Healthy Northern Kennebec Coalition Meeting Agenda

***“Health starts where we live, learn, work and play!”***

**Wednesday, March 25, 2020**

**Mission**

*To create healthy communities where everyone is empowered to reach their fullest potential.*

9:00 AM – 11:00 AM

**Zoom Participation Instructions**

Link to join by video:

<https://zoom.us/j/2077295607>

Number to join by phone:

646 558 8656 or 301 715 8592

Meeting ID: 207 729 5607

Online



**Vision**

*Everyone thrives in our vibrant, healthy communities.*

**Agenda**

9:00 – 9:15 am **Get Acquainted with Zoom**

*Optional log in before the meeting starts for a little test drive. Our facilitator and Zoom expert Craig Freshley will be on line to help. If you need to, call Craig at 207-522-3787.*

9:15 – 9:30 am **Welcome & Introductions**

9:30 – 9:35 am**Review Last Healthy Northern Kennebec coalition: February 26, 2020**

***Spotlight on:*** *Addressing opioid use disorder and stigma in Central Maine*

***Leadership Tool:*** *All Learn, All Teach, All Lead*

9:35 – 9:55 am**Leadership Tool: How to Have a Great Zoom Meeting!**

*Craig will give us some tips and tools that we can use in hosting our own meetings.*

9:55 – 10:20 am **Spotlight: Addressing the COVID-19 Pandemic in Central Maine, with Q&A**

*– LeeAnna Lavoie, Prevention and Healthy Living, MaineGeneral Medical Center*

10:20 – 10:35 am **Asks & Offers:** Ask for or Offer assistance. Let’s work together in partnership!

*Members of the coalition share their most important efforts and upcoming activities.*

10:35 – 10:40 am **Closing Reflection**

10:40 – 11:00 am **Meeting Evaluation –** *Did we honor our process? Improve relationships? Get results?*

<https://docs.google.com/document/d/1oVeIRyXxKe-XCUt0itrq8_YZ5h8gD0Xa/edit>

**The next Healthy Northern Kennebec Coalition meeting is April 22, 2020, on Zoom, from 9:15 – 10:45 am.**

**Initiatives of Healthy Northern Kennebec**

**SNAP-Ed**

*Mission*

*To provide participants with the skills and knowledge needed to make healthier food choices within a limited budget.*

**Healthy Waterville**

*Mission*

*People working in partnership to increase access to healthy foods & increase community connectedness.*

**Mid-Maine Substance Use Prevention Coalition**

*Mission*

*To mobilize the community to create a unified effort to reduce substance use among*

*the youth and young adults of northern Kennebec County.*