy Ruf | Rhonda Thayer | Skyler Watson |
| Thomas Mason | Sally Munroe | Joseph Plourde | Evelyn Sabean | Michael Theriault | Dorothy Weeks |
| Daniel Maurer | Rebecca Murray | Lorna Plourde | Cynthia Scott | Deborah Thing | Ann Weiss |
| Ronald Maxwell | Charlene Mushero | Joan Pomerleau | Duane Scott | Deborah Thomas | Janet Whalen |
| Sheila Maxwell | Ian Nadeau | Robert Pomerleau | Brett Shain | Marion Thomas | Barbara Wheeler |
| David Mayberry | Ali Nakip | Madeline Pooler | Kolby Shaw | Sandra Thomas | Clarice White |
| Jilli McAllister | Penny Nawfel | Judy Porter | Cynthia Shepard | Bobbi Thompson | Marianne White |
| Lorraine McCabe | Sally Nelson | Gene Potter | Patrick Shepard | Melissa Tims | Nancy White |
| Ann McCarthy | Phyllis Nichols | Jacob Poulin | Dorothy Sherman | Loretta Tisdale | Gloria Whitehouse |
| Robert McCarthy | Ann Nielsen | Jenna Poulin | Nancy Shores | Rachel Tooth | Laurel Whitney |
| Jacqueline McCaslin | Rhonda Nilson | Patricia Poulin | Molly Silsby | Paul Toussaint | Elizabeth Whittier |
| Emma McCormac | Eleanor Noel | K. Jean Powers | Sandra Small-Hughes | Joan Towle | Marion Wickwire |
| Dale McCormick | Sandra Ntare | Faith Pray | Lauren Smith | Faye Trafton | John Wilder |
| Johnny McElmurray | Jasmine Nutakki | Jane Pronovost | Sarah Smith | Polly Trepanier | Caroline Wilson |
| Diann McGraw | Richard Obery | Selma Pulcifer | Laura Smyth | Joan True | Lawriston Wilson |
| Annie McGregor | Herbert Oliver | Kathy Purington | Michael Smyth | Kasidy Turgeon | Dana Winslow |
| James McKendry | Elizabeth Osbourne | Lea Ramirez | Katherine Sprague | Jo-Ann Turner | David Witham |
| Harry McKenney | Joan Ouellette | Brenda Rancourt | Michael St. Peter | Dorothy Urquia | Donna Woodard |
| Connor McSweeney | Priscilla Ouellette | Ora Rand | Ralph Staples | Grace Uwase | Cindy York |
| Regina Mellor | Richard Ouellette | Dorothy Randall | Verna Staples | Marcia VanCamp | Frances York |
| Wendy Melvin | Kimberly Paradise | Judy Raymond | Julia Sternad | Elena Vayanos | Jessica Zhang |
| Sara Menchen | Sherrian Pare | Ann Rhinehardt- | Nathalie Stevens | Brenda Veilleux | Justin Zhang |
| Hilda Merckens | Richard Partridge | Clark | Marlaina Stickney | | |
| Lynn Merrill | Alexis Paszyc | Laura Ricker | Catherine Stratton | | |
| Katherine Metayer | Annette Peabody | Linwood Riggs | Joan Sturmthal | | |
| Judith Michael | Paul Pease | Madison Riggs | Cynthia Sturtevant | | |
| Leslie Michaud | Lisette Peddle | Calvin Robbins | Noreen Sturtevant | | |
| Katherine Millay | Haley Pelletier | Brenda Roddy | Margaret Sullivan | | |
| Donna Miller-Larsen | Jennifer Pelletier | Ronald Rodrigue | Kathryn Swegart | | |
| Michaela Moody | Maurice Pelletier | Rose Rodrigue | Robert Swegart | | |



Mid-Maine Global Forum



The Mid-Maine Global Forum is a local organization which contributes to our understanding of global issues by sponsoring speakers and films on issues facing the international community.

The Forum has been offering these programs for twenty years, held at various places, and through the Oak-Grove Foundation programs in area high schools as well. All speakers are experts in a specific area with experiences in other parts of the globe. Recent programs include talks on the asylum seekers in Maine, the refugees in Europe, the environment and food production, the International Criminal Court, Putin and relationship with Russia, Senator Mitchell and the world, the legacy of the Vietnam War, the NCIS, the Syrian civil war, and other topics.

The Board members all come from this area and share a passion for learning more about our complex world. The Forum also sponsors a film at the Maine International Film Festival, partners with the Waterville Rotary Club, the Holocaust and Human Rights Center at UMA, the Margaret Chase Smith Library in Skowhegan, the Oak Foundation at Colby College, the Waterville Public Library, and the REM Center, and offers films at Railroad Square Cinema.

Members pay small annual dues which support the programs. Look at the web site www.midmaineglobalforum.org. You do not have to be a member to attend any of the programs.

To be put on the mailing list or to inquire about joining, email midmaineglobalforum829@gmail.com.

NAMI Mid Maine



1-800-464-5767
www.namimaine.org
(207)293-2921
mfcampbe@colby.edu

The **NAMI Mid Maine Affiliate** and the former **NAMI Capital Area Affiliate** have merged as the **NAMI Mid Maine Affiliate of NAMI Maine** covering Kennebec and southern Somerset Counties. We provide an array of free and confidential services for individuals and families that augment professional services for dealing with the often intense and long lasting challenges of mental illness.

NAMI Maine provides a telephone helpline at 1 (800) 464-5767, press 1. NAMI Maine also conducts training programs for law enforcement, teachers, and health care workers.

NAMI Mid Maine's free and confidential **Connection Recovery Support Groups** and **Inspiring Minds Class** are for individuals living with mental health challenges. **Family Support Groups** and the **Family-to-Family** class are for the families and close friends of those living with mental health challenges. All groups and classes are facilitated and taught by trained volunteers who live the experience of mental illness in themselves or their families. These programs are only open to individuals or members of families with mental illness. In Waterville and Augusta, the Connection Recovery Support Groups are offered for individuals with mental health challenges weekly, and Family Support Groups are offered for their families and friends several times a month.

The NAMI Family-to-Family class is a free 12-week, 2½ hour class, offered in the fall in Augusta and in the spring in Waterville. NAMI Inspiring Minds is free peer education course based on recovery-focused skill building for individuals with mental health challenges. It is offered at least yearly in Mid Maine.

NAMI Homefront is a free, six-session education program for family, friends and partners of Military Service Members and Veterans with mental health conditions. It is offered in the fall in Augusta.

The **NAMI Speakers' Bureau** arranges programs for general audiences by a team of survivors of suicide loss, attempt survivors, individuals living with a mental illness and those family members and friends who care about them. Contact NAMI Maine to schedule a program.

Mid-Maine Homeless Shelter



19 Colby Street
Waterville, ME 04901
207-872-8082
www.shelterme.org

Our Mission: To end homelessness one family, one child, one person at a time.

About The Shelter: The **Mid-Maine Homeless Shelter** is a special place where homeless people are treated and referred to as guests. On October 4, 2012, we moved from a modest home with 18 beds to our location at 19 Colby Street, Waterville which houses 24 twin bunk beds (48 beds), cribs, toddler beds and numerous floor mats.

The Mid-Maine Homeless Shelter is a private, non-profit organization governed by a volunteer Board of Directors broadly representing the community including clergy, business leaders, educators, health care professionals, social service providers, and volunteers.

The shelter program is currently 24 hours a day, 7 days a week for men, women and children without family or community support seeking safe emergency housing and day-time family support services. We serve breakfast and dinner daily.

The shelter includes a community resource room for both the community to use, as well as the shelter guests. Programs offered in this room include, but not limited to: employment workshops, parenting classes, Financial Sense classes, Healing Arts, meditation and sewing classes, AA, Double Trouble Substance Abuse and Mental Health support groups, all being taught or led by volunteers.

We open a food pantry every Friday to support homeless prevention and partner with 17 agencies to provide the most effective life management plan for each person and family.

How We Began: Mid-Maine Homeless Shelter was founded by the Interfaith Council of Waterville in 1990. It first opened on November 26, 1990, in the Notre Dame Christian Awareness Center at 110 Silver Street as the temporary, 6-bed Interfaith Emergency Shelter. Eleven months later, a permanent home was located on 28 Ticonic Street. In 1994, a two-floor, 12-foot by 16 foot extension was added to provide office space and to relieve some of the over-crowding. In November of 1996, a family unit was added downstairs so that families could remain together.



The Przytulski Family

This year the Mid-Maine Homeless Shelter would like to honor **The Przytulski Family** who for over seven years has been crucial in the pursuit to end homelessness in the greater Waterville area through the Waterville Area Homeless Action Group and then the Mid-Maine Homeless Shelter.

Amy has been involved in multiple projects and initiatives. She has sorted donations and coordinated volunteers to move families, she mentors families from homelessness to sustainability, she has created a work training environment to prepare people to re-enter the workforce. Every year she decorates a Christmas tree at the Good Will-Hinckley Festival to represent the Shelter and organizes the THANK – THON to thank donors for their support.

Jim has coordinated a sandwich delivery program with other inter-faith volunteers. He currently heads up a men's group from his church who cook and serve breakfast once a month to shelter guests and who help move guests from the shelter to permanent housing. Annually he organizes a Super Bowl pizza party for the shelter guests .

The service of the Przytulski family does not stop with the parents, the three children are actively involved as well. Krista, a freshman at Bryant College, contributes by providing childcare for various Shelter classes and programs and has used her creativity to lead craft nights with both children and families. Even the boys, Riley, age 10, and Tyler, age 7, help out when they can with donations and other jobs. The entire family has participated in such activities as pledging and participating in the Walk to End Hunger, raising funds for the Shelter, packing and delivering food boxes for the community and former guests.

The Przytulski live out their faith in very tangible ways and are passing on a heritage of community awareness, involvement and caring to their children.

**The Mid-Maine Homeless Shelter is honored to present the Przytulski Family
as our REM Award recipients for their legacy of dedication, commitment and service.**

New Ventures Maine

New Ventures Maine is committed to helping people succeed in their jobs, businesses, and communities. Formerly known as Women, Work, and Community, we have guided individuals through life's transitions for 38 years. We are part of the University of Maine System.



All services are free to participants. We offer in-person and online options, and individual coaching. We offer programs that encourage and empower those thinking about making a change to take the next steps toward a new career, a new business, a new understanding of financial matters, a new life.

New Ventures offers four program areas:

Building your Career: Review your skills and experience, explore job and career possibilities, consider education and training options, develop a career plan. Succeed in the workplace.

Starting a Business: Explore self-employment, take the first steps to get a business off the ground, write a business plan, sustain business success, and network with peers.

Managing your Money: Reach your financial goals by learning to plan and budget, save for the future, use credit wisely, and increase assets. Learn about matched savings opportunities.

Becoming a Leader: Includes training and coaching to explore your community, use your voice and influence others, develop leadership skills, turn ideals into action. Learn how to contribute your ideas, talents and time to building stronger communities.

In our programs, participants recognize strengths, overcome obstacles to success, find resources, develop a plan, and take action toward achieving their goals.

Contact us: phone 1-800-442-2092, or email info@newventuresmaine.org

Visit our website for more information current class schedules:

newventuresmaine.org

Out & Allied Youth Theatre



Out & Allied Youth Theatre
Physical Address: Studio 93, 93 Main Street, Waterville, Maine
Mailing Address: PO Box 1986, Waterville, Maine 04903
Website: <https://wicpmc.wordpress.com/out-allied-youth-theatre/>
Facebook: <https://www.facebook.com/OAYouthTheatre/>
(207) 660-1672



Out & Allied Youth Theatre is a troupe of artists who use theater to tell their stories, build community and address issues of social change. All ages and identities are welcome!

Our members currently include middle school students, high school students, college students, and other college age adults. Our leadership is comprised of Colby College students, Kennebec Valley Community College students, and other college age adults.

We devise and perform multiple productions during the year, deliver workshops in all areas of theater through our Youth Theater Learning Laboratory, and run a Summer Theater Camp. The Learning Lab is possible through a partnership grant with the Waterville Opera House through Waterville Creates! It is NOT just for actors. If you like or want to learn about technical stuff, building things, writing, using social media, creating promotional materials, or any aspect of theater, this is the place for you. Our Summer Camp is planned and run by Colby College summer interns who are supported by Colby College Center for the Arts and Humanities and Colby College Education Program.

We typically meet every Saturday from 11am – 2pm at Studio 93. Our youth room is an old storage room that Waterville Creates! donated to us. We have renovated it from floor to ceiling. We manage the theater space for Waterville Creates!

For more information about Out & Allied or if you are interested in renting the theater space, please contact Mark Fairman at markfair56@gmail.com or (207) 660-1672.

PFLAG

(Parents, Family, and Friends of Lesbians and Gays)

Vision:

PFLAG envisions a world where diversity is celebrated and all people are respected, valued, and affirmed inclusive of their sexual orientation, gender identity, and gender expression.

Mission:

By meeting people where they are and collaborating with others, PFLAG realizes its vision through:

- Support for families, allies and people who are LGBTQ
- Education for ourselves and others about the unique issues and challenges facing people who are LGBTQ
- Advocacy in our communities to change attitudes and create policies and laws that achieve full equality for people who are LGBTQ



Get Involved We need your help! Questions? Call 873-4444

Chapter Events

- Screening films and facilitating discussions
- Presenting panels of speakers on relevant topics
- Hosting social events

Organizational Support

- Developing ideas and planning events
- Networking with other PFLAG chapters
- Serving as liaisons with other organizations
- Leveraging social media

Promotional Support

- Talking to individuals
- Speaking to groups
- Designing ads
- Writing articles
- Distributing brochures



Charlie Kelly

Charlie Kelly, in partnership with his recently-deceased wife Carol, has had a keen interest in people and institutions being more inclusive of LGBTQ persons. The 30-year relationship he and his wife enjoyed with their gay daughter and her partner explains their desire to offer comfort, support and knowledge to parents and friends who want to understand homosexuality in order to protect and strengthen their relationships. Familiar with the PFLAG mission: "...Celebrate diversity and envision a society that embraces everyone including those of diverse sexual orientations and gender identities", Charlie decided to pursue the creation of a PFLAG chapter for this area, and eventually PFLAG Waterville was formed.

Charlie "dream caught" with REM's "Dream Catcher", Faye Nicholson and PFLAG Waterville became a REM Community Initiative working under the support of the REM umbrella (support teams working to nurture the Initiatives of REM). After five years of developing a local PFLAG, the group officially incorporated in Maine of 2015. Faye speaks of her experience of working with Charlie: "Although most of my dream catching is about working with people's passions to make the world a better place, no one has ever moved me with their depth of caring more than Charlie Kelly. He is probably one of the kindest men on the face of the planet and has a sense of humor second to none. Working with him is always a delight. He's also very serious about his work and never hesitates to take on more. The work of PFLAG to keep families together is one of REM's finest moments. And it was, is, and always will be all about Charlie's love of wife Carol, family and the human experience."

Peace Choir On Gaia

Peace Choir On Gaia

www.peacecog.org

DID YOU KNOW...

- That when a group of people sing together their brains release neurotransmitters that create feelings of trust and bonding?
- That singing in unison synchronizes the heart rate variability and respiration of the participants creating a unified peace within the group eliminating any combative, egocentric perspective?
- That these feelings can potentially extend to people outside the group?

Our vision is to see a day when the people of the world sing together daily backed with the intent to create and spread peace and healing energy!

IMAGINE

The Peace Choir On Gaia is a nontraditional mobile DJ/VJ service.

We provide sing-a-long dance parties where we bring a mobile audio system, light show, a large screen video monitor with a couple of video cameras, and broadcast the crowd live on the large screen.

A few times per hour the crowd sings along to songs scripted on the TV screen while we capture on video the people singing, smiling and having a great time.

For more information visit our website www.peacecog.org or contact us directly at info@peacecog.org

Pleasant Street United Methodist Church



Pleasant Street United Methodist Church
61 Pleasant Street
Waterville, Maine 04901
(207) 872-7564
psumc@pleasantstreetumc.com
www.pleasantstreetumc.com
www.facebook.com/PSUMC
<http://twitter.com/PleasantStUMC>
WORSHIP: Chapel 8:30am, Sanctuary 10:30 am
(Summer: 1 Service @ 9:30 am in Sanctuary)
Childcare available at 10:30]



Mission Statement: *We are Christian disciples called together by God to unite our hearts, hopes and talents for the benefit of God's creation. Guided by the Spirit of Christ, we strive to express our faith through Spiritfilled worship, service and hospitality.*

Hospitality: PSUMC is part of the Reconciling Ministries Network. We welcome all as they are, regardless of race, class, sexual orientation, gender identity, political affiliation, and any of the myriad ways we categorize and divide ourselves, because we ourselves have experienced God's allinclusive love.

We believe being a centrally located church within the community means it is important to open our doors to nonprofit groups seeking a place to meet each week at no cost. Many groups use our many roomed building including several AA meetings, Boy and Girl Scouts, the National Alliance for Mental Illness, the Interfaith Council, Family Violence Project, AIDS/HIV testing, Eating Disorder group and others.

Service: Our congregation not only hosts many groups within the walls but its members are actively involved with the Waterville Food Bank, Sunday evening sandwich program, and Waterville Homeless Shelter, as well as sponsoring mission trips and outreach to state and world needs.

Worship: PSUMC has traditional style services with an infusion of more contemporary elements. There is a strong music program for both children and adults. We are joyful and use worship as a way to empower ourselves for the work of justice and peace in the world!

Please come worship with us soon!

REM

(Revitalizing the Energy in ME)



Catch the Dream

Mission:
REM nurtures ideas, talents, and dreams, empowering people to create a collaborative, thriving community

REM
93 Main Street-Suite 3
Waterville, ME 04901

873-4444
rem@rem1.org
www.rem1.org

REM fulfills its mission by providing opportunities for people to join hands and work together in teams towards a vision they share.

REM works to convene and sustain these initiatives by providing team-building support:

- **Convening tools:** REM's "Dream Catcher", Faye Nicholson, meets with people to inspire them to share their dreams and introduces them to others who share that dream or vision. REM's website connects people to ongoing initiatives and teams. REM Forums are called when a community issue that needs addressing arises. REM supports team initiatives born out of all convening methods.
- **Web site communications:** REM has developed a web site which links all REM's teams. Registration provides information about interests and REM responds to those who join the site and helps them connect to the teams. Registrants can request to join a team on the site and REM leaders will contact them to help introduce them both to REM and to team participants.
- **People power:** The values, structure, policies and vision of REM have been set from day one by the community of volunteers who work it. REM was born out of peoples' desire to work in a different way and take responsibility for the quality of life we enjoy here by giving of their time and talent toward commonly created and supported visions. They chose to work by consensus with the goal of keeping the team together and eliminating divisiveness. They chose for the decisions to be made on a daily basis by the people doing the work...not coming from the top. They are the top. Everyone is welcome. Everyone is valued. Every team member is responsible for insuring that the REM Agreements (a list of how people work together created by team members over REM's 20 years) are followed.

REM is proud to honor Connie Napolitano with the 2016 REM Award. Connie served REM for many years in many capacities...all reflective of her plethora of talents and interests. Connie, a native of Westbrook, Maine, lived in Waterville for 40 years and last year retired to Gorham. REM so values the gifts Connie gave REM that we sought to bring her back to celebrate with her those gifts at the 2016 REM Award Ceremony.

Connie attended Maine Medical Center School of Nursing and worked in the field until her retirement. This background of compassion and service attracted her to REM which is an all volunteer organization focused on helping others engage in their passions for a great variety of quality of life issues. Her area of expertise in nursing was quality improvement. She shared that knowledge with REM by chairing the Team Builders and the Policy and Procedures Teams. She worked to clarify and develop policies and procedures for the organization creating just enough guidelines to help people work well together while stimulating freedom and creativity.



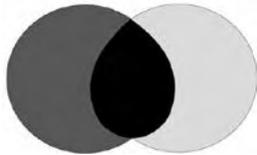
Connie Napolitano

Her multi-talented nature is reflected in her REM history of participation. She served on the REM Board setting the direction for REM... several years as Vice President. She helped develop the REM Craft Fair into a popular community event cherished by both the crafters and the community who comes to sample their wares. Connie could often be found helping cater events and was especially helpful in the development of REM's Vintage Tea.

Rewards for volunteering? Connie says they are numerous and they are all based on the friendships she has developed over the years with REM. REM feels the same about Connie. We are so fortunate to have Connie in our lives...past, present and future. Connie often comes back to help REM look at issues of importance to the organization's future and states that she wishes there was a REM in her new community so she could connect like she did in Waterville.

REM is very proud to honor Connie Napolitano with the 2016 REM Award.

Ripple Effect Project



PO Box 1956
Waterville, Maine 04903
community@rippleeffectproject.org
<http://www.rippleeffectproject.org>

Supporting self-sustainable agricultural and educational endeavors in Sub-Saharan Africa

Ripple Effect Project is a 501(c)3, non-profit organization, based in Central Maine. Since 2005 we have been dedicated to supporting educational and agricultural endeavors of independent schools and orphanages in Sub-Saharan Africa. We are currently working with Korando Faith Widows and Orphans Group in Kisumu, Kenya. We help to provide food, education, and shelter for more than 200 orphans.

Over the past seven years the generous donations of our supporters have allowed us to accomplish many projects including providing electricity, which permits students to study past sun-down, as well as fresh drinking water from a deep water well. Please take a minute to see some of the many ways our supporters help in this worthy cause at <http://www.rippleeffectproject.org>.

St. Mark's Episcopal Church

St. Mark's Episcopal Church
60 Eustis Parkway
Waterville, Maine 04901



Phone: (207) 872-7869
Church email: stmarksw@roadrunner.com
Website: www.stmarkswaterville.org

The parish family at **St. Mark's** believes that serving God must include stewardship within our community. To that end, church facilities are made available on a regular schedule and at little or no cost to the following **community groups**: Alcoholics Anonymous, Narcotics Anonymous, Alanon, Amnesty International, and Codependents Anonymous. For a schedule of meeting times, please contact the specific community group or call the church office.

For many, many years parishioners have sponsored **public suppers** to extend Christian fellowship to the Greater Waterville Community. Proceeds from three of these events are given to the Waterville Interfaith Homeless Shelter, the Waterville Area Food Bank, and the Evening Sandwich Program.

The Evening Sandwich Program is a joint effort of Waterville-area churches to provide an evening meal to persons in need. ESP operates near its clients at the Universalist-Unitarian Church on Silver Street in Waterville. Parishioners from St. Mark's prepare meals on Thursdays.

The St. Mark's Christmas Fair, held annually on the first Saturday in December, is a joint effort of the entire parish. A portion of the net proceeds of the Fair are committed to outreach efforts.

A basket for food donations to the **Waterville Area Food Bank** welcomes contributions, which are gathered on a weekly basis.

Parishioners of St. Mark's contribute regularly to the **United Thank Offering** and the **Episcopal Relief and Development**.

Salvation Army Capital Region



Mission Statement

*The **Salvation Army**, an international movement, is an evangelical part of the universal Christian church.*

Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

Comprehensive social ministries provide prevention, support, protection, alleviation, rehabilitation, treatment, guidance, education, and opportunities for personal development. Holistic service is the goal — to meet the physical, social, psychological, emotional, and spiritual needs of families and individuals. The Salvation Army has designed a range of programs almost as broad as human need. We also partner with churches, charities, and organizations to reach as many people as is practical, believing that even a touch or presence can kindle hope for a better tomorrow.

Phone: (207)872-2172 **189 Main Street**
Waterville, Maine Fax: (207)616-0206

Sexual Assault Crisis & Support Center



Helping Our Community Become Silent No More

Sexual Assault Crisis & Support Center Administrative Office
P.O. Box 417
Winthrop, ME 04364
207-377-1010 Fax 207-377-1013
www.silentnomore.org

24 hour, Confidential Sexual Assault Crisis & Support Line 1-800-871-7741

Sexual Assault Crisis & Support Center provides free, confidential services to Kennebec, Somerset, Knox & Waldo Counties:

- A 24 hour, confidential, statewide, Crisis Support Line: 1-800-871-7741
- Support Groups for survivors of sexual assault and child sexual abuse, and for non-offending parents of children who have been sexually abused
- Crisis intervention and information
- Support and advocacy for survivors of sexual assault and their families
- Advocacy for survivors who chose to seek medical attention, report to the police, or go through the criminal justice system
- Referral to appropriate agencies and individuals in the community
- Community and professional education

Spectrum Generations



Spectrum Generations, Central Maine's Area Agency on Aging, has been a leading provider of information, referrals, programs and activities for older and disabled adults for 40 years.

With seven community centers throughout central Maine, it offers services such as health & wellness programs; socialization; dining; Meals on Wheels; AniMeals; catering; Family Caregiver Support; Medicare/Medicaid guidance; tax rebate and federal/state tax help; Bridges Home Care; Adult DayBreak; space rentals; activities, special events and more.

For more information on Spectrum Generations, or how to become a volunteer, visit our website at spectrumgenerations.org or call 1-800-639-1553.

Spectrum Generations
Muskie Community Center
38 Gold Street
Waterville, ME 04901
(207) 873-4745
TTY 1-800-464-8703
www.spectrumgenerations.org

Muskie Center Hours:
Monday-Friday 7:30AM-4:00PM

Sunset Home

"Where Caring and Quality
make our house a home."

Sunset Home
"A Residential Care Facility"

114 College Ave
Waterville, ME 04901
Administrator: William McKeagney
(207) 872-8414
www.sunsethomeofwaterville.me

Founded in 1924 with a bequest from a local businessman, **Sunset Home** is a non-profit residential care facility dedicated to providing high quality assisted living services for older women in a safe, comfortable and dignified home-like atmosphere.

Sunset Home has provided the highest quality of residential care in Waterville to women age 65 and older since 1924. The home continues its tradition of a warm and friendly environment that many ladies have called "home". Indeed, Sunset Home has all the comforts of home - cozy family room, living room, dining room, screened porches, and two lovable cats. Antique furnishings, sentimental belongings, and comforts of the original Sunset Home, including an antique stained glass window and grandfather's clock, grace the home. Sunset Home upholds its reputation of having a pleasant and inviting atmosphere.

Services Provided:

- 24 hour staffing
- Medication administration
- Housekeeping
- Laundry
- Three homemade meals plus snacks daily
- Transportation for physician appointments
- Daily activities program
- Personal care assistance

We Offer:

- The opportunity for residents to keep their own physicians
- Occupancy for twenty residents with sixteen private rooms with bathroom and two semi-private rooms with an attached bathroom and shower
- Whirlpool bath
- Cable-ready rooms
- Furnishes rooms (per resident's request room may be unfurnished to allow for personal belongings)
- All residents have the option to have their own phone in their room
- Modern in-floor heating
- Hair salon on premises
- Easy access storage
- Covered entryway
- Maintenance services

Sustain Mid Maine Coalition

New Maine Vision, Old Maine Values



Sustain Mid Maine is a grassroots initiative created to conserve our resources, sustain a healthy environment, and promote economic prosperity for the Mid-Maine region.

Mission:

Sustain Mid Maine Coalition (SMMC), recognizing the challenges of climate change, works to increase sustainable practices in the mid Maine region through education, programming, and projects focused on energy conservation, fossil fuel alternatives, local agriculture and sustainable food systems, and waste reduction. Sustain Mid Maine Coalition is a 501(c)3 non-profit organization that is a collaborative partnership of major stakeholders (engaged citizens, municipal leaders, educational institutions, businesses, and service agencies) working to build the systems and infrastructure for a thriving community and a sustainable economy.

The **Objectives** of the Coalition are to:

- reduce energy use and greenhouse gas emissions in municipal facilities as well as area homes and businesses;
- recommend appropriate alternative energy technologies to elected officials and staff for implementation;
- make education and resources available to the public to assist the community in reducing energy use and greenhouse gas emissions;
- grow and support local foods;
- promote solid waste/recycling/composting practices;
- increase public transportation as well as awareness of its availability;
- develop alternative transportation systems for both passengers and freight;
- provide activities to educate the public about the importance of sustainability;
- explore and engage opportunities for regional solutions and cooperation;
- implement these objectives so as to provide sustainable employment opportunities.

The group includes teams focused on issues including:

- Energy
- Transportation
- Rethink, Reduce, Reuse, Recycle
- Education
- Farm to Food
- Public Policy
- Permaculture

Contact the Coalition through the City of Waterville:
One Common Street
Waterville Maine, 04901
Phone: (207) 680-4208

Email: coordinator@sustainmidmaine.org
Web: www.waterville-me.gov/departments/mmsc/
Like us on Facebook

Thomas College



180 West River Road, Waterville ME 04901-5097

207-859-1111

1-800-339-7001

FAX: 207-859-1114

E-mail: postmaster@thomas.edu

Web: <http://www.thomas.edu>

Thomas College was founded in 1894 as a nonsectarian, co-educational college dedicated to career training. In the spring of 1956, the College moved from its downtown location to a large, private estate in the city of Waterville. When the College outgrew this campus in 1966, it purchased more than 70 acres of land next to the historic Kennebec River and developed a small-college facility. By 1971, the entire college was relocated to the West River Road campus.

Thomas College's mission is to prepare students for success in their personal and professional lives, and for leadership and service in their communities. The private, career-oriented College is committed to preparing its undergraduates for careers in business, technology and education. The College is focused on providing an accessible and affordable quality education to any student who is motivated to work hard and succeed. The College offers its students Guaranteed Tuition and its graduates Guaranteed Job Placement within six months of graduation.

For more information about Thomas College, please visit www.thomas.edu.

United Way of Mid-Maine



United Way of Mid-Maine advances the common good by creating opportunities for all. Our overall focus is on education, income and health - the building blocks for a good quality of life and a strong community, right here in the Heart of Maine.

The strength of United Way is in our collaborations with our Community Partners. We work with Partner Agencies for an effective, collective response to identified needs in our community. Funding is invested into programs that are having significant impact in improving the quality of life of the people who live, work, learn and play in Mid-Maine. Volunteers work with United Way to help build the community's capacity to do good, and be better.

We are grateful to the many dedicated volunteers from the community who are committed to assuring that we achieve the mission of UWMM: **Improving people's lives by mobilizing the caring power of our communities.**

From serving on the Board of Directors, being involved in our Community Impact Teams, participating on one of several integral committees, volunteering to help fund-raise, and helping run successful events - hundreds of people throughout Mid-Maine show their caring by volunteering with United Way of Mid-Maine.

One shining-star example of the dedication, leadership and enthusiasm of the great volunteers at UWMM, is **Daniel W. Burgess**, the highly-respected Vice President & Chief Information Officer at MaineGeneral Health. Remarkably, Danny also finds the time and energy to volunteer on multiple boards and committees, and has coached local youth sports teams, and coached an adult league softball team for many years. He plies his musical talents as guitarist and vocalist of a local band with a dedicated following, Absolute Zero, and the band is a major supporter of United Way!



Daniel Burgess

Danny has been a member of the Board of Directors at United Way of Mid-Maine since 2012. He served as Leadership Circle Co-Chair (with his awesome wife, Lisa) for UWMM's 2015-2016 Fundraising Campaign, and they are both serving as our 2016-2017 Campaign Co-Chairs. Danny chairs the Meeting Immediate Human Needs Community Impact Team, which oversees two key UWMM initiatives: the Food Pantry Project (addressing the issues of year-round food security and access to healthy foods) and Keeping Mid-Maine Warm (addressing access to emergency fuel assistance and weatherization services).

Many say that the key to Danny's effective leadership is his infectious enthusiasm. His own heartfelt commitment gets others engaged in supporting our community. His ardent support brings out the best in the people around him.

In honor of his tireless and enthusiastic support and focused and encouraging leadership, United Way of Mid-Maine is pleased to choose Daniel W. Burgess to be our recipient of the 2016 REM Award.

What is Living United?

United Way proudly serves the people in 57 towns in Somerset, northern Kennebec and western Waldo Counties.

<p><u>Living United is GIVING</u></p> <p>Providing support to more than 40 partner agency programs and community initiatives</p>	<p><u>Living United is ADVOCATING</u></p> <p>Collaborating with community leaders to create solutions in the areas of education, income, and health</p>	<p><u>Living United is VOLUNTEERING</u></p> <p>Organizing a network of over 300 volunteers who work to advance the common good</p>
---	--	---

Together, we affect change for the better in the lives of over 30,000 community members.

Be the Change - Live United!

United Way of Mid-Maine • 105 Kennedy Memorial Drive • Waterville, Maine 04901 • (207) 873-0686 • www.UWMM.org

Universalist Unitarian Church



Universalist Unitarian Church of Waterville

69 Silver Street Waterville, Me

873- 4006

Rev. Meg Anzalone, Minister

<http://www.uuc-wtvl.org/>



Mission Statement

We, The Universalist Unitarian Church of Waterville Maine, value respect for all points of view as we seek to build a supportive, loving and peaceful community within our church family, our community and the world beyond. We commit to building a sustainable relationship with our earth through responsible action and leadership and promote a search for personal truth and justice, sustained by worship that brings together a variety of traditions and rituals.

A Welcoming Congregation since 1996

A Green Sanctuary since 2011

Our community involvement includes -

- Leadership in the **Evening Sandwich Program (ESP)**
- Support of the **GLBT Teen Drop In Center**
- Membership in the **Interfaith Council** and the **Interfaith Resource Fund**
- Sponsorship of **Adult Spirituality Groups**
- Collaboration with the **Family Violence Project**
- Volunteering at the **Mid-Maine Homeless Shelter**
- Strengthening the **Sustain Mid-Maine Coalition**
- Outreach through our **Crafting & Fellowship Groups**

The **Strengthening Our Faith in Action Committee (SOFIA)** is active in promoting other areas of social justice.

University of Maine Cooperative Extension



*University of Maine
Cooperative Extension
is your doorway to
University of Maine expertise.*

University of Maine Cooperative Extension
Kennebec County Office
125 State Street, 3rd Floor
Augusta, ME 04330
207-622-7546 phone
207-622-7548 fax
<http://extension.umaine.edu/>

For over 90 years, we've been putting university research to work in homes, businesses, farms, and communities-in every corner of Maine.

Some specific programs available in Kennebec County:

4-H/Youth Development

- Community 4-H Clubs
- 4-H Tractor Safety
- Public Speaking
- Team Building
- Afterschool 4-H Enrichment Programs
- Operation Military Kids
- 4-H Science

Agriculture

- Beginning farmer training
- Soil health and nutrient management
- Crop and livestock management
- Pest management and safe pesticide use
- Maine Compost School

Gardening & Horticulture

- Master Gardener Volunteers
- Maine Harvest for Hunger
- Growing vegetables, fruit, and ornamentals
- Garden pest identification

Nutrition & Food

- Eat Well Nutrition Education Program
 - Nutrition Associates visit homes, schools and community groups to provide free practical hands-on education on nutrition, stretching food budgets, cooking and food safety for families who are eligible to receive SNAP benefits (formerly known as Food Stamps)
 - Eat Well-by-Mail nutrition correspondence course for SNAP eligible adults
- Training programs for teachers, day care providers and others who want to learn how to improve nutrition and increase physical activity in children
- Pressure canner gauge testing

UMaine is an Equal Opportunity/Affirmative Action institution.

Waterville Area Habitat for Humanity



Waterville Area Habitat for Humanity
P.O. Box 1972, Waterville, Maine 04903-1972
www.watervilleareahfh.org

Waterville Area Habitat for Humanity seeks to help qualifying families become homeowners by working with them to build decent, affordable houses. WAHFH homes are not given away.....they are purchased by the homeowner family via a zero, or very-low interest, mortgage. Efficient building practices and extensive use of volunteer labor help to keep the house cost at low levels.

Families seeking a WAHFH house must have lived in our service area for at least one year and are expected to complete a multi-step application process. Families are chosen by a committee after careful consideration of the following criteria:

- Household income in the range of 50 - 70% of the median for our service area
- Housing need (for example, currently living in substandard housing)
- Ability to pay the monthly costs for a zero, or very-low interest mortgage, property taxes and homeowner's insurance
- Willingness to work in partnership with WAHFH in the construction of the home.

Waterville Area Habitat for Humanity is committed to the success of its chosen partner families and the communities in which it serves. In addition to building houses, WAHFH also has a Weatherization program in which its goal is to reduce air leaks and energy use by 25% or more. The potential heating savings can be used by the homeowner for other budget items while enjoying a home that is more comfortable to live in.

For more information on WAHFH, its programs, and how you can volunteer or join a committee: Visit us at www.watervilleareahfh.org or call our Executive Director, Holly Towle at (207)441-6748.

Waterville Community Land Trust



PO Box 1834
Waterville, ME 04903
207-692-0891
Email: watervilleclt@gmail.com
Facebook: Waterville Community Land Trust

Our Mission

Waterville Community Land Trust supports neighborhood preservation and improvement through the development of affordable housing and other community assets.

Our Vision

Waterville's neighborhoods are safe, stable, desirable places to live, work, and play.

WCLT will own the land where homes are located, therefore maintaining affordable homeownership of a home in perpetuity. The home owner leases the land from the Trust, and the Trust and homeowner share the appreciated value of a home's sale. WCLT currently owns one property, located at 181 Water Street, and hopes to purchase a second property soon.

Waterville Creates!



experience the arts

IN WATERVILLE, MAINE



Waterville Creates! is a collaborative consortium established to work directly with community arts, creative, and cultural institutions to enhance and strengthen the vitality of Waterville.

Executive Director: Nate Rudy (207) 616-0292 facebook.com/WatervilleCreates #WatervilleCreates

Waterville Food Bank



61 Pleasant Street
(United Methodist Church)
Waterville, ME 04901
(207) 872-7564

Monday through Thursday
10 AM to Noon
Monday Evenings: 5:30 to 7:00
(Closed Holidays)

Our mission is to provide food assistance to our neighbors in need.

We provide food items to clients who are facing some type of emergency situation or who do not have sufficient income to provide for the nutritional needs of themselves or their families.

We typically distribute eggs, fruits and vegetables, breads, meats and non-perishable foods, pasta, spaghetti sauce, milk, and margarine. Our clients are allowed to visit us once every 14 days.

We were founded in 1981 and have been housed since that time at no cost by the Pleasant Street United Methodist Church.

We enjoy the volunteer efforts of many individuals in our community and groups from Mount Merici School, Colby College, Thomas College, Goodwill, Waterville Kiwaniss, and Elanco.

We are the sponsoring 501(c)(3) organization for the food pantries at the George Mitchell School, the Albert Hall School and Waterville Junior High School.

So how many times did we fill needs for food last year? Numbers don't always give a good graphic. Picture a line of people stretching from our door up Gilman Street/Mayflower Hill Drive to First Rangeway. Continue that line down First Rangeway to Kennedy Memorial Drive, turn right and don't stop until you get to I-95. That's how many requests for food we served last year.

Waterville Historical Society



Redington Museum

64 Silver Street, Waterville, ME 04901
(207) 872-9439

Open Memorial Day Week to Labor Day
Closed on Holidays

TOURS: 10:00 & 11:00 a.m. - 1:00 & 2:00 p.m.
Tuesday through Saturday
www.redingtonmuseum.org

Resident Custodians
Bryan and Bonny Finnemore

The **Waterville Historical Society**, a non-profit corporation, was organized in 1903 as a result of enthusiasm aroused by the city's centennial in 1902. In 1924 the Redington house was presented to the society as its permanent home by Mrs. William P. Redington, whose husband was born there. At the time of its presentation, the house had been occupied by Redington descendants for over 100 years. Society membership is open to the public; there is a yearly membership fee that helps fund the museum's work.

A nominal admission fee is charged to non-members. Special tours of the museum may be arranged for school groups and other organizations by contacting the resident custodian.

Donations and bequests to the Waterville Historical Society and the Redington Museum are tax deductible to the extent provided by the law. Artifacts are generally accepted without restrictions.

Waterville Main Street

Waterville Main Street

44 Main Street, Suite 202, Waterville, ME 04901

Phone: 207-680-2055

www.watervillemainstreet.org • info@watervillemainstreet.org



Waterville Main Street is dedicated to the revitalization of downtown Waterville through an incremental and cumulative Four Point Approach. Four key committees bring together a broad cross-section of volunteers to design and implement work plans in each area of interest:

- **Economic Restructuring** – strengthening existing businesses and recruiting new ones
- **Design** – improving the physical appearance of downtown, while protecting historic resources
- **Promotion** – promoting downtown as a destination for shopping, dining, arts and culture
- **Organization** – developing broad-based volunteer and financial support

The Heart of the City!

Waterville Opera House



93 Main Street, 3rd Floor
Waterville, ME 04901

Ticket Office: (207) 873-7000

Fax: (207) 861-7096

Box Office Hours: Monday-Friday, 11-4
and 1 hour before performances

E-Mail: operainfo@operahouse.org

Web Site: www.operahouse.org

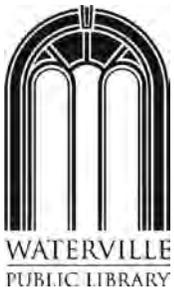
Opened in 1902, the **Waterville Opera House** is the largest facility of its kind in Central Maine. More than 100 performances are held each year, involving over 40,000 participants.

With the completion of a \$5 million renovation in 2012, the Waterville Opera House is now a modern facility with beautiful historic ambiance. The renovations have made it possible to offer a broad range of performances, host nationally-known musicians, present more technically complex theatrical productions, and build upon its relationships with community partners by hosting a number of events on the main stage.

Check our website for all of the upcoming events!

Thank you to all the Waterville Opera House Angels who volunteer their time to keep this historic community organization a vibrant gathering place for the arts in downtown Waterville!

Waterville Public Library



Since 1896, the Waterville Public Library has been empowering people and strengthening community.

The Library offers a full range of modern library services, including a circulating collection of books, films (DVDs and Blu-Rays), music, magazines, audiobooks, online language instruction software, and e-books. A member of the statewide Minerva Library Network, the Library also offers cardholders access to more than 6 million items throughout the state. Library cardholders are able to request and renew materials online through the Library's website.

73 Elm Street
Waterville Maine 04901
207.872.5433

www.watervillelibrary.org

Facebook: [WatervilleLibrary](https://www.facebook.com/WatervilleLibrary)

Mondays-Fridays

10:00am-7:00pm

Saturdays 10:00am-3:00pm

Sundays 1:00am-4:00pm

(Closed on Sundays
in summer)

The Library offers free wifi, a public computer lab, a public phone, faxing service, as well as Notary service.

The Library's Business and Career Center supports jobseekers and businesses. Business and Career Center programs include job fairs, special workshops, and jobseeking assistance.

The Children's Room and the Bartlett Room for Teens support positive youth development and offer free and engaging programs including robotics, crafts, films, gaming, parenting workshops, and storytimes.

The Carnegie Gallery at the Library is proud to feature the creative talents of local artists and artisans. Permanent exhibits in the Library showcase local historical photographs and maps, as well as some of Maine's most celebrated artists.

The Waterville Public Library is YOUR Library.

Winslow Congregational Church United Church of Christ



12 Lithgow Street, Winslow, ME
872-2544
Rev. Kim Shrader
Church email: news.winslowucc@gmail.com
www.winslowucc.org
Visit us on Facebook

10:30am Sunday Worship services,
Children's Sunday School -
(Sept. - June) during the service,
Nursery is available during worship

"We have a wide variety of personal views on what Christianity is and what it means for us." ~ Jim

The church building is nestled along the bank of the historic Kennebec River where it has stood since 1796. Built using timber frame design, this structure served as the town's first meetinghouse until 1828, when it became the current Winslow Congregational Church.

Our church family, as the body of Christ in the world, affirms all God's children and welcomes them with open arms. All are welcome at God's table and as full participants in our church life, regardless of societal labels. Our congregation is composed of a unique blend of people, from near and far. We value free thinking, difference of opinion, and exclude no one from any discussion or event. No matter who you are or where you are on life's journey, you are welcome in this Church.

Since 1828, Winslow Congregational Church continues to open its doors to the community. From active involvement in outreach programs, such as the summer lunch program, to providing a home for Alcoholics Anonymous, the Winslow Congregational Church continues to seek ways to fulfill its faith mission in the Winslow community.

Winslow Congregational Church is the home of the 75th Blueberry Festival to be held on Aug. 13, 2016.

"I am inspired, refreshed and strengthened through peaceful, thoughtful worship and the warm friendship of our congregation." ~ Sid

Winslow VFW

MacCrillis-Rousseau V.F.W. Post #8835



Office - 873-1908



175 Veteran Drive - Winslow, ME 04901



Lounge - 872-9850

BANQUET FACILITIES

We are now able to accommodate up to 350 people

For reservations call Brenda at 872-9850

The **Veterans of Foreign Wars** is an organization of American Veterans who have served their country on foreign soil in a conflict approved by Congress. The Winslow Post #8835 received its Federal Charter on December 29, 1946, with 87 signatories. Today it has 482 members.

The objectives of the Veterans of Foreign Wars are fraternal, patriotic, historical, educational and charitable.

BINGO

Every Tuesday 6:30 p.m.
Every Thursday 6:30 p.m.
Every Sunday 6:00 p.m.

SUPER BINGO

1st Sunday of every month at 6:00 p.m.
Tel: 873-1908

WMHB



WMHB Waterville, 89.7FM, is Colby College's student-run radio station and Central Maine's only choice for alternative music. We broadcast live 24 hours a day, 365 days a year, at 89.7FM and online at www.wmhb.org.

The station is supported by over 100 student and community DJ's who volunteer their time every week to bring new music and community programming to Colby, Waterville, and the rest of the world. WMHB plays NEW music in all genres, from alternative to techno to blues to world. We also feature weekly community and public affairs programming in the form of speeches, lectures, performances by local bands, and more.

Here are a few facts that you might not know about WMHB:

- WMHB has been broadcasting live from Colby College for over 60 years.
- The WMHB webcast is most popular in the United States, followed in order by Mexico, Canada, the United Kingdom, Sweden, France, Taiwan, Finland, Switzerland, Spain and Italy.
- WMHB recently entered the top 5% of over 10,000 internet radio stations on Live365.com

To place a request, give us a call at (207) 859-5450 or visit www.wmhb.org.

For questions about business partnership, station involvement, or underwriting with WMHB, please write to info@wmhb.org or call (207) 859-5454. Thanks for listening!

Youth Matter!



Youth Matter!
Physical address: 177 Main Street, Waterville, Maine 04901
Mailing Address: PO Box 1986, Waterville, Maine 04903
www.YouthMatter.net
207-660-1672



Youth Matter!'s Mission: To measurably improve the lives of area children and youth through community collaboration that promotes positive youth development.

Youth Matter!'s Vision: Children and youth are

- Safe and Respected
- Happy and Healthy
- Nurtured and Committed to Learning
- Connected to the Community

We have been active in the area since 1996 under the direction of a volunteer Leadership Council.

To achieve our mission we collaborate with local schools, hospitals, law enforcement, community organizations, and businesses. Our primary programs include After School Aspirations Programs (ASAP) funded by a 21st Century Community Learning Center Grant that is delivered at 4 Waterville sites (South End Learning Center, George J. Mitchell Elementary School, Albert S. Hall Elementary School, and Waterville Junior High School) and the Winslow Elementary School and our Diversion to Assets program.

For more information contact Mark Fairman at markfair56@gmail.com or (207) 660-1672.

"Look here first."

Directory of Community Conscious Businesses

Supporting Local Businesses is one of the
best ways to build a community
where people thrive.

The following businesses are all local and have
supported the work of the REM Partner organizations.

The health and stability of our community
depend upon their continued support.

Please look here first
when you are considering purchasing
goods or services.

It really does matter!

SBS Carbon Copy



- Full Color Printing
- Binding
- Mailing Services
- Paper & Office Supplies

54 Main Street, Waterville, ME 04903
Monday-Friday: 8:00am - 5:30pm

info@maineprintingservices.com
www.maineprintingservices.com

(800) 427-7947
(207) 873-7947
Fax: (207) 873-7948



*At Our House there is always:
Great Food,
Great Smiles,
and Great Service!*

*Congratulations to all of the exemplary
REM Award Winners!*

Sun - Thurs: 11 am - 10 pm
Fri - Sat: 11 am - 11 pm

99 West River Road, Waterville, ME 04901
207-877-8325 207-87 STEAK <http://jfs.me/>

Proud to support REM Community Volunteer Awards Ceremony

Your good work improves the lives of people in Maine.

As Maine's largest independent bank, we're dedicated to supporting organizations that educate, enlighten and support our Maine communities. As we see it what makes our communities stronger makes all of Maine stronger. And that's what we're about.

Bangor Savings Bank

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800-697-1874

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Growing Value from Exceptional Resources

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672-5512

Fairfield Office
453-2527

Greenville Office
695-2241

Marshall Yard Office
663-4406

Come Play With Us & Help Your
Children Grow Musically!



Kennebec

MUSIC TOGETHER

Visit www.kennebecmusictogether.com for more information

Check website for next session!



Congratulations to all
REM award recipients!



Amici's Cucina

Italian Cuisine

Phone: (207)861-4440
Fax: (207)861-4442

137 Main Street
Waterville, ME 04901

www.AmicisCucina.com



CellMedic

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Fix Your Broken iPhone, iPod, iPad, Android and More!

Broken Screen — LCD — Battery Replacement — Charging Port
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Headphone Jack — Detailing — General Repairs



www.CellMedic.net
207-692-0153

270 Kennedy Memorial Drive Waterville, ME 04901

51 Main Street
Waterville, Maine 04901
207-873-5101



34 Center Street
Auburn, Maine 04210
207-689-9171

Toll-Free: 1-800-244-9046
Toll-Free Fax: 1-866-274-0005

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www.theframemakers.com



Sign of the Sun
22 Silver Street, Waterville, Maine
www.signofthesun.com



Exceptional and compassionate paramedic care

- Local and long-distance emergency response services
- Routine and critical care transfers
- Wheelchair van transportation
- Community events, classes, and education demonstrations

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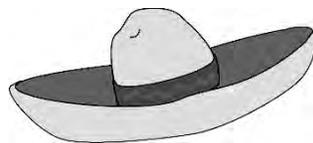
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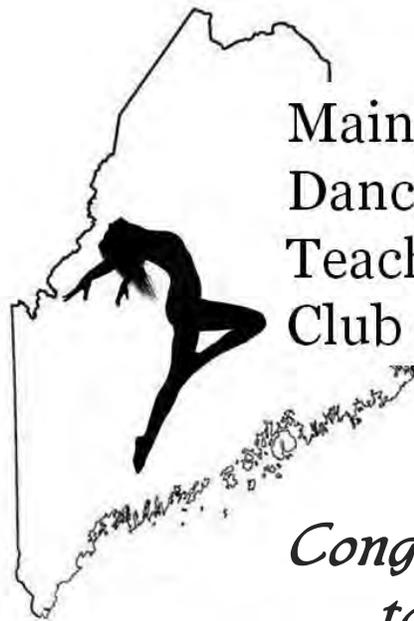
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75 - Paragon Shop

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Please support these local businesses...our local economy will be what we make it.

(Continued)

Groceries, Food Products, Etc.

- 78 - B & F Vegetable Stand
- 65 - Joka's Discount Beverages
- 75 - Pleau's Market
- 81 - The Village Market

Hair Care

- 76 - A & L Barber Shop
- 80 - Headquarters
- 71 - Personali-Tease
- 70 - Prime Cut
- 79 - Remedy Salon & Spa

Hospitals

- 31 + Back Cover - Inland Hospital
- 40-41, 72-73 MaineGeneral Medical Center

Insurance

- 62 - GHM
- 65 - State Farm, John Fortier

Interesting Places

- 63 - Sign of the Sun

Investment Management

- 75 - Golden Pond Wealth Management

Jewelers

- Inside Front Cover - Day's Jewelers
- 61 - Larsen's Jewellery

Laboratory Services

- 67 - Northeast Laboratory Services

Landscaping

- 71 - Fieldstone Gardens

Locksmith

- 71 - Boy Locksmith

Newspaper

- 68 - Morning Sentinel

Oil Sales and Service

- 61 - Fabian Oil

Organizations

- 67 - Maine Dance Teachers Club
- 66 - Business & Professional Women Futurama Foundation
- 79 - Literacy Volunteers

Paper Manufacturers

- 67 - SAPPI

Personal Messages

- 77 - Faye Nicholson
- 75 - The Burgess Family
- 66 - The REM Office

Picture Framing

- 63 - The Framemakers

Printing, Signs, Banners, and Graphics

- 61 - SBS Carbon Copy

Realtors

- 69 - Perkin's Management

Schools and Classes

- 62 - Kennebec Music Together

Storage

- 65 - Poor Bob's U-Store-It

TV

- 62 - WABI-TV

CENTRAL MAINE MOTORS AUTO GROUP



Charles Gaunce, Jr.



Central Maine Motors, College Ave., 1935



Charlie Gaunce



Chris Gaunce



- 1935-Charles Gaunce, Jr. and his 2 partners incorporate their business naming it, Central Maine Motors selling Pontiacs, La Salles and Cadillacs at 198 College Avenue
- 1947-A major addition to the existing facility included a modern service department and body shop
- 1952-Charles Gaunce, Jr. becomes sole owner of Central Maine Motors
- 1960-Charlie Gaunce joined his Dad at the dealership
- 1962-Charlie Gaunce becomes Dealer Principle
- 1970-Operated Budget Rent-A-Car for the State of Maine
- 1971-Central Maine Motors began operating a long term leasing company
- 1975-Peugot was added to the line up
- 1984-C&G Motors opened in Skowhegan
- 1985-The existing facility was renovated adding a two story parts department
- 1991-Central Maine Motors purchases Northeast Dodge-Toyota, moving Pontiac, Cadillac franchises to 420 KMD.
- 1992-Central Maine Motors acquires a Chrysler-Plymouth dealership and added Dodge combining the 3 nameplates back to the 198 College Avenue
- 1994-Central Maine Motors purchases a Buick-Oldsmobile-GMC dealership and relocates them to the 420 KMD rooftop, now offering Pontiac, Buick, GMC truck and Toyota at that location
- 1996-Central Maine Motors purchases a building on 30 Airport Road which becomes a state of the art collision center and a rental department
- 1997-Chris Gaunce, after working with GM for 4 years moves back to Maine to join the company
- 1997-Jeep was added to the College Avenue rooftop, now housing Chrysler, Plymouth, Dodge and Jeep
- 1998-Central Maine Chrysler Dodge Jeep was moved to its new locations at 300 KMD.
- 1998-The Chevrolet franchise was added to the 420 KMD store, now selling Chevrolet, Pontiac, Buick and Toyota.
- 2001-A new building was constructed on 15 Airport Road to house the Toyota franchise, Operating as Central Maine Toyota
- 2005-Central Maine Toyota adds the all new Scion franchise to its line-up
- 2007-Central Maine Motors Reconditioning Center was opened at 23 Airport Road providing reconditioning services for all of our locations as well as for the general public
- 2010-Celebrating 75 years as a family owned business while serving the automotive needs of the Central Maine area
- 2011-Company structure change from two operating companies, to 4 operating companies due to large growth from operations.
- 2012-GM and Toyota build new additions for service.
- 2013-Service addition at Central Maine Toyota
- Complete renovation at Central Maine Motors, including a drive-thru service area.



Central Maine Collision Center
30 Airport Road, Waterville

*Thank you to all
of our customers
and employees for
your loyalty over
the past 80 years.*



Central Maine Reconditioning Center
23 Airport Road, Waterville



Central Maine Chrysler - Dodge - Jeep
300 Kennedy Memorial Drive, Waterville



Central Maine Motors - Chevy - Buick
420 Kennedy Memorial Drive, Waterville



Central Maine Toyota Scion
15 Airport Road, Waterville

VOLUNTEER OF THE YEAR

Inland Hospital and Lakewood are proud to recognize

Rona Backstrom

as our Volunteer of the Year!

Inland Hospital is pleased to honor Rona Backstrom as our 2016 Volunteer of the Year!

If you've ever been to Inland, it's likely that you have been warmly welcomed at one time or another by Rona. As an Information Desk regular each week, she has been greeting, assisting and escorting people to their appointments since 2001. Rona has a kind, reassuring way about her and we just love having her as one of our excellent first impressions at Inland!



**Inland's
Volunteer
of the
Year**

Rona started volunteering at Inland after retiring from a 28-year career with the Maine Department of Labor. She still lobbies the legislature for the Retiree's Steering Committee and helps with clerical work as needed. Those clerical skills come in handy every week as Rona helps us coordinate Volunteer and Gift Shop reports.

In her spare time, Rona loves to travel – she's visited 85 countries! She's an avid golfer and enjoys bridge and cribbage.

According to Rona, "My favorite thing is meeting and assisting people. Inland is a great place to volunteer and I feel that I'm an integral part of the Inland family."

Maggie Simpson, Inland's Volunteer Director says Rona is a role model for other volunteers. "We really depend on Rona at the front desk. She is professional, friendly and helpful – and just a really nice person! What else could we ask for?"



To volunteer at Inland, call Maggie Simpson, 861-3325 and at Lakewood, call Michelle Rossignol, 873-5125.

200 Kennedy Memorial Drive • Waterville • 207-861-3000 • www.inlandhospital.org