**Group Agreements**

for Healthy Northern Kennebec and Healthy Waterville Action Team Meetings

**Be respectful.**

This means:

* One person speaking at a time
* Listen
* Be willing to see everyone’s point of view
* Do not judge others
* Each person contributes differently, but everyone has value
* Keep your tech in check
* It’s OK to say no

Use person-first language

Share the airtime

Stick to agenda

*HNK coalition members added on 10/23/19:*

* Be an ‘adventurer’ not a ‘prisoner’ – Don’t be afraid to be innovative
* Move up and Move back
* Start and end on time
* Be yourself – contribute your true self
* You are responsible for what you get out of this
* Don’t discount others’ ideas
* Be present – 100% focus and attention
* If you want to vent, take it outside
* Be a team player, support each other