**REM Partners 2021** 

# **Community Directory**

**Special Edition** 





We're dedicated to supporting organizations and activities that energize and improve the quality of life for our communities.

**1.877.Bangor1** 



www.bangor.com

You matter more.

Member FDIC

78 China Rd., Winslow 207.872.8011

366 Main St., Waterville 207.861.8931

Clifford Common, Unity 207.948.5120

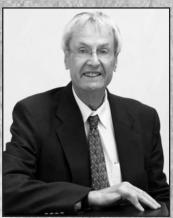
# REM Award Honorees



Lynn Soucy BPW/Futurama Foundation



Marc Veilleux
Fairfield United Methodist Church



James Moore MaineGeneral



Linette Gamache Maine Children's Home



Amy Harrington REM



Kelly Rancourt
Mid-Maine Homeless Shelter
and Services



Bonnie Krause Humane Society Waterville Area

## We Welcome You to Come Join Us!

On behalf of the REM Partners, I invite you to respond to what you read here by joining as a volunteer to work with one or more of these organizations. Chose who join hands with other caring people to move our world forward, responding to an ember that burns inside them, often develop a glow that sustains their work and spreads to all who work with them. If you haven't yet had this experience, I urge you to give it a try. If you have and it didn't work out, maybe you haven't found the perfect match. Try again!

Sincerely yours, Faye W. Nicholson

## Table of Contents

1	2021 REM Award Honorees	43	Kennebec Valley Council of Governments
2	Welcome	43	Kotlas - Waterville Area Sister City Connection
2	Table of Contents	44	Literacy Volunteers of Kennebec
3	What is REM?	44	Maine Association of Nonprofits
4	Mid-Maine's Strategic Vision for 2020	45	Maine Children's Home
5	Celebrating Over 25 Years	46	MaineGeneral Medical Center
6	REM Rental Spaces in Downtown Waterville	47	Mid-Maine Chamber of Commerce
7	REM's Service to REM Partners	47	Mid-Maine Global Forum
7	REM's Umbrella for Community Initiatives	48	Mid-Maine Homeless Shelter & Services
8-17	2021 Progress Report for "Mid-Maine Strategic	49	New Ventures Maine
Vision	for the year 2020"	49	Northern Light Home Care and Hospice
18-28	REM Community Initiatives	50	Northern Light, Continuing Care, Lakewood
29	About the REM Partners Directory	50	Northern Light Inland Hospital
30	Boys & Girls Club and YMCA of Greater	51	PFLAG Waterville
Waterv	ville at the Alfond Youth & Community Center	51	Pleasant Street United Methodist Church
31	American Red Cross	52	REM
31	Central Maine Growth Council	53	St. Mark's Episcopal Church
32	BPW/Futurama Foundation	53	Sexual Assault Crisis & Support Center
33	Children's Discovery Museum	54	Spectrum Generations
33	City of Waterville	54	Sunset Home
34	Colby College	55	Thomas College
35	Fairfield United Methodist Church	55	University of Maine Cooperative Extension
36	Educare	56	United Way of Kennebec Valley
36	First Congregational Church, UCC Waterville	56	United Way of Mid-Maine
37	Good Will-Hinckley	57	Waterville Area Habitat for Humanity
37	HealthReach Community Health Centers	57	Waterville Community Land Trust
38	Healthy Northern Kennebec	58	Waterville Creates
38	Hospice Volunteers of Waterville Area	58	Waterville Area Soup Kitchen
39	Humane Society	59	Waterville Food Bank
40	Kennebec Behavioral Health	59	Waterville Historical Society
40	Join REMnet Blast	60	Waterville Public Library
41	Kennebec Messalonskee Trails	60	Winslow Congregational Church, UCC
41	Kennebec Montessori School	61-74	Community Businesses
42	Kennebec Valley Community Action Program	75-76	Business Directory
42	Kennebec Valley Community College		

Cover by Lisa Oakes

Honoree Photos by Saba Photography



#### REM (Revitalizing the Energy in ME)

REM is a network of volunteers engaged in building community in Mid-Maine.

REM is a grassroots organization born in this very community in 1995. People's vision for how democracy should be and its actuality are in conflict. There is a great disconnect between the huge governmental systems that no one seems able to understand and the people they serve.

REM strives to bring people together in a non-governmental process that connects people to each other, helps them create commonly held visions, and then supports their work to transform their visions into realities.

REM provides a forum and a form for our people to determine their own future by working to create it.

"If you want to be a place you've never been, you have to choose a path you've never taken."

REM moves to the beat of a different drummer based on two deeply-held principles:



#### ONE...

We believe the power of community is the diversity of its people.



We believe that everyone's ideas, talents and energies are important.





Most organizations have one specific purpose.

REM is open to unlimited possibilities in our community.

Those possibilities are linked to the creativity of our people and their willingness to work for positive change.

Sometimes those changes are based on a community need. More often REM Community Initiatives are based upon an expanded vision of something that could be...creation of a community asset that moves us toward our dream of a community where people thrive.

"We have passed our responsibilities along for too long. The closer we are to a problem, the more efficient and appropriate the resolution. Our democracy affords us many rights. To the extent that we assume responsibilities for our democracy, we create the balance a healthy democracy demands."

Faye Nicholson, REM's "Dream Catcher"

REM has more than 60 teams, projects and events outlined for the year. You are invited to call our "Dream Catcher" at 873-4444 and share your concerns and dreams for our community. Chances are there are already efforts underway and you need only engage your talents and share your energy and ideas with people who share your dream. If not, REM will help you find your team and support you all the way!

## Mid-Maine's Strategic Vision for the Year 2020

This vision is commonly held by all REM Partner Organizations. As you read about them, notice how their work moves us toward our 2020 vision of Mid-Maine.

We are a vibrant, family-oriented, regional community actively engaged in and responsible for shaping our future. Family in our community is about our relationships with each other: we are all family. We are an inclusive community that embraces individuality and values diversity. We promote interaction and respect among people of all ages and backgrounds. We nurture honesty, integrity, spirituality, and personal and civic responsibility.

everyone feels secure here. We can express ourselves without fear and we encourage public discussion and debate. We celebrate a high participation in consensual government. Our government and service agencies are coordinated and effective. We have an open-door policy in all our institutions and welcome participation from everyone.

We are fiscally responsible. We maintain a vigorous economic environment while preserving a small-town atmosphere that is attractive, enjoyable and affordable. We actively recruit and support socially responsible enterprises. We are competitive in the global economy. High quality jobs provide economic equity, advancement and security for individuals and families. We cooperate regionally to foster the entrepreneurial spirit and promote sustainable economic development. We work with other communities to enhance their quality of life.

We are a community that coordinates our responses to our social, economic, cultural and artistic needs. Our health care services foster the physical, emotional and spiritual health of our residents. Our community offers broad educational opportunities for people of all ages and all needs. We emphasize service in all levels of education. Educational, religious, government, social and business organizations collaborate in supporting life-long learning and growth. We promote the creative and performing arts as a cornerstone of our regional identity.

We place a high priority on our youth. The entire community shares responsibility for the welfare of every child. Parenting is valued and supported. All children have a healthy, nurturing start in life. Youths actively participate in the community decision-making process. The community prepares young adults for productive lives and provides local career opportunities. As community members age, we value their wisdom and continue to provide opportunities for them to meet their needs.

We hold an ethic that respects the interconnectedness and interdependence of all living things. We make decisions based upon our understanding that the quality of our lives depends on respecting our environment. We value and work together to preserve our heritage, our architecture and our natural environment. Because we have preserved the blessing of our rivers, lakes, forests and farms, we are a center for rest, reflection and recreation.

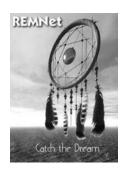
trust in the value of community. We respect each other. This is a place where people thrive.

Signed publicly by all 48 REM sponsored Community Catalyst participants, January 5, 1996.

#### Celebrating over 25 years...

To all of those REMers who have worked to build your dreams in the 25 years of our existence, we salute you! Through your work you have given our community hope and provided inspiration to others to engage in the community and make real their dreams as well.

#### Celebration of REM's future...



"REM's future is made possible by all who have worked to build community under the REM umbrella. On this page in last year's Directory we celebrated REMnet...REM's website and communication center for all REM teams and activities. That was Step One in our move to revitalize the energy in our Maine community. We invite you to help our plan succeed by joining REMnet at www.rem1.org. Let's take social networking to a new level. Let's use this amazing tool to continue



our creation of a community where people thrive. Let's link our minds and meet our challenges by creating inclusive commonly held visions and effective strategic plans."

# www.rem1.org

Which brings us to the announcement of Step Two:

The Creation of REM Community Center. For more on that...see page 27.

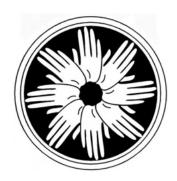
**REM Agreements:** Those who have come before have created a path for you that will make your time in REM rewarding. The REM Agreements define how we work together in REM. So far, they really work well! Perhaps you have an idea of how they would even be better. We welcome those ideas.

#### We Agree:

- TO KEEP OUR EYE ON THE VISION!
- To seek and welcome diversity
- To practice honesty with respect
- To be mindful of confidential information
- To be brief and direct
- To listen thoughtfully
- To help each other participate
- To maintain focus

- To keep a sense of our history and traditions
- To challenge or confront ideas, not each other
- To make decisions by mutual agreement
- To work together in the spirit of cooperation
- To respect and support the decisions we make together
- To understand and practice the "pinch model"
- HAVE FUN! KEEP A SENSE OF HUMOR.

## REM Rental Spaces in Downtown Waterville



Over the years, REM has maintained spaces where the community may discuss issues and work together to solve them. In our new location at 31 Temple Street, we still have spaces available where forums can be held on community issues. These same spaces may also be rented for meetings, parties, or other events by anyone in the community.

#### Rental Fees:

REM Forum \$95/3 hours

Large room with room for 60 lecture style seating, 48 seated at round tables

REM Boardroom \$50/3 hours

Seats 12 at boardroom table, Service area for food/beverages

REM Lounge \$40/3 hours

Seating for 6

Not renting a 3-hour block? Call for other options (207)873-4444.

#### **REM Kitchen**

Large Kitchen Area with sink, two stoves, two refrigerators and counter prep space
Used for Cooking \$100 flat fee
Only used for refrigeration and cleanup \$25 flat fee

REM, 31 Temple Street, Waterville, ME 04901 873-4444 www.rem1.org rem@rem1.org

## REM's Service to REM Partners

Non-profits in Central Maine can be a REM Partner at either of two levels. **Collaborating Partners** promise to join hands and work together, attending one networking luncheon per year. Their membership fee is \$75.00 per year. **Affiliated Partners** receive all of the benefits of REM Partnership but are not required to attend the networking luncheon or work collaboratively on events the Partners create together. Their membership fee is \$125.00 per year.

REM provides services based on the expressed needs of the REM Partners. Collaborative efforts are effective in direct correlation to the communication systems which join them. Most of the services REM offers are communication systems linking Partners to each other and to the community. All are volunteer based.

**REMnet -** An email and internet communication system linking the REM Partners to each other and to community members interested in the community-building missions and activities of the REM Partner organizations.

**Poster Team** - REM volunteers distribute posters twice monthly to many sites in the surrounding towns for the Partners who leave posters in the REM office.

**REM Partner Community Volunteer Awards** and this **REM Partner Directory** - REM produces this Directory and invites Partners to honor a volunteer at the celebration and charges nothing for costs incurred.

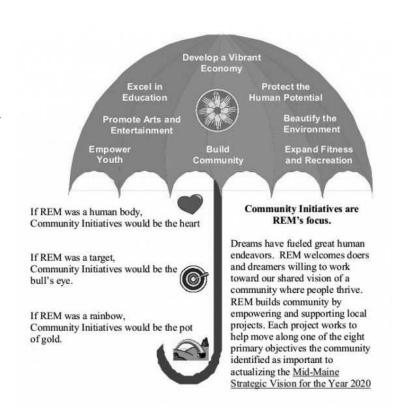
REM presently has 60 teams, projects and events underway to help fund our community projects, including our services to REM partners.

## REM's Umbrella for Community Initiatives

REM serves as an umbrella for its Community Initiatives, providing nonprofit standing to them and supporting them in any way it can.

REM Community Initiatives come under one or more of the 8 priorities established at the 1996 Catalyst:

- 1. Develop a Vibrant Economy
- 2. Excel in Education
- 3. Protect Human Potential
- 4. Promote Arts & Entertainment
- 5. Beautify the Environment
- 6. Empower Young People
- 7. Build Community
- 8. Expand Fitness & Recreation



#### Accomplishments Toward Our Mid-Maine Strategic Vision for the Year 2020

#### It's time to celebrate!

We are a vibrant, family-oriented, regional community actively engaged in and responsible for shaping our future. Family in our community is about our relationships with each other: we are all family.

This was written by more than 250 people in 1996 from the stage of the Waterville Opera House. Anyone could have changed any word...but no one did. When the day was over and the vision was complete, there were tears when our vision was read to the crowd. That still happens today.

The following collage is composed of pictures of things we only dreamed about over that 3 Day REM Community Catalyst. The following pages will chronicle only a few of our accomplishments. We invite the community to keep a record of their accomplishments so we can add to and create a dated history that tells the story of our building of a "community where people can thrive." Thank you to those who helped us compile this list.



Objective	Organization
DEVELOP A VIBRANT ECONOMY	
* Maine Department of Labor and others have created new jobs	Maine Department of Labor
* Disabled over 50 work for area nonprofits & are paid by gov't	ABLE, A4TD
* High-need teen ages 14-18 have job-skills and summer jobs with local employers/Rotarians through the Youth Empowered Through Employment (YETE) Program	Communities for Children/Youth Waterville schools Goodwill Hinckley Maine Children's Home
* \$500,000 grant to develop downtown businesses storefronts, waterfront	Waterville Main Street
Solicit new employers who will bring in jobs at all levels	Central Maine Growth Council
* Area organizations of economic development are working more collaboratively	Central ME Growth Council, FirstPark, KVCOG, Waterville Main Street, Waterville Development Corp and others
<ul> <li>June 6 '09 Central Maine is getting together in Augusta</li> </ul>	Augusta and Waterville Chambers
<ul> <li>Organizing together where combined information exchanged</li> </ul>	All economic development groups
* In Fairfield a business person can walk into the municipal office and get answers to permits. Waterville Web site has a link for business start up	Town of Fairfield
* Analyze and work with Waterville permitting	REM (1997)
* Organizations are expanding business by developing networking opportunities  * Area nonprofits work to encourage folks to support local	KV Connect, BAH at Chamber, Rotary and BNI REM, Waterville Maine Street, Chamber
* Build 2-3 sky walks to connect buildings in downtown	City of Waterville
Waterville, The Center and City Hall	·
* Hathaway Creative Center Project	Paul Boghossian
* Grant writing team wrote for local projects combining area grant writers with people who were great writers (working to expand potential for acquiring new resources for our community.)	REM (1998 – 2000)
* Held writing for grant workshops for area nonprofits (each participant actually applied for a grant and received one-on-one help)	REM (2006)
* Develop a home page on the Internet for community	rem@rem1.org
* REMnet – Area nonprofit REM Partners email REM with event announcements which are placed on REMnet calendar and an email	REM
* Calendar – Calendar available for all community events with	REM, Mid-Maine Chamber
* Exchange of culture with Kotlas Russia	Kotlas Waterville Area Sister City Connection
* Develop cooperative business parks with shared property taxes	FirstPark
* Medical Simulation Program – computerized mannequins to train doctors, nurses and medical technicians – allows them to maintain	Inland Hospital
* Create a Cancer Center	MaineGeneral
* Establish a first class hotel with 4-star restaurant - Lockwood Hotel	
TIOICI	Colby College

*	Created a year-round outdoor farmers' market	Downtown Waterville's Farmers' Market
*	Barrel's Farmers' Market (closed 2015)	Waterville Main Street
*	Developed FirstPark	KVCOG, Chambers and Municipalities,
		FirstPark Corporation
*	Training for downtown merchants	Waterville Main Street
	Filming Empire Falls here	Colby Professor influence
	Barrels on Main Street met need for groceries and fresh food	Waterville Main Street
downto		
	Kept the "Morning Sentinel" downton - built new building	City of Waterville
	Always mention work ethic in work with other businesses	Central Maine Growth Council
	Removed the Edward's Dam in Augusta	Area nonprofit fishing organizations
	Rebuilt Hathaway	Paul Boghossian
	Rebuilt and added small amphitheatre nearby	Friends of Ft. Halifax
	Regionalize schools	State of Maine
	One fire chief for Waterville and Winslow	Cities of Waterville and Winslow
	911 in Oakland, Waterville, and Winslow regionalized	City of Waterville, Winslow and Oakland
	Use tax incentive financing districts in various communities	Municipalities of Waterville, and Winslow
	e Tree Zones	777.6
	Involve area high school students in entrepreneurial tour	REM
*	Create a miniature YuleTide Village scene in REM's windows.	REM
*	Promote Mid-Maine as an opportunity for information	REM, Growth Council, FirstPark
	ogy support businesses	
	Increase addressability for handicapped people in the	Waterville Main Street
downto	wn which includes designating more parking spaces for	
handica	apped (include curb access)	
*	Solicit/develop/incubate employers who will create jobs for our	Growth Council
citizens	s who have a strong work ethic.	
*	Establish a committee in the legislature that will keep an eye	Chamber
out for	legislation proposals that would impact small business and	
commu	nicate with small businesses as to their need to respond to the	
proposa	al.	
	Unify and maximize regional economic development strategies	Mobilize Maine ?, FirstPark? Growth
	ergy by having all of our organizations join Mobilize Maine	Council? Waterville ME St? Waterville
	ng, of having an or our organizations four meetings manie	Dev. Corp, KVCOG
*	Support the Mid-Maine Sustainability Coalition with their work	
	EXCEL IN EDUCATION	City of water time, tells
	Make Colby and Thomas Colleges more a part of the area:	
	colleges provide over 400 mentors for The Afond Youth Center,	
	End Learning Center and in Public Schools	Thomas and Colby
	On Colby cares day, Colby students volunteers in community.	i i
		Colby
	Encourage students to be involved with civic inquiry, public	Colby Office of Civic Engagement and
action,	and community leadership	Community Partnerships
*	Thomas college helped with statistical analysis of Obesity	
	or Children at The Alfond Youth Center	Thomas College
	Goldfarb Center for Civic Engagement sponsors many	Goldfarb Center
	nity wide events	

* 0	
* Communities for Children and Youth funds, helps to coordinate and evaluates 5 afterschool program sites in Waterville for kids who	
are failing academically K-12. (25 kids at the AYC, 25 at South End	Communities for Children/Youth
Learning Center, 25 George Mitchell El, 60 at Junior High, 20 at Hall	
School, 22 older teens through YETE)	
* Educare Governance Board to serve 185 low-income children	Educare Central Maine Governance Board
from birth to age 5	(Waterville superintendent, Head Start Dir.
	Bill/Joan Alfond Foundation, Buffett Early
C + 1 C - 11/2 1 - 1 - 1/4 - 4 1/4	Childhood Fund)
Get area educational facilities more involved with the community  * Hill n the Ville	Waterville Main Street
* Colby Cares Day	Colby
* REM Community Chat - Zoom chats led by Colby students for	Colby
community	REM, Colby
* Colby has opened theater to community with out charge, audit	Colby
courses,	•
* Now a Community College – has sponsored forums regarding	KVCC, UMF
community development	
* Raised food for local food banks	KVCC, Fairfield United Methodist Church
* Teaching Lab is being planned for new Educare facility in	Educare, UMF
Waterville in which students will earn their degrees onsite as well as	
students earning masters in early childhood from UMF	
* 211 phone line and internet has state resource information for	United Way
anyone in Maine 211.net	DEL 6
* REMnet links REM Partner organizations with more than	REM
15,000 area citizens for weekly event information	
* Coordinate adult education & workforce training for lifelong	DEM ADLE AATD Women Work &
learning - ABLE Network and A4TD at REM, Women, Work &	REM, ABLE, A4TD, Women, Work & Community
Community  * Voc Rehab orientations being held in City Council Chambers	City of Waterville
<ul> <li>Voc Rehab orientations being held in City Council Chambers</li> <li>Expand alternative educational opportunities - Central Maine</li> </ul>	REM
Youth Makerspace	KEM
* Muskie Center has daily drop in center	Muskie Center
* Sponsored concerts for elders and other conferences	Jean Lamond
Create partnerships between schools and businesses	
* Thomas guaranteed job placement for graduates	Thomas Callaga
* Colby, Thomas and KVCC have internship at local businesses	Thomas College
for practicum and OJT Student Service Learning arrangements,	Colby, Thomas, KVCC
* MaineGeneral and Inland hospitals provide onsite experience	Inland, MaineGeneral
and training PT, OT, Phlebotomy, Nursing	imand, MameGeneral
* Educare partners with business	Governance Board
* Create summer intern jobs for area high school students: YETE	YETE
summer youth program from ARRA	
* Develop mentoring programs: Colby Cares About Kids serves	Colby, Alfond Youth Center, South End
400 children in 14 different sites and is part of a statewide replication	Learning Center, South End Teen Center,
project with 6 other colleges. Currently waiting list for with additional	China El, Williams, Mess Middle, Hall
resources more youth could be served.	School, George Mitchell, Benton El,
	Waterville Junior High, Winslow El and
	Middle, Vassalboro

Develop Computer Center	
* Alfond Youth Center has computer center for after school and	Alfond Youth Center
teens at the club	
* Waterville Public Library has Teen Space and computers	Waterville Public Library
* REM has a bank of computers open for public use and offers	REM
wireless in its spaces	
Renovate educational facilities	
* Winslow, Lawrence and Waterville have or are completing	Winslow, Fairfield and Waterville Schools
major renovations	
* Capital Campaign is underway in 2009	Waterville Public Library
Support education	
* Educare Maine does just that	Maine Governor's Children's Cabinet
	Educare Central Maine Governance Board
* Provide scholarships to help students afford college when parent's	BPW/Futurama Foundation
income is not enough	
3. PROTECT HUMAN POTENTIAL	
* Community wide forum on violence to raise community	REM
consciousness	V 1 011
* Hardy Girls have done lots of work on violence issues	Hardy Girls
* Women's Initiative has served as a safe place for women and a	
gathering place to enjoy learning crafts and making new friends.	REM - Women's Initiative
* Communities for Children/Youth provides four (now three)	Communities for Children/Youth, PATCH,
area school districts with evidence-based substance abuse prevention	Maine General, Local Law enforcement
(K-12) through state and federal grants as well as funds early  * Educare's Family Support Workers and Home Visiting	Educare Central Maine
programs	
* Hardy Girls has done lots of work on violence issues	Hardy Girls
* Kennebec Valley Organization working on providing affordable	KVO
health care for all residents.	
* Eliminate teen pregnancy, suicide: Maine Children's Home has post incident services	Maine Children's Home
* Provide prenatal care for all pregnant women	HealthReach, WIC
Provide educational opportunities that are affordable/free	
* Develop preschool programs: Educare nationwide model of	Educare
excellence.	
* The Alfond Youth Center has space for Cooperative Childcare	Alfond Youth Center
* Provide low cost child care system for single parents: The	Alfond Youth Center, Educare Central
Alfond Youth Center after school program Educare (Head Start, Public	Maine, United Way
School)	
Human Services planning	
* Establish a regional human service planning council: PATCH	
- Community Public Health	United Way, Friends
* Working with community members from all over Kennebec	
County to establish a 10-year plan of community goals in Health,	
Education, and Financial Stability	United Way

* Conflict Resolution through Juvenile Justice service – Youth Diversion Program, restitution through communication with the	District Attorney, Everett Fowler
Victims called Restorative Justice through Everett Fowler	
Somerset/Kennebec District Attorney, Rebound for Success	
* Bullying and Harassment Prevention programs funded through state and federal grants serve the area schools. (Still need lots of more work on this at school-level)	Communities for Children/Youth, schools
Develop volunteers for various family interventions etc to assist	
families and individuals in crisis.	
* Work with DHHS and others who identify the families who	DHHS
need to send referral to volunteer agencies and other service providers	
* Neighbor to Neighbor – daily contact with people in danger	REM, United Way
during winter	
<ul> <li>* Big Brothers/Big Sisters mentoring programs</li> </ul>	Big Brothers
<ul> <li>Various churches have programs</li> </ul>	Catholic Charities
* Identify legislative initiatives	Maine government
Upgrade low-income housing: Gilman Street Project, OLD Y Site	City of Waterville, Waterville Housing
Waterville Housing Authority	Authority
* Neighbor to Neighbor – daily contact with people in danger during winter	REM (1999), United Way
* Donations to Foster Care Program	Fairfield United Methodist Church
Establish support network	
<ul> <li>Ongoing parenting forums</li> <li>Essentials Closet was developed to distribute esential items not</li> </ul>	Educare Central Maine, KVCAP
covered by Food stamps, like paper towels, soap, toothpaste	First Congregational Church UCC
* Develop and support early childhood programming ages $0-5$	Educare Central Maine
* Reduce domestic violence: Hold a community-wide forum to explore domestic violence issues	REM
* Tourmaline Singers – Sing to patients to ease the passage of the dying	REM
* Develop a resource for knowledge for people to fully understand their benefits	Muskie Center
Strengthen individuals, families and communities during the COVID- 19 pandemic	
* KVCAP facilitated the rent relief program in Kennebec and Somerset counties beginning in April, 2020 through the present,	KVCAP
helping thousands of residents avoid eviction and remain housed.	KVCAP
* KVCAP provided financial emergency assistance to Central Mainers, with expenses related to food insecurity, hygiene and cleaning supplies, car and insurance payments, utility expenses, and other basic	
needs.	VVCAD
* KVCAP provided assistance to anyone in need that had to quarantine or isolate due to COVID-19, This included picking up medications, food, hygiene and cleaning supplies, and providing education and support in order for the households to remain safe and healthy.	KVCAP

* 0 70 000 11 11 1. 0 111 1	T
* Over 50,000 diapers were dispersed to families in need in	KVCAP
Kennebec and Somerset Counties  * KVCAP continued to provide transportation to medical and	
it verificontinued to provide transportation to medicar and	KVCAP
social service appointments via our KV Van and volunteer drivers	
despite the challenges of COVID-19. And our Explorer public bus	
system pivoted to offer ongoing services in a safe, reliable manner;	
today we have resumed pre-pandemic routes and times.	
<ul> <li>* KVCAP preschools, childcare services, and home visiting</li> </ul>	KVCAP
options continued operations, using various methods to keep children	
and families safe while addressing basic needs.	
* Our Energy & Housing Department helped more than 10,000	KVCAP
people stay warmer and safer in their homes. Homebuyer education	
and supports continue to help people purchase their own homes.	
<ul> <li>* KVCAP continues to be a leader in developing affordable</li> </ul>	KVCAP
housing throughout Kennebec and Somerset counties.	
4. PROMOTE THE ARTS AND ENTERTAINMENT	
Have a street festival	
* Art Fest	Chamber of Commerce, Waterville Main St
* Taste of Greater Waterville	Chamber of Commerce
* Arts in the Park	REM
* Farmers Market	Waterville Main St
* Blue Marbel gallery art walks	
* Drums along the Kennebec (Japanese, Native American,	REM
African, Scottish, etc.)	
* Establish a regional coordinating committee for local events: REM	
Calendar at rem1.org, Chamber calendar	REM, KVCOG, Mid-Maine Chamber
* Expand cultural events in downtown Waterville	Opera House, Soup to Nuts, REM,
Expand cultural events in downtown watervine	Waterville Creates!, Hardy Girls
* Youth Expressions, Summer Jazz Camp and Teen Theater	Communities for Children/Youth
Camp offered annually for past 8 years	Communities for Children/ Fouth
	Datam: Winglaw, other argums
4th of July Celebration	Rotary, Winslow, other groups
Develop summer program on arts and culture	DEM
* Arts in the Park  * Freshwater Arts	REM
Teshwater Arts	Waterville Main St
* Winter Carnival	Colby
* Summer Teen Theater Camp	Colby, Communities for Children/Youth, Opera House
* Jazz Camp	Waterville Main St.
* Waterville Arts Fest	
* Winter programs: Recreation area being created at the Quarry	John Koons, Quarry Road
Road Recreation area including a trail for cross country, snow shoeing,	2 1 Les benevit et al. 1911
hiking	
Have affordable entertainment	
* Free events at Colby	Colby
* Opera House has regular programming,	Waterville Opera House
* ACAT Theater has affordable rates	ACAT
	MIFF
houses	
<ul> <li>Railroad square sometimes has free movie</li> </ul>	Railroad Square

* Movie out in park	Waterville Main Street
* Offer Free concerts in the Park over the summer.	Colby, Waterville Creates
<ul> <li>* Create and keep a world-renowned school of ballet - Bossov</li> </ul>	
Ballet in Pittsfield	Bossov Ballet
* Work with community to plan amphitheater at Head of Falls	
tied to boardwalk, trails and gardens	REM
<ul> <li>Build an amphitheatre on the riverfront</li> </ul>	City of Waterville
* Call a meeting to consider establishing a TV and or radio show	REM
promoting local artists and arts events	
5. BEAUTIFY THE ENVIRONMENT	
<ul> <li>Community involved in redesign ideas for the concourse (1997)</li> </ul>	REM and Community
<ul> <li>Line the streets with lots of trees as part of concourse reno</li> </ul>	City of Waterville
* Planting of more Elms	Rotary
* Plant flowers entire length of Main Street - Waterville - Flower	Waterville Main Street and then REM and
Box Program	City of Waterville
* Landscape the Kennebec River Water Project - RiverWalk	City of Waterville, Rotary
* Repair 2 Cent Bridge	City of Waterville
* Set up environmental education centers for farms, rivers, lakes,	Unity College
and forest	
* Establish a dog park	Humane Society
6. EMPOWER YOUNG PEOPLE	
* Alfond Youth Center may be able to serve outlining towns with	Alfond Youth Center
support from local Municipalities or through School Systems	
* Develop community outreach program from each of the youth	
agencies: 4H, Faith based organications, scouting	4H Clubs, Scouts
* 100 Youth from 4 school districts work together annually	Communities for Children and Youth,
through the Youth Summit	Colby, area schools, PATCH
* Youth Advocacy groups exist in all area schools to lead their	
peers in various efforts to improve their health and development	All area schools
on average 23 to 33 teems go to the water the rabbe Biolary	Waterville Public Library
daily afterschool to connect with staff, do homework, search the library	Alfond Youth Center
web and hang out.	
* REM Delta Prime Robotics competing since 2013 in FIRST	
robotics competition.	REM
<ul> <li>Convene a community wide forum to discuss the need to</li> </ul>	REM
empower children to be more self directed.	
* Free to Be Me – A program which helps prepare young people	REM
to move freely in society by providing them the etiquette and life skills	
they need to feel confident and comfortable.	
* Lego Mania - Involve youth in planning and implementing an	REM
event which stimulates creativity and brings area youth together	
socially around a commonly held passion.	
7. BUILD COMMUNITY	
* Convened catalyst participants and formed REM on the	
principles stated in the "Mid-Maine Strtegic Vision for the Year 2020"	REM

* Held forum on violence, early childhood education, youth	
homelessness as well as open forums for people to talk about whatever	
they wanted.	REM
* Formed action teams around forum issues	REM, REM Partners
* Created "Dream Catcher" logo, brochures on joining REM,	REM
created a website, wrote a column in the Sentinel, had a radio show,	
spoke at area civic group meetings, traveled to Istanbul, Turkey to	
present REM for 14 days to people from all over the world who were	
also interested in civic engagement.	
<ul> <li>Community Catalyst update 2009 - This is one of the first</li> </ul>	REM
efforts to quantify our progress	
<ul> <li>REM Award annually, recognizing exemplary volunteers</li> </ul>	REM
* Alfond Youth Center had annual volunteer recognition	Alfond Youth Center
* Waterville Main Street Awards downtown efforts	Waterville Main Street
* Recognize women whose achievements had a significant	
statewide impact	BPW/Futurama Foundation
<ul> <li>Celebration of our accomplishments is a good start.</li> </ul>	REM
<ul> <li>Hold regular forum on international issues bringing speakers</li> </ul>	Mid-Maine Global Forum
from all over the world	
* "REM Chat" was weekly forum conversations with Colby	REM
student preenters and open chats for people to just get together and chat	
via Zoom.	
* Learn to think beyond our town lines	many community organizations
* Attended State-wide conference on transportation and other	
issues learning how resourceful Maine communities are; learned from	
the Summit of the Cities in Istanbul, Turkey that people all over the	
world are dealing with the same issues and are interested in grassroots	
involvement and organization.	REM
Develop Sterns building as city center, including meeting space for	
community (33)	
* 1996 - Purchased Stern's building and established it as the	WRACC (Waterville Regional Arts and
Waterville Regional Arts and Community Center.	Community Center)
* 1996 - 2017: Established home for REM at The Center to	Community Center)
represent community at the Waterville Regional Arts and Community	
Center	REM
* Established a great variety of community busineses, services, art	
galleries, family dentist office, inside playground, eateries, and	
Waterville city offices at The Center. Attracted thousands of people	
downtown including a bridge linking The Center to the Waterville	WRACC (Waterville Regional Arts and
Opera House and City Hall.	Community Center)
Support development of Community	
* Established Waterville Creates as the "Arts" of Waterville	WRACC (Waterville Regional Arts and
Regional Arts and Community Center	Community Center)
* Establish consensual democracy as our community's non-	Community Contact)
governmental democratic process	REM
D	

* Design promotional materials that express our vision and get it out to the community.	REM
* Convene a community forum to discuss how me might establish more public transportation	REM
* "Local Voices" – provide the community with an opportunity to promote their work and express their passions via a community journalism project to be inserted in the Sentinel	REM
* Mrs. Santa's Workshop – An appreciation of the art of giving for young children the day Santa comes to town.	REM
* Talk to the Animals – Opportunity for children to meet animals up close, learn about their care and the products they provide.	REM
* REM Partners – Create an area nonprofits partnership for the purpose of learning their needs and providing them support; work collaboratively to address issues falling through the cracks.	REM, United Way,
* Help provide decent, affordable housing for families in the greater Waterville area, by combining the resources of multiple businesses, community, religious and government organizations, as well as countless individuals	Waterville Area Habitat for Humanity; Waterville Community Land Trust
8. EXPAND FITNESS/RECREATION	
Quarry Road Recreation Area	John Koons
* Put in bike trails	KMTrails
* REM was a Catalyst for the Trail initiative, which became Kennebec Messalonskee Trails	REM, KMTrails
* Create a center including the Y, Boys and Girls Clubs, parks & recreation = Boys & Girls Club and YMCA of Greater Waterville at the Alfond Youth & Community Center	Waterville Boys & Girls Club, Waterville YMCA
* In process of Creating an ice arena near North Park	Alfond Youth & Community Center and City of Wateville
* Have an area for all skateboarders to participate (31)	City of Waterville
Have a street festival	KMTrails
* Map and deal with safety issues for bike and pedestrian use throughout the community	KMTrails, KVCOG
* Design and produce cooking shows focusing on creating low- cost nutritional meals which address health issues such as obesity, heart disease and diabetes.	REM, Inland, MaineGeneral

## **REM Community Initiatives**

A "Dream" is an idea fueled by passion. REM welcomes and supports citizens who join hands to build dreams into realities. We call these projects "REM Community Initiatives."

REM provides opportunities, one-on-one or in groups, for people to share their dreams. **REM is not responsible for making those dreams happen.** Only the community can do that. REM nurtures those who work to transform dreams into realities. REM recognizes some dreams as worthy to be held in wait and keeps them out there until teams form around them. Some dreams are led by their presenters and gallop along at break-neck speed. Many are in between the two extremes.

REM has been working in the community for over 25 years. And yet, many people still have never heard of REM. The following are some of the REM Community Initiatives REM nurtures by offering whatever support they might need. In so doing, many projects do not have to develop as formal 501(c)(3) organizations and instead focus solely on their missions. This eliminates a duplication of community resources. Those who need space for meetings can have it free. Those who need a copier, a phone, a page on the internet, and full banking and accounting services have those free services available to them. Team-building help, poster placement, and promotion of their events throughout the community via REM's 50 REM Partner organizations are also free services to all REM initiatives. The day they sign on to be a REM Initiative they are part of REM and donations made to them are tax-deductible. It would be hard to calculate what the savings to our community are from having gathered all of these services in one place where they are shared by many.

Most amazing of all...these services are given on an all volunteer basis. All who work in REM are volunteers.



In 1996 REM sponsored a 3-day community planning process called a Community Catalyst. At this event the 250 participants created a community vision with initiatives to meet that vision organized under 8 community objectives. REM Initiatives all operate under those objectives.

#### Objective 1: Develop a Vibrant Economy

Identified to be the top priority of our community this is the one having the fewest active projects over REM's history. REM believes the community depends upon other organizations of a "business" or "economic" focus to do this work. However, there are many dreams perfect for citizens to grab and run with that would indeed be great economic development projects.

REM has a list of dreams that are waiting for people who share that vision - the website at <a href="www.rem1.org">www.rem1.org</a> is one place to connect to those dreams and sign on to their challenge. Sometimes REM calls a REM Community Forum around an issue or dream. Sometimes a group comes with their dream asking for REM's support.

Here are a few awaiting community energy. If you would like to help make any of these ideas realities call REM at 873-4444 or email rem@rem1.org.

# Dickens Night Let's create...Dickens Night – Waterville, Maine

Imagine recreating the magical spirit of the Holidays in the time of Dickens...complete with the vintage attire, shoppers carrying candles, carolers everywhere, roasted chestnuts, carriages, shops all open and welcoming shoppers with mulled cider, hot chocolate, wassail and other holiday treats. If you think this is a great idea...come share your ideas with REM and help us create this idea which has been on many people's wish lists for years.



ACC\_2009\_Sep09\_1290FF.JPG

" DISNEY'S A CHRISTMAS CAROL "-FILM FRAME
Scrooge (JIM CARREY) left, TINY TIM (Gary Oldman), right

"© ImageMovers Digital LLC. All Rights Reserved."

## Lighting of the Lights

Imagine...Santa is coming down Main Street on his sleigh. As he passes each of Main Street's beautiful buildings he raises his hand and the buildings light up...each different, each lighting design accenting the specific beauty of the architecture of that building. This year REM will light its home at the new REM Community Center at 31 - 33 Temple Street. If we grew that idea our City could look like this...





## YuleTide Village

Each year during the winter holidays, REM transforms its windows into a winter wonderland with a winter village scene. Children and adults alike enjoy checking out all the details. REM's goal...to bring people downtown for holiday shopping and make those who visit feel at home in downtown Waterville.



#### Objective 2: Excel in Education

## Early Childhood Development

During the first three years of a child's life, essential brain and neural development occurs. Kindergarten begins around the ages of 5 to 6 for most children, after major brain development occurs. Our community's focus on early childhood education is an important step for our community's future.

<u>Educare</u> on Drummond Avenue is doing cutting edge work to give our community a jump start over other communities. What can we as a community do to increase participation in early childhood education?





What can we as community do to bring the kinds of things children at Educare are learning to those who are not in Educare? That's the idea of this REM Initiative. We need leadership. We need you...

If you would like to help make this happen...call REM at 873-4444.

### Talk to the Animals



Talk to the Animals was the second Initiative young Colt Seigars brought to REM. He shared in his "Dream Catching" that children who live in the city often do not get an opportunity to experience animals up close...to watch their behavior, feel them, hear them or even smell them. With the help of his Mom, Karen Giles, they involved local 4H clubs and local farmers in a display of farm animals right in the middle of Waterville's Main Street. They learned about how to take care of them, what their needs are and what they provide for humans to enjoy or use. Colt is now a graduate working in the tech industries as an engineer. (REM hopes his third initiative, REM Delta Prime Robotics, may have played a part in this career choice.



This was a great event. REM invites anyone who would like to create a "Talk to the Animals" REM Community Initiative... perhaps at the Riverwalk... to call REM at 873-4444.

REM works to keep great possibilities open...especially when, like this young man's idea, they bring good things to our community.

Objective 3: Protect the Human Potential

## Aging Well in Waterville



Aging Well in Waterville is a REM Community Initiative which has joined the Aging Friendly Communities of AARP (Maine and Nationally), creating and forging forward in addressing the needs of all ages.

Aging Well in Waterville's mission statement reads:

Waterville is the place where citizens work together to make our community a dynamic, friendly, and safe place for residents of all ages and abilities. Our focus is on creating a livable community for all.

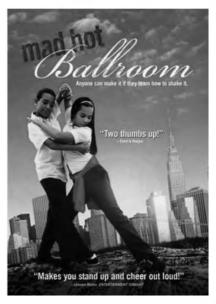
We conducted a survey of residents 50 and over to determine the needs of the community. This survey led to the publication of a resource guide of

current resources for citizens, which can be viewed on the City of Waterville's website, on Facebook at Aging Well in Waterville, or by hardcopy at the REM office (31 Temple St, Waterville).

Aging Well has discontinued meeting and will be focusing on building a new REM Initiative called "REM Senior Focus".

### Free to Be Me

#### The Issue...



There is an interesting phenomenon floating around in our community. The children of the rebellious years who declared their individuality and strength to include ignoring or purposely rejecting society's "etiquette" and other "rules of demeanor" are now hesitant to enter social situations that could further their careers and personal attainment. Many are in their late teens, 20's and even 30's.

REM would like to establish a team of people to develop programs to help those who find themselves in this situation as well as programs to prevent today's children from ending up in that situation.

Many southern states include this education as part of their school's curriculum... putting our children at a competitive disadvantage. The good news is that there is much out there to learn from. We could seek to copy best practices and not recreate the wheel. At the same time, we could certainly work to improve upon those "best practices".

Mad Hot Ballroom, a film by director Marilyn Agrelo and writer/producer Amy Sewell about a ballroom dance program in the New York City public school system, shows the power of providing an experience for children that can change their lives forever by giving them self-confidence. If we look at a top killer of our children, suicide, we cannot deny the importance of giving children confidence and a chance to work hard to achieve a skill and then reap the rewards of the process - a feeling of accomplishment.

If you are interested in helping develop experiences to address these issues please call REM at 873-4444 or email rem@rem1.org

### **REM Senior Focus**



**REM Senior Focus** will be centered at the **REM Lifelong Learning Center** and will deliver learning experiences and opportunities for community connections focusing on people ages 50 and older throughout the year. Caregivers and family members are welcome to attend. Attendance will be possible face-to-face and by Zoom.

Anyone interested in helping develop this new REM Initiative is invited to call REM at 873-4444 or email <a href="mailto:rem@rem1.org">rem@rem1.org</a>

## **Tourmaline Singers**



The Tourmaline Singers are a volunteer hospice choir based in the Waterville-Augusta area. Since our beginnings in March 2008, our mission has been to ease the passage of the dying through our singing and comforting presence. Currently we have twelve active singers, and are always open to new members who enjoy singing and wish to be of service to the dying and their families.

In addition to singing for terminally ill individuals and their loved ones, we occasionally sing at memorial services, as well as for groups at churches, nursing homes, and events related to end-of-life care.

In 2013 we established a relationship with Beacon Hospice of Augusta and began receiving referrals to sing for their clients, as we continue to do. We also honor requests form private individuals. Most of us have received hospice training, either form Beacon or from Hospice Volunteers of Waterville Area (HWVA).

We gratefully accept donations but never solicit them. Our expenses are very modest, mostly for sheet music and photocopying, and so far donations have been sufficient to meet our financial needs.

It is our hope that hospice choirs develop in every community, and that everyone approaching the end of life, and their loved ones, will know this service is lovingly offered.

For more information, please contact Harry Vayo, at vayowoods@live.com or 313-9418.

### Women's Initiative

Women's Initiative is a REM Community Initiative providing an opportunity for women to come together and create a community which encourages and enriches lives. Women's Initiative has established A Woman's Place, a safe environment where women from all walks of life feel welcome and nurtured. A place where



together women can develop their talents in a setting that fosters involvement in a close knit community. "We will celebrate the amazing women we are and all that we can be."



Women enjoy working together on a great variety of crafts...learning and teaching and sharing skills. They quilt, crochet, knit, and even do their own weaving. Many of the articles they make they sell in area yard sales and craft shows to pay the costs of keeping their space.

For over 5 years Women's Initiative made their home at The Center in downtown Waterville. They moved on to a space on West River Road in Waterville and then to a space with Hospice Volunteers of Waterville Area but presently are not holding regular meetings due to COVID restictions.

For more information, contact Martha Dempski:

by email at marthad.wominit@yahoo.com or by phone at 692-0290.

#### Objective 4: Promote the Arts and Entertainment

## Gingerbread Mania



Every year REM recruits area adults and teenagers to help young children decorate gingerbread houses created out of graham crackers by a wonderful community volunteer.

If you would like to bring your children or grandchildren or help make the houses for the children to decorate, call REM at 873-4444.

#### REM Craft Fair



The REM Craft Fair was for many years the Colby Craft Fair. When Colby could no longer provide them the venue during Parents Weekend a group of crafters asked REM to manage the fair.

Production of this fair is a year-long proposition. More than 2000 people will visit the fair which is now held at the Champions Fitness Club. The 2021 fair will be held Saturday and Sunday October 23 - 24 from 9 - 3 o'clock.

More than 50 juried artists from all over Maine will be featured. Parking is ample and admission is free.



A special feature of the REM Craft Fair is the REM Soup Fest. More than 20 of the best cooks in our community present the gift of their best pot of soup. Also on the menu, homemade breads and desserts and REM's famous pulled chicken sandwiches and homemade baked beans. This year's offerings will include hot dogs hot from the grill.

For those who choose to take home a treat to share with their family take out containers will be available. This year a bake table will feature homemade pies, cakes, cookies, scones, bars and specialty items. Loaves of the homemade breads served with the lunch will be available to purchase to include dilly, rosemary, wheat, white, anadama and rye.

Tables decorated with seasonal crafts will give shoppers an opportunity to rest, refuel, catch up with their friends and return to shopping. (Time to go back to pick up that Christmas gift you are sorry you didn't purchase.)

Anyone interested in helping create any part of this event is invited to contact REM at 873-4444.

#### Objective 5: Beautify the Environment

#### Flower Box Gardens



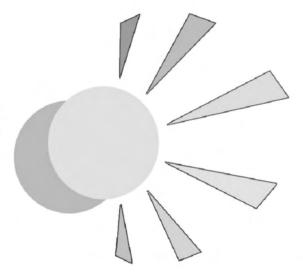
The Flower Box Garden program was originally organized by the Waterville Main Street organization. The 2017 Waterville City budget did not include any support for Waterville Main Street so they had to dissolve the organization and decided to pass along the Flower Box Garden Program to REM. Now, each spring REM works with citizens, businesses, and the City of Waterville to bring flower boxes to the downtown area and keep them flourishing all summer.

Objective 6: Empower Young People

### Sunrise Creative Youth Theatre

"Sunrise Creative Youth Theatre
works to give youth a space where they can
freely create. As a collective, we write and
produce original theater with the goal of
showcasing the talents and ideas of our
members."

Sunrise Creative holds meetings every Saturday via Zoom! Theatre Group meets 10am – 11am and Peer Support begins at 11am.



Pop in at your leisure and share with us! Both groups are a safe, inclusive space open to queer youth and their allies in grades 6-12, college students, and college-aged adults.

For more information see <u>www.rem1.org/sunrise-creative-youth-theatre/</u> or contact: sunrise.creative.youth.theatre@gmail.com

Keep an eye out for our new website, launching in 2022!

### **REM Delta Prime Robotics**



REM Delta Prime Robotics, team #4473, is a community initiative of REM involving students from Hall-Dale High School, Farmingdale, ME.

This team builds a robot from a kit and then programs it to compete in competitions. REM Delta Prime's goal is to build a functioning 120 pound robot from the provided kit, then wire and program it to perform tasks for a game that is announced when the kit is picked up – all within a 6 week period. Professional

electrical engineers, computer programmers, web designers and machinists, as well as teachers and parents from the community come together to mentor and support the team in this complex project.

#### Objective 7: Build Community

## Dinner Around the World & Game Night

If you would like to be part of a community dinner to celebrate the richness of our community heritage by sharing ethnic foods and table games enjoyed in those cultures contact REM about how you'd like to help create this experience.

## **REM Awards**



REM's Annual Community Awards honor our region's many volunteers, the unsung heroes who selflessly give their time and talent to aid our many local nonprofit organizations and improve the quality of life for all the people of our community. The awards ceremony also includes performances by local actors, dancers, and musicians who themselves volunteer their talents to honor volunteers.

This Directory contains a history of the Awards and a picture and description of each of this year's honorees. To see much more, including every volunteer who ever won the award, visit <a href="http://rem1.org/rem-awards">http://rem1.org/rem-awards</a> at REM's website.

## **REM Community Center**

Office, board room, kitchen, small meeting room and forum spaces available for anyone at prices they can afford allowing people to cater their own events by bringing food or preparing it in REM's kitchen. Beautiful affordable weddings, office parties, wakes, baby showers...a welcoming of the rights of passage with, including access to the cutting-edge technology of the REM Lifelong Learning Center. (See below.)

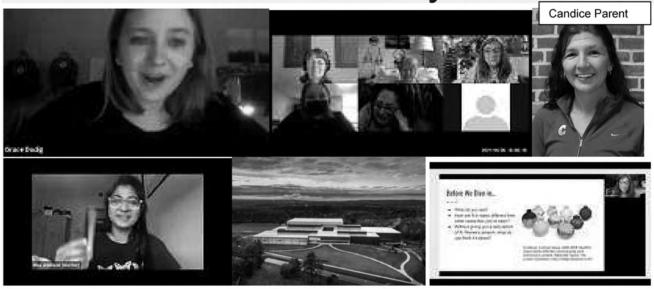


31 Temple Street Waterville, Maine 04901 (207)873-4444

## REM Lifelong Learning Center

During the pandemic, everyone has had to devise a new normal that allows them to continue to live and work safely in a crazy world. REM has worked to respond to community needs for communication and information exchange. A space in the REM Community Center in the downtown Waterville is designed for group presentations and world-wide communications available to everyone at affordable prices and free to all REM teams and Initiatives. Cutting edge technology makes it possible for face to-face gatherings and digital technology inclusion of those unable to attend in person.

**REM Community Chat** 



**REM Community Chat** is an opportunity for community members to host an on-line discussion that brings together people of all ages around an issue of shared interest. To date, four Colby students have led the community to explore their shared interests. Candice Parent, Associate Athletic Director, Compliance and Community Engagement led chat participants through a "Sneak Peak" of the NEW Harold Alfond Athletic and Recreation Center (HAARC). People of all ages joined in the discussions. REM Chats are recorded and posted on the REM YouTube channel and can be viewed on our REM Community Chat playlist. The link is on the REM Community Chat page on our website at <a href="https://www.rem1.org/rem-community-chat/">www.rem1.org/rem-community-chat/</a>.

## **REMnet Email Blast**



#### Check out what REM Partners are up to!

The REMnet Blast is a weekly email blast sent to all individuals who sign up for it and to all REM Partners who forward it to their constituencies - reaching more than 15,000 people. The idea is to minimize the number of people who receive emails and in doing so, retain the community members upon which we all depend. In a recent REMnet Blast, 17 REM Partner organizations presented 35 events and newsletters... all in one email. And, it's all there on REM's website any time you want to check it out. If you'd like to receive the blast contact REM at: rem@rem1.org and we will put you on the list.

### About the REM Partners CommunityDirectory

#### **REM Partners 2021**

American Red Cross of Mid-Maine Boys & Girls Club and YMCA of Greater Waterville at the Alfond Youth & Community Center Business and Professional Women Futurama Foundation Central Maine Growth Council Children's Discovery Museum City of Waterville Colby College Educare Fairfield United Methodist Church First Congregational Church, UCC Waterville Good Will-Hinckley HealthReach Community Health Centers Healthy Northern Kennebec Hospice Volunteers of Waterville Area Humane Society Kennebec Behavioral Health Kennebec Messalonskee Trails Kennebec Montessori School Kennebec Valley Community Action Program (KVCAP) Kennebec Valley Community College
Kennebec Valley Council of Governments (KVCOG)
Kotlas - Waterville Area Sister City Connection Literacy Volunteers of Kennebec Maine Association of Nonprofits Maine Children's Home MaineGeneral Medical Center Mid-Maine Chamber of Commerce Mid-Maine Global Forum Mid-Maine Homeless Shelter & Services New Ventures Maine Northern Light, Continuing Care, Lakewood Northern Light Home Care and Hospice Northern Light Inland Hospital PFLAG Waterville Pleasant Street United Methodist Church REM St. Mark's Episcopal Church Sexual Assault Crisis & Support Center Spectrum Generations Sunset Home Sustain Mid Maine Coalition Thomas College United Way of Kennebec Valley United Way of Mid-Maine University of Maine Cooperative Extension Waterville Area Habitat for Humanity Waterville Area Soup Kitchen Waterville Community Land Trust Waterville Creates! Waterville Food Bank Waterville Historical Society Waterville Public Library Winslow Congregational Church, UCC

This Directory makes its debut every year at the **REM Community Volunteer Awards Ceremony**. It is distributed all year long by the REM Partner organizations as a collaborative effort to demonstrate the presence in Mid-Maine of both a lively nonprofit service sector and a large community-conscious business sector that supports it. REM compiles and produces this Directory for its REM Partners.

REM Partners are a wonderfully diverse group of people working on quality of life issues in this community. In 2001, REM invited them to join to talk about what they might do if they were to work together collaboratively. The eleven organizations wrote this Vision Statement. Although the group has not worked to recruit new members, the REM Partners now number over 50 organizations.

# REM Partner Vision Statement

We are a diverse group of area nonprofit organizations working to collaborate, coordinate and communicate our missions and our services to this community, including ways to access them. We hold commonly the belief that communication and cooperation enhance the common good of all. We encourage volunteerism and honor and celebrate volunteers throughout our community, fostering the growth of a shared commonly held pool of volunteers.

Always open to new membership, we pledge our organizations to the support of our partners and share openly ways we can be of help to each other. From this strong base, we identify community problems and potential and develop programs together to address them, utilizing our shared awareness of our community resources.

#### **About Our Honorees**

This Directory is also about our honorees. For many REM Partner organizations, volunteers are our lifeblood. REM, for example, is an entirely volunteer army. Giving of one's talents through community service is highly commendable and important to the creation of a community where people thrive. This Directory proudly tells the story of exemplary volunteers honored in this year by REM Partner organizations. You will find them on the REM Partner Pages to follow.

# REM Partners for 2021

## **Boys & Girls Club and YMCA** of Greater Waterville at the **Alfond Youth & Community Center**







126 North Street, Waterville, ME 04901

207-873-0684

www.ClubAYCC.org

The Boys & Girls Clubs and YMCA of Greater Waterville at the Alfond Youth & Community Center is the only merged Boys & Girls Club and YMCA in the country. The AYCC opened in 1999, to continue the service of the Waterville Boys Club (estab. 1924), and the Waterville YMCA (estab. 1948). The AYCC's 72,000 square foot facility is the largest Boys & Girls Club in the country. Our unique nonprofit organization brings to the Greater Waterville Area and Mid-Maine the very best offerings in youth development, recreation and athletic programs, active older adults programs, Toddler Time, Adventure Playland, and family fun. Check out our website or follow us on Facebook or Twitter @aycmaine. Financial assistance is available.

ADVENTURE PLAYLAND & CLIMBING WALL - Parties welcomed!





Adventure Playland & Climbing Wall!! An indoor, inflated playground, obstacle course, bounce house, and slide facility! After School Program and Family Memberships. Public Sessions are on Saturdays, and Sundays all day as

well as evening hours on Mondays, Wednesdays, & Fridays

Licensed After School Childcare, ages 6 to 12 - FREE to children who are Free/ Reduced School Lunch eligible and ability to pay fees for other families. The After School Program offers a free hot meal and snack, free busing from Fairfield, Waterville, Winslow, and Oakland public schools, free homework help and tutoring by a teacher, Art Club, Drama Club, Computer Lab. There is after school Karate and Swimming. The Summer Enrichment Program fills summer childcare needs with fun, nurturing activities.



The Reach and Rise Mentoring Program is committed to youth

development by nurturing the potential of kids and teens to help them achieve and reach their full potential. The program is designed so mentors can more effectively understand and respond to emotional, behavioral and mental health needs

experienced by youth. Adult volunteers needed!



TRAIN ON MAINE'S FENWAY



CAMP TRACY

Summertime! Camp Tracy (www.CampTracy.org) in Oakland hosts traditional YMCA Day Camp experiences. Activities include boating, arts & crafts, archery, ropes course, swimming, boating, outdoor education, games and more! Camp Tracy also features several specialty sports camps, our New England Sports Camps provide the best of both worlds, Quality Sports Instruction plus a wide variety of Traditional Camping Experiences. Our featured sports include: Baseball, Lacrosse, Football, Swimming, and Karate. Learn more at www.NewEnglandSportsCamps.org.

# American Red Cross



#### A Tradition of Service

Phone: 207.872.5642 www.maineredcross.org

The **American Red Cross** has spent 125 years keeping our communities safe and helping families in times of crisis. As the need for the Red Cross continues to grow, we are committed to uphold our tradition of service to the community.

The Red Cross provides immediate relief to victims of house fires, winter storms, and flooding in the form of shelter, food, and clothing. In 2007, your local Red Cross chapter helped 83 families (243 individuals) get back on their feet after losing their homes to fire. With the cost of heating homes escalating, more families have turned to alternative sources of heat, resulting in a significant increase in home fires. In the first 6 months of this fiscal year we have seen a 40% increase in single family home fires over this time last year.

Since 1917, Red Cross chapters across Maine have been the key in delivering a range of critical services that directly affect the quality of life in our community. Critical life-saving skills in CPR and first aid classes, disaster relief services and emergency military communications and services are all a part of what the Red Cross does everyday here in Maine.

In carrying out these activities for over 90 years, we have relied on the volunteers that are the life-blood of the Red Cross. We actively encourage and develop the volunteer spirit. These efforts have contributed to an improved quality of life in our community. The example set by Red Cross volunteers is a mode of volunteerism that motivates us all. We are proud to have local volunteers living throughout Kennebec and Somerset counties, as well as around the State, who serve both locally and nationally when the need arises.

Your support makes it possible for volunteers to train others to save lives. Your contribution makes it possible for volunteers to provide relief to families who have lost everything in a disaster. Please support the Red Cross and its volunteers as we strive to serve those in need in this community.

Together, we can change a life!

We can be reached at www.maineredcross.org or by calling 872-5642.

## Central Maine Growth Council



It's our future, let's build it together

50 Elm Street Waterville, Maine 04901

(207) 680-7300

www.centralmaine.org

Central Maine Growth Council (CMGC), located in Waterville, Maine, is a public-private collaborative regional economic development partnership funded by municipalities and businesses who share a common vision of economic prosperity for our region. In cooperation with area education institutions and stakeholders, CMGC has launched Dirigo Labs, a regional startup accelerator, to galvanize forward-focused industry practices through sustainable and synergetic innovation.

CMGC is committed to fostering a robust regional economy. We are here to help businesses succeed. Whether you already have a business in central Maine or are looking to locate in our region, we invite you to find out more about our operations.

- Business Attraction/Retention
- Site Planning Assistance
- Workforce Development
- Grants & Public Finance Programs
- Municipal Planning & Policy
- · Tech, Innovation & Entrepreneurship
- U.S. Foreign Trade Zone 186

Administrator for:



## BPW/Maine Futurama Foundation



# Helping Maine women achieve economic self-sufficiency

#### A History of Helping

Since 1962, when the first small scholarship was presented, the Maine Business and Professional Women have helped Maine women achieve economic self-sufficiency by awarding scholarships to outstanding deserving women. The Kennebec Savings Bank has also joined in by providing corporate sponsorship. Recipients of these scholarships have gone on to take their place in the ranks of working women who contribute to the economic wellbeing of their families and the State of Maine.

#### **Ensuring the Future**

In 1987, the BPW/Maine Futurama Foundation was established to ensure the continued availability of scholarships. The Foundation is a 501 (c) (3) organization and all donations are tax deductible. The Foundation continues to enhance the BPW tradition of "women helping women." The BPW/Maine Futurama Foundation maintains an active scholarship program and solicits contributions to fund our scholarships in the future.

#### **Honoring the Past**

The Maine Women's Hall of Fame holds an annual Induction Ceremony on the third Saturday of March. One or two Maine women of achievements have been honored each year since 1990. Each year the ceremony has been held at the University of Maine at Augusta in observance of Women's History Month. The photographs and citations are on permanent display at UMA's Bennett D. Katz Library. BPW/Maine Futurama Foundation has been a co-sponsor since 1998.

#### www.bpwmefoundation.org



Lynn Soucy

**Lynn Soucy** has been involved in her community all of her life, inspired by her parents and the small community of Fort Fairfield. She graduated from Fort Fairfield High School and the University of Maine at Orono, with a degree in Business Administration.

She attained CPA designation, and worked in public accounting firms in Bangor for twenty-five years. Seeking a change, she left the public realm and became Accounting Manager at Pen Bay Medical Center in Rockland, from which she retired in 2018.

She has served non profit organizations as a volunteer and board member, including Good Samaritan Agency, Spruce Run, American Red Cross Bangor Chapter, and Mabel Wadsworth Center, usually in the office of Treasurer. She has served on the Board of Directors of community radio station WERU for many years, and is currently President and Treasurer.

In 1989 she joined UPtown BPW in Bangor, and soon became interested in the State organization as well. She served in leadership capacities at both levels. Lynn is now a member of Downeast BPW. She credits the local and state BPW organizations with giving her knowledge and confidence, and introducing her to wonderful, community-minded, hard working women, and she cherishes the friendships she formed with other members

She served as State BPW President in the 1995 – 1996 year, and Futurama Foundation President the following year. In 1997 she became Treasurer of the Futurama Foundation, and continues in that capacity. She also participates in the Futurama Scholarship Committee.

After she retired, Lynn and her husband Peter moved to Portland, and enjoy city life. In retirement Lynn has developed and published a trivia game about Mainers, collaborated with her high school classmates in writing a book about the 45 members of that class who served in the military, serves on the board of her homeowners' association, volunteered at a COVID-19 vaccination clinic, and remains committed to a wide circle of family and friends.

# Children's Discovery Museum

#### We Can't Wait to Welcome You! A New Place to Play, Coming Soon to Waterville

Through interactive exhibits and programs, the museum helps children develop a foundation for understanding the world around them, provides a sense of connection to their environment and community, and deepens understanding of their own capabilities. The Museum has been in operation in Augusta since 1992, but the organization is expanding! The Museum has relocated to a much larger space in Waterville and is currently working on the design and fabrication of a brand new exhibit hall.



7 Eustis Parkway, Waterville childrensdiscoverymuseum.org



- Our new building has an approximately 3,000 square foot Exhibit Hall, additional 3,000 square foot Gathering Hall and a separate birthday party room, classroom space, bathroom, and office
- Our exhibits will celebrate exploration and experimentation through play. Four distinct zones — the Rural Zone, City Zone, Mill Zone, and Watershed — will offer a range of hands-on experiences that support and welcome sensory discovery, collaborative and solo activities, and learning opportunities for a diversity of Central Maine children and families.
- A full menu of programs including camps, field trips, and afterschool programs encourage youth to explore exhibits (and their world at large) in innovative ways.

## City of Waterville



One Common Street • Waterville, Maine 04901 Phone: (207) 680.4200 • Fax: (207) 680.4207

The City of Waterville is governed by a City Council. The City's chief administrative officer is the City Manager, who is responsible to the Council for the management of all City affairs as provided for in the Charter. The City Manager, working with individual department directors, is also responsible for the performance of all City departments.

More information and services are available online at: www.waterville-me.gov Like us on Facebook: www.facebook.com/WatervilleMEOfficial



**Emergency Phone: 9-1-1** 

**Administration** • (207) 680-4204 **Airport** • (207) 861-8013 Assessing • (207) 680-4221 Clerk's Office • (207) 680-4024 Code Enforcement • (207) 680-4231

WARD 5 · Richard Foss

rfoss@waterville-me.gov

#### CITY DEPARTMENTS

**EMERGENCY SERVICES** 

Fire Department: (207) 680-4735

Engineer • (207) 680-4232

Finance Department • (207) 680-4241 Health & Welfare • (207) 680-4227 **Human Resources** • (207) 680-4215 Parks and Recreation • (207) 680-4744 City Manager · Stephen Daly Phone: (207) 680-4204 citymanager@waterville-me.gov

Police Department: (207) 680-4700

Pine Grove Cemetery • (207) 680-4243 **Planning** • (207) 680-4230

**Public Library** • (207) 872-5433 **Public Works** • (207) 680-4744 School Dept. • (207) 873-4281

#### CITY COUNCIL

WARD 1 · Michael Morris Phone: (207) 505-2902 mmorris@waterville-me.gov WARD 2 · Flavia DeBrito Phone: (207) 660-7212 fdebrito@waterville-me.gov WARD 3 · Thomas Klepach Phone: (361) 947-7367 tklepach@waterville-me.gov

WARD 4 · Rebecca Green Phone: (207) 331-3595 rgreen@waterville-me.gov

WARD 6 · Claude Francke Phone: (207) 653-4943 Phone: (207) 495-1225 or (207) 465-5761 cfrancke@waterville-me.gov

WARD 7. Erik Thomas ethomas@waterville-me.gov



## Colby

# Colby CIVIC ENGAGEMENT AND COMMUNITY PARTNERSHIPS

The Office of Civic Engagement facilitates long-term partnerships and civic engagement initiatives that unite campus and community in collaboration on real-world projects that address pressing social challenges. Through experiences focused on civic learning and democratic engagement, students are emboldened to become innovative leaders and active citizens who will foster the common good and propel social change in their local communities and the broader world.

A deep commitment to collaboration and partnership with Waterville and other Central Maine communities is woven into the fabric of Colby's institutional history. Formal and informal opportunities for engagement in the civic life of Waterville and Central Maine have been available to Colby students, faculty, and staff for many years. By intentionally integrating the curricular and cocurricular, the academic and the experiential, Colby has successfully developed innovative and impactful civic engagement initiatives that both contribute to the community and enhance educational outcomes. A rich array of courses designed to address public issues and a range of both powerful and popular volunteer and civic engagement opportunities and programs have enabled students to link scholarship and civic life in meaningful ways.

The establishment of the Office of Civic Engagement and Community Partnerships in 2018, signaled a renewed commitment to collaboration and partnership that has the potential to transform the experience of students, faculty, staff, and community members while strengthening the relationship and bonds between Colby and the local community. The program supports collaborations and facilitates student opportunities with agencies and organizations working on a variety of issues such as education, environmental justice, arts and culture, and food and housing insecurity, among others. The office forms liaison relationships with community-service providers, municipal and government officials, the religious and spiritual community, granting agencies, and foundations to develop a paradigm of shared learning and knowledge for faculty, staff, and students at Colby.

Grounded in three distinct program pillars civic inquiry, public action, and community leadership, civic engagement is integrated into the student experience through intentional strategies that deepens intellectual engagement, enhances community belonging, fosters civic leadership and engages students in purposeful work that responds to both local and global challenges. Since 2018, nearly half of the student body participates in some form of civic and community engagement, working with an average of seventy community partners each academic year. By forging meaningful relationships with community organizations and working collectively with stakeholder communities, Colby students develop the skills to build new civic models and participate in democratic engagement as a lifelong practice. Ultimately the program will deepen and strengthen the relationship between Colby and Waterville, open new avenues for educational and civic collaboration, and sustained community partnerships.

The Office of Civic Engagement and Community Partnerships is located in the Bill & Joan Alfond Main Street Commons in downtown Waterville. Community members can reach staff at civicengagement@colby.edu, and learn more about our program by visiting our website https://life.colby.edu/what-to-do/civic-engagement/

# Fairfield United Methodist Church



P. O. Box 313 37 Skowhegan Road Fairfield, ME 04937 (located at the intersection of I-95 and Route 201)

phone: 207-453-7505 email: fumcme@hotmail.com www.fairfieldmethodist.com Rev. Chong Choi

**The mission** of the Fairfield United Methodist Church is to lovingly gather those seeking God, helping them to grow in their faith by leading them to become disciples of Jesus Christ that they may go out and share the Good News.

**The vision** of the FUMC is to welcome all God's children to a mission-oriented church and a Christ-Centered community built on close, loving relationships.

Sunday School for children 9:15 a.m. Adult Sunday School 9:30 a.m. Sunday Worship 10:30 - 11:30 a.m. Holy Communion is celebrated the first Sunday of the month.

- · United Methodist Woman's group
- Men's group
- Bell ringers
- AA Groups
- · Community Interfaith Projects
- Prayer Shawl Ministry



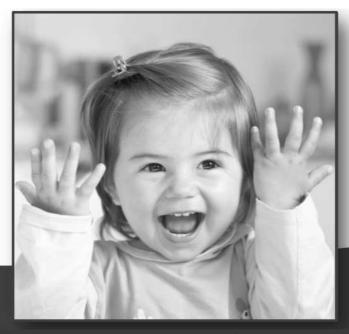
Marc Veilleux

The Fairfield United Methodist Church wishes to honor Marc Veilleux as Volunteer of the Year for 2021.

He goes over and above to help those in need. Looks after church repairs, mows the grass, cooks for church events, drives folks to meetings, helps the pastor as needed, plays guitar, works with the men's group, and keeps community and needs prayerfully connected.

Also, a BIG thanks to all who work behind the scenes to keep things running smoothly even through this pandemic.

### **Educare Central Maine**



Educare Central Maine is a high quality learning and development center partnering with families and communities to ensure school readiness for children birth to age five.

- Our comprehensive program incorporates everything science says young children need to flourish.
- ✓ We partner with families because learning doesn't stop when children leave the classroom.
- We partner with community providers to support their quest for higher quality learning environments.

Our work is not complete until every child has an equal chance to succeed.



58 Dummond Avenue Waterville, ME 04901 207-680-7200 www.educarecentralmaine.org

Educare Central Maine is a partnership among Kennebec Valley Community Action Program, Waterville Public Schools, Buffett Early Childhood Fund, and the Bill and Joan Alfond Foundation

# First Congregational Church United Church of Christ, Waterville





First Congregational Church
United Church of Christ
21 College Ave
The Elm Rear entrance
Waterville, Maine 04901

Mailing addr: PO Box 1585 Waterville, ME 04903 (207) 872-8976 www.watervilleucc.org Facebook: WatervilleUCC

Seeking to walk in the Way of Jesus, we are an Open and Affirming church faithfully using what we have and who we are to serve those on the margins of our community.

No matter who you are, or where you are on life's journey, you are welcome here!

In addition to being a place of worship, the First Congregational Church offers fellowship and education for all ages. We are a community committed to the call of Christ to care for all of God's people and creation.

We look forward to the future by continuing the faith, courage, love, persistence, and faithfulness to Christ that have been the hallmarks of our 190 year-old history.

# Good Will-Hinckley



Good Will-Hinckley PO Box 159 Hinckley, ME 04944 www.gwh.org 207-238-4000

Good Will-Hinckley (GWH) is a non-profit organization whose mission is to provide a home, educational opportunities and a supportive environment to youth, families, and communities we serve that are in need of a helping hand.

Current GWH programs include:

- The Maine Academy of Natural Sciences (MeANS) Maine's first public charter high school, which focuses on forestry, agriculture, sustainability and alternative energy.
- The Glenn Stratton Learning Center (GSLC) offers educational services to students in grades Kindergarten through twelve who experience significant social-emotional and behavioral challenges.
- College Step-Up & Transitions Program dedicated to guiding young adults in a supportive living environment with opportunities in education, vocation and life.
- L.C. Bates Museum Maine's natural history museum.
- Campus Living Program offers a safe home environment to our MeANS students who live too far to commute
  to school daily.
- Roundel Residential Program provides a therapeutic living environment using a trauma-informed approach to youth ages 12-21.



# Healthy Northern Kennebec



Vision: Everyone thrives in our vibrant, healthy communities.

**Mission:** To create healthy communities where everyone is empowered to reach their fullest potential.

149 North Street
Waterville, Maine 04901
fran.mullin@mainegeneral.org
www.healthynorthernkennebec.me
(207) 872-4127

"Health starts where we live, learn, work and play!" Since 1988, organizations and individuals in the Healthy Northern Kennebec coalition have collaborated to identify local health problems and work toward solutions.

#### Healthy Northern Kennebec's role is:

- To convene meetings with community stakeholders
- To develop and implement community plans, and
- To support policy and system improvements for healthier communities for all

#### Our Priorities are:

- Substance use prevention
- · SNAP-Ed nutrition education
- · Access to healthy food for all

#### We care about each other!

Healthy Waterville is an initiative of Healthy Northern Kennebec with the aim of improving the health of all 16,000 Waterville residents by 2020 by increasing community connections and access to nutritious food for all.



# Hospice Volunteers of Waterville Area



Susan Roy, Executive Director
Hospice Volunteers of Waterville Area
304 Upper Main Street Waterville, Maine 04901
Phone 207-873-3615 x 13 ~ FAX 207-873-5094 ~ www.hvwa.org

Hospice Volunteers of Waterville Area (HVWA) is a non-profit organization founded in 1980 that serves 27 communities in central Maine. Hospice Volunteers of Waterville Area promotes quality of life by: Providing non-medical support to individuals and their families at the end-of-life, support to grieving individuals, and education and support for the community regarding issues related to death and grieving. Bereavement services are available to anyone who has sustained loss either through illness or unexpectedly. HVWA is volunteer-based and community-funded.



Our volunteers are invaluable! Join us today...visit our website www.hswa.org to fill out a volunteer application.

Since 1970 our mission has been to shelter animals until they find permanent homes, to educate the community about responsible pet ownership, and to advocate for the humane treatment of all animals.

Humane Society Waterville Area 100 Webb Road Waterville, ME 04901 207-873-2430 | www.hswa.org



#### Waterville Area Humane Society - Volunteer Today!

HSWA is currently accepting new volunteers! We recently started opening up volunteer opportunities again after approximately a year of social distancing from the community. To continue to stay safe during these times, we do require our volunteers to show proof of their Covid Vaccination Record, as well as wear a mask inside our building while volunteering. We are hoping these trying times diminish sooner rather than later, but our loveable furry friends could definitely benefit from your help today! If you're interested in signing up or getting additional information, please email our Volunteer Coordinator at volunteering@hswa.org. We are flexible with times and dates for volunteer shifts, whether it be a recurring schedule, picking and choosing shifts at whim, or volunteering only at our special fundraising events, we can make it work!

#### Bonnie Krause - Spotlight Volunteer & Foster for HSWA

When you hear the name "Bonnie Krause" the first thing that pops up in most people's minds is "Neonatal Guro" and that is because she is in fact the guro, master and specialist of neonatal kitten fostering. We were very lucky when Bonnie started to foster with us here at the Humane Society of Waterville Area in March of 2019. She started out with just fostering kittens and pregnant mothers but as bottle babies continue to pop up without mothers Bonnie took on the challenge and started to learn how to help and care for bottle babies. From the beginning stages of bottle feeding, learning how to stimulate newborns all the way to digging into the medical aspects of neonates, Bonnie is a self taught neonatal care taker and with the help of the "Kitten Lady" on Youtube, she continued to grow as a bottle baby foster. From 2019 Bonnie has fostered 174 kittens/ mother cats, 3 puppies and currently has 3 foster kittens in her home that she has raised from a bottle. This spectacular neonatal specialist has been through so many medical marvels and has caught the strangest diagnoses from neurological disorders to getting premature kittens with a grim chance of survival. You could absolutely say that here at HSWA we are incredibly lucky to have such a talented and kindhearted foster that always goes the extra mile to ensure that every bottle baby, no matter the diagnosis, will always get the best chance at survival.



**Bonnie Krause** 

### KENNEBEC BEHAVIORAL HEALTH



# Join REMnet Blast



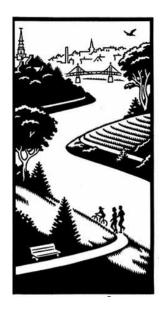


If you're lookin' to have a blast...no matter what you do to celebrate life...chances are great that one of the REM Partner organizations in this Directory is presenting an opportunity you just don't want to miss!

Weekly, REM sends a "REMnet Blast"...a compilation of the event information REM Partners have sent to REM. So, when you're wondering what to do for a special occasion or just to get out of the house...here's a great resource...and it comes to you. No searching necessary!

How to connect? Send an email to remnet@rem1.org and let folks know you'd like to be on the REMnet Blast.

# Kennebec Messalonskee Trails



**KMTrails** PO Box 2388 Waterville, ME 04903

www.kmtrails.info (207)873-6443

Kennebec Messalonskee Trails' network continues to grow. We now have more than 40 miles of trails throughout the City of Waterville and its surrounding Towns of Oakland, Fairfield, Benton and Winslow. One of the most popular trails allows for a pleasant bike ride for the 8 miles from Benton, south along the Kennebec to the Winslow Schools trails, then via Scott Park, the 2 Cent Bridge and Head of Falls to city streets on the way to the Quarry Road Recreational Area. More routes are planned throughout the community. The idea is to have everyone active, walking and biking to enjoy not only our beautiful open spaces but also for getting from point A to point B within our city and towns.

We are an entirely volunteer organization, working with municipalities and others to locate, design and build the trails, encouraging the public to use the trails, and as volunteers to keep them in good shape. We welcome participation.

# Kennebec Montessori School



Founded in 1976, KMS is the oldest Montessori school in the state, and is accredited by the American Montessori Society. We offer Preschool, Kindergarten and Elementary programs to children ages 3 to 12.

In addition to the Montessori curriculum, we offer special instruction in Music, Spanish, Physical Education and Art. Frequent field trips offer the opportunity to explore the world beyond the classroom. Our Summer Program is open to all children, ages 3 to 8.

We welcome visitors! We are located on 14 acres nestled amidst farmland in Fairfield just off I-95. Please call 453-6055 for more information or to arrange an observation. Or visit

us online at www.kennebecmontessori.org.

info@kennebecmontessori.org

and fosters respect for self, others, and the environment.

KMS is an equal opportunity employer and service provider Accredited by the American Montessori Society 453-6055

Fairfield, Maine

EBEC MOA **SCHOOL** 

WWW.KENNEBECMONTESSORI.ORG

# Kennebec Valley Community Action Program (KVCAP)



97 Water St., Waterville, ME 04901 Phone: 1-800-542-8227 Email: info@kvcap.org Website: www.kvcap.org

The **Kennebec Valley Community Action Program (KVCAP)**, is a private, non-profit organization that serves individuals and families in Kennebec, Somerset, Lincoln, and Sagadahoc counties. Incorporated in 1965 under the Economic Opportunity Act and the Community Service Act, KVCAP's mission is "to strengthen individuals, families and communities by providing direct services, and by partnering with others to create sustainable solutions to poverty in an ever-changing environment." We creatively invest funding dollars to make the greatest, positive impact on the lives of the low-income families we serve.

KVCAP offers many programs and services including the following: child care, Early/Head Start, and preschool; the Kennebec and Somerset Explorer public bus system and transportation to medical appointments; home visiting for families with children prenatally to kindergarten (Maine Families and Head Start); Child Abuse Prevention Councils; Employment Services; Resource Navigators; fuel assistance, weatherization, home repair, homebuyer education, and financial coaching; and the South End Teen Center.

# Kennebec Valley Community College

**Kennebec Valley Community College** (KVCC) is a two-year commuter college. It is accredited by the New England Association of Schools and Colleges (NEASC).

Our mission is to "prepare students to achieve their educational, professional and personal goals in a supportive environment inspired by shared values of responsibility, integrity, and respect." To accomplish this mission, KVCC offers more than 30 associate degree, diploma, and certificate programs that meet both citizen and employer needs in a caring and inclusive environment. We have an especially wide array of Allied Health programs and a popular Associate in Arts in Liberal



Studies program that prepares students to transfer to 4-year institutions. Many of the programs at KVCC have articulation (transfer) agreements with other colleges, so that upon graduation students are able to more easily continue their education at the associate or bachelor degree level without loss of credit.

For Fall 2010, we enrolled more than 2,400 students, including more than 1,800 degree-seeking students, and enrollment continues to rise each fall.

KVCC maintains a 97% job placement rate for graduates. Most of our graduates find jobs right in the region, primarily in Kennebec and Somerset counties.

#### Kennebec Valley Community College

92 Western Avenue Fairfield, Maine 04937 Michelle Gayne, 453-5040 www.kvcc.me.edu

# Kennebec Valley Council of Governments



**Kennebec Valley Council of Governments** (KVCOG) is a municipal services corporation which was founded in 1967 and is owned and operated by and for the benefit of its members. KVCOG helps its members to deliver cost effective and efficient

17 Main Street Fairfield Maine, 04937

Phone: (207) 453-4258 Fax: (207) 453-4264 www.kvcog.org

municipal services, to create a more stable, growing, and diversified regional economy, to improve transportation and communication, and to preserve our natural environment through conservation of resources and wise land use planning and decision-making.

KVCOG grew out of a shared desire by municipal officials in Kennebec, Somerset, and western Waldo Counties to take a regional approach to improving life for their citizens by pooling resources and building their capacity to solve problems and to take advantage of opportunities not otherwise available to any one municipality. KVCOG is an example of a successful and productive regional collaboration in practice.

# Kotlas-Waterville Sister City Connection



The Kotlas-Waterville Area Sister City Connection strives to develop friendship and understanding between the people of Central Maine and of Kotlas in Russia. To that end the Connection sponsors educational and cultural programs in the Waterville area to raise awareness of Russia and of Kotlas. As part of its community outreach the Connection has arranged a Russian film series through the local adult education program, has participated in area festivals, and has sold Russian-made Christmas ornaments. Over the years, federal grants have made possible visits of municipal leaders, educators, and social service workers from the Kotlas

area. Additionally a locally-sponsored delegation from Kotlas studied our medical programs. Throughout the period teacher/student groups have come to the Waterville area to participate in the Russian Sampler, a day-long program to expose area junior and senior high school students to Russian language, history, and culture which is co-sponsored by the Colby College Russian Department. There have been many other official and private visits by people from Kotlas. From the beginning people from the Waterville area have returned the visits.

In 2017 members of the Kotlas Connection participated in the Kotlas celebration of the 100th anniversary of its founding. In 2015 a major event was celebrating the 25-year connection between Kotlas and the Greater Waterville area. A delegation from the Waterville area went to Kotlas in April of that year to celebrate the anniversary of the signing of the sister city agreement and to participate in the Kotlas American Sampler. In late June of 2015 the mayor of Kotlas led a delegation to the Waterville area to continue the celebration. Displays throughout the area in June and July reminded all of the present and past events in the history of the sister city connection.

The Connection holds an annual meeting, open to the public, with a Russian-based program. Waterville area citizens, municipal leaders, and civic, social, and business groups have supported this project over the years. Thus, one small effort to develop and maintain friendly relations between our two countries has blossomed.

Visit our website, where you will find our newsletter, pictures of Kotlas, and information about Kotlas and the Kotlas Connection. The URL is http://www.kotlas.org. We can also be reached at P.O. Box 1747, Waterville, ME 04903-1747.

# Literacy Volunteers of Kennebec



info@Iva-augusta.org www.Iva-augusta.org 12 Spruce Street, Suite 4 Augusta, ME 04330 207-626-3440 207 458-7592 (c)

Formerly Literacy Volunteers of Greater Augusta and Literacy Volunteers-Waterville Area

The new LVK will be providing literacy services for all of Kennebec County that both organizations have been conducting for almost 50 years. LVK will continue to be an Affliate of ProLiteracy, providing the best adult and family literacy efforts possible. LVK will continue the community partnerships both organizations have in Kennebec County that are essential to supporting our community.

LVK offers help to those learning English as a second language, individuals with intellectual disabilities, and native English speakers who may have a need for improving their reading, writing, and/or speaking ability. A learner-centered approach allows LVK to provide individualized services that help adults develop the literacy skills they require to obtain a driver's license or high school diploma, complete job applications, read to children, navigate health care and financial matters, and gain technology skills. Free and confidential help is provided by trained tutors who understand the challenges people face. The pandemic severely limited tutors meeting face to face, so LVK initiated a technology program which provides tutors and learners with tablets, helping learners have the tools and skills to improve digital literacy. The LVK Technology Consultant trains and supports new tutors, increasing digital and in person literacy services over the entire county. Family Literacy programs include general advocacy for families reading together and hosting family literacy events like our annual StoryWalk and family-focused summer programs that get books out to children and families.

Literacy impacts a wide range of social issues from poverty rates to rates of employment, incarceration rates, and health care costs. Low literacy is correlated with low educational attainment, employment challenges, and low income. Those adults with the lowest levels of literacy also live in poverty. The impact is generational and LVK can help.

LVK is honored to carry on the tradition of Literacy Volunteers-Waterville Area, we are thankful for the dedication of all of our volunteers who give so much of themselves.

Helping people read, write and reach their potential.

# Maine Association of Nonprofits



Maine Association of Nonprofits 565 Congress Street, Suite 301 Portland, ME 04101 (207) 871-1885 www.NonprofitMaine.org

Maine Association of Nonprofits (MANP) powers the common good by strengthening the leadership, voice and organizational effectiveness of Maine's vital nonprofits. With a growing statewide membership of more than 1,000 mission-driven organizations MANP is a vocal advocate for the work and worth of Maine nonprofits, builds the capacity of individual organizations through leadership and management training, online resources, and cost-saving member benefits, and weaves connections among new and seasoned nonprofit professionals and volunteers to lift up effective, innovative practices and foster collaboration. With sliding scale dues and scholarships available, all nonprofit organizations are invited to join this network of people with purpose and take advantage of benefits such as:

- High-quality professional development opportunities
- Board Explorer a free members-only tool for finding board candidates
- Resources & answers from our nonprofit help desk
- A low-cost job board
- Discounts on grantseeking tools
- And more!

# Maine Children's Home



93 Silver Street
Waterville, ME 04901
Phone: 207 873-4253
info@mainechildrenshome.org
www.MaineChildrensHome.org

The mission of the Maine Children's Home (MCH):

To build and strengthen families and their children, instilling hope for the future and a better quality of life.

About MCH: Who we are. What we do. How your support helps.

Maine Children's Home has been building and strengthening families since 1899 through its core programs:

Family Adoption Program: Providing a lifetime of services for birth parents and adoptive families

The Hague-accredited Family Adoption Program at MCH is a comprehensive adoption program that offers professional services and support to all members of the adoption triad — adoptive parents, birth parents, and adoptees.

Family Adoption Program helped nearly 70 clients in 2020, building their families, guiding them toward healthy attachments, and connecting them with needed resources.

Family Counseling Center: Guiding toward hope, healing, and wholeness

Family Counseling Center at MCH is a state-licensed outpatient mental health program and facility that provides counseling to individuals, couples, children, and families. The center's Child & Family Therapists specialize in trauma-informed, trust-based approaches and play therapy to support the unique needs of each client.

Family Counseling Center serves more than 350 clients each year, providing a warm, welcoming, and comfortable environment where clients can receive the best possible mental health care.

Teen Parent Education Program: Helping teen parents build a foundation for the future

Teen Parent Education Program provides a stable and productive community environment where teens and young parents can receive academic support, prenatal education, parenting instruction, independent living skills, mental health support, child care, and guidance for achieving their goals and building a strong foundation.

Teen Parent Education Program supports between eight and 20 teens per year in a positive and compassionate community environment.

Connected Families Project: Offering powerful, accessible tools to help strengthen families

Connected Families Project shares trauma-focused and trust-based skills with caregivers to help create nurturing and supportive environments where children can thrive. This initiative offers trainings, resources, and support groups to parents, caregivers, educators, families, professionals, and communities who work with children.

Connected Families Project offers 10 to 15 classes each year for birth, kinship, and adoptive families and caregivers, monthly support groups, and periodic special trainings for teachers, therapists, and childcare providers.

Christmas Program: Sharing joy and winter warmth with kids and families

Christmas Program is the only one of its kind that provides brand new clothes, winter essentials, toys, books, and games to Maine children whose families are facing financial hardship. This program that relies on the generosity of so many people — donors, volunteers, and community supporters — also connects families to licensed social workers who can provide mental health and parenting support.

Christmas Program provides support for more than 1,500 children each winter.

#### **Support Maine Children's Home**

Donations to Maine Children's Home help to provide specialized training to therapists and social workers; books, trainings, and resources to families; supplies for holiday assistance; and much more.

Donate at MaineChildrensHome.org/donate

Linette Gamache

"It is a joy to recommend Linette Gamache as an outstanding volunteer for Maine Children's Home. Linette has had a strong connection with our organization for more than 46 years.

Although Linette was involved at first as an enrolled teen parent in the Sharon Abrams Teen Parent Education Program, she has volunteered and assisted with many roles over the years. Linette has been an advisor, mentor, and has served on fundraising committees and in many roles on the Board of Directors, including two separate terms as the President of the Board of Directors. Linette went on to hold a number of key positions in the insurance industry and eventually found her passion as the owner and operator of the Mane Management Salon in Vassalboro. We are very thankful for Linette's commitment and concern for teen parents and Maine Children's Home.

In addition to her support of MCH, Linette does amazing great good in the community with her business, "Mane Management," and is tattooed into the heart of the community through her uplifting drumming.

Thank you for touching so many lives in such a meaningful way, Linette!"

- Rick Dorian, Executive Director of Maine Children's Home

# **Celebrating MaineGeneral Volunteers**

Thanks to all of our volunteers for their dedication, service and compassion.







Jim Moore epitomizes care and compassion that all MaineGeneral volunteers bring to patients and families. Thanks to Jim and all our volunteers for making other people's lives better.

Chuck Hays, President & CEO, MaineGeneral Health

#### MGMC's volunteers:

- Gave more than 17,537 hours of service to MaineGeneral Medical Center in 2020.
- Fulfill an important role in MaineGeneral's mission to provide the very best care in our community.
- Came into our buildings during this unprecedented year, as well as made masks, dolls, blankets and prayer shawls at home for our community.

MaineGeneral volunteers are the best! Learn more about the many ways our volunteers contribute to our mission at www.mainegeneral.org/about-us/volunteering or call 207-626-1243 or 207-872-1225.



# Mid-Maine Chamber of Commerce



Mid-Maine Chamber of Commerce is dedicated and committed to promoting, educating and advocating for business prosperity and regional economic improvement. Its vision is to be the leader and partner in providing real value and service to its members.

Visitor Center
50 Elm Street
Waterville, ME 04901
207-873-3315

www.midmainechamber.com

Chamber Gift Certificates

Member Advantage Discount Cards

Networking

Marketing

Hot Deals

For mid-Maine's largest networking event visit:

**Job Listings** 

www.midmaineb2b.com

For the best bass fishing in the country visit:

www.midmainebass.com

For central Maine's biggest food festival visit:

www.tasteofwaterville.com

Your local resource for what's happening in our region!

Arts. Entertainment. Community

Find it here:

www.MidMaineFun.com

# Mid-Maine Global Forum



**The Mid-Maine Global Forum** is a local nonpartisan, nonprofit organization which contributes to our understanding of global issues by sponsoring speakers, films and events on international issues.

The Forum has been offering programs for over twenty-five years. Most events are luncheon lectures held at the Alfond Center. Additionally, the Forum offers speakers and events in area high schools, at the Margaret Chase Smith Library, the Maine Holocaust and Human Rights Center in Augusta, and at the Waterville Public Library. The Forum also is a sponsoring organization for the Maine International Film Festival, partners with the Waterville Rotary Club, the Margaret Chase

Smith Library in Skowhegan, the Oak Foundation at Colby College, the Waterville Public Library, and REM.

All speakers are experts in their specific areas and have extensive experiences around the world. Recent speakers have included Derek Mitchell, former ambassador to Myanmar, speaking on "The Value of American Foreign Policy in Asia and the World," Professor Hong Zhang speaking on "Political Satire and the Authoritarian State in Contemporary China," activist and filmmaker Jinyang Zheng offering a presentation on "Video Confession, Surveillance, and 'Sousveillance' in Digital China," and Kennebec Valley Community College's President, Dr. Richard Hopper presenting on "Higher Education in the Palestinian Authority" after his recent trip to the Middle East working with Palestinian post-secondary education institutions on accreditation.

The Forum's Board members all come from Central Maine and share a passion for learning more about our complex world.

Members pay small annual dues which support programs and outreach to local high schools. You do not have to be a member to attend any of the programs.

To be put on the mailing list, inquire about joining or find out about upcoming events please inquire through the web site www.midmaineglobalforum.org.

### Mid-Maine Homeless Shelter & Services



19 Colby Street Waterville, ME 04901 207-872-8082 www.shelterme.org

**Our Mission:** Ending Homelessness in Mid-Maine, one person, one family, and one child at a time.

**The Mid-Maine Homeless Shelter & Services** (MMHSS) opened for services on November 26, 1990. The Shelter has steadily grown in space and service offerings, thanks largely to the contributions of funds and volunteers from our community. Our mission is to make certain that homelessness is a rare, brief and one-time event in a person's life story.

MMHSS offers an emergency shelter that includes targeted case management and housing navigation, nutritious meals, a resource center with 24/7 support, and a wealth of programs to help individuals experiencing homelessness find stability and build the skills they need to move toward stable living.

In addition to our emergency shelter, our project devoted to homeless youth, called YES – Youth Empowerment Services, includes long-term affordable housing for young adults in the form of apartments that occupy our second floor. Our goal is to empower these young people to live independent and stable lives and fully participate in their community.

**Kelly Rancourt** was born and raised in Central Maine and now lives in Clinton with her husband David. She started volunteering at the Shelter in 2005 when it was located at 28 Ticonic Street in Waterville. At that time the Shelter housed 18 guests and she assisted every Monday with preparing and serving dinners.

While working for Kennebec Savings Bank in Waterville, she joined the Events Committee in 2013, and later became the Chairperson of the Committee. During her time on the Events Committee, she organized and volunteered at a number of fund-raising activities. Kelly also served on the Finance Committee from 2016-2021. She and her husband have cooked and served Thanksgiving dinner for the last five years at the Shelter and remain loyal supporters of the organization.

Kelly has contributed to and supported with passion the needs of our growing organization. Kelly's recommendations, follow up and partnerships have been instrumental in the strength of MMHSS's financial base.



**Kelly Rancourt** 

Kelly will often go beyond the role of a committee member with serving in whatever capacity is needed.

# **New Ventures Maine**

New Ventures Maine is committed to helping people succeed in their jobs, businesses, and communities. Formerly known as Women, Work, and Community, we have guided individuals through life's transitions for 38 years. We are part of the University of Maine System.

All services are free to participants. We offer in-person and online options, and individual coaching. We offer programs that encourage and empower those thinking about making a change to take the next steps toward a new career, a new business, a new understanding of financial matters, a new life.



#### New Ventures offers four program areas:

**Building your Career:** Review your skills and experience, explore job and career possibilities, consider education and training options, develop a career plan. Succeed in the workplace.

**Starting a Business:** Explore self-employment, take the first steps to get a business off the ground, write a business plan, sustain business success, and network with peers.

**Managing your Money:** Reach your financial goals by learning to plan and budget, save for the future, use credit wisely, and increase assets. Learn about matched savings opportunities.

**Becoming a Leader:** Includes training and coaching to explore your community, use your voice and influence others, develop leadership skills, turn ideals into action. Learn how to contribute your ideas, talents and time to building stronger communities.

In our programs, participants recognize strengths, overcome obstacles to success, find resources, develop a plan, and take action toward achieving their goals.

Contact us: phone 1-800-442-2092, or email info@newventuresmaine.org
Visit our website for more information current class schedules:
newventuresmaine.org

# Northern Light Home Care & Hospice



#### LifeSafe - Emergency Response Service

- For about a \$1 a day, LiveSafe can provide the extra security needed to help keep loved ones safe at home
- With a push of a button, LiveSafe operators respond to any medical emergency. 24 hours a day
- · Fall detection package also available

#### Home Health Services

- · Physical, Occupational & Speech Therapies
- Skilled Nursing Services
- Palliative Care
- Medical Social Work
- Telehealth Home Monitoring
- Wound Care
- Compassionate Home Health Aides

#### **Hospice Services**

- · Compassionate End of Life Care
- Pain & Symptom Management
- Bereavement support for patient and family
- Social Work & Chaplain services for patient & family
- Compassionate Hospice Aides
- Volunteer services

Counties Served: Cumberland, York, Kennebec, Somerset, Penobscot, Hancock, Aroostook Phone 800-757-3326 Fax: 207-756-8676 Website: www.northernlighthomecarehospice.org Northern Light Home Care & Hospice, 50 Foden Rd, South Portland, ME 04106





Continuing Care, Lakewood

# **Volunteers are VIPs**

At Northern Light Inland Hospital and Northern Light Continuing Care, Lakewood, volunteers are vital contributors to helping us achieve our mission to care for and serve our community. Their helping hands and giving hearts are a gift to us in many ways. Whether they are comforting a patient in the hospital, assisting a resident, working in the gift shop, greeting people at the front door, or assisting with mail, materials or clerical work, volunteers are VIPs in our world!

Thanks to our many community volunteers who help us make healthcare work better for the communities we serve.



#### Inland

Mohammed Atif- Sheikh Rona Backstrom Wendy Burton Barbie Carbino Neal Caron Nancy Charland Judith Couture Cindy Davidson Judy Deschaine Tom Deschaine Evelyn Fish Connie Francoeur Janelle Gath Deborah Gilbert Avis Grant Nancy Grunder
Nancy Hachey
Jane Hutchins
Elizabeth Leonard
John Margolis
James Mathieu
Judith McCaslin
Brennah O'Connell
Joseph Roy
Annabeth Rynders
Ronald Small
Sandy Small
Scott Tilton
Eleanore Weiss
Margaret Williams

#### **Junior Volunteers**

Lindsey Jason Andrei Llanto Joseph Morin

#### **Clergy** John Balicki

#### Lakewood

Father Dan Baillargeon Grace Dodig Mike Doucette Elise Roy-Hobbs Norton Webber

To make a difference by volunteering at Northern Light Inland Hospital, please call Maggie Simpson, 861.3325 or at Northern Light Continuing Care, Lakewood, please call Michelle Rossignol, 873.5125.

# PFLAG Waterville

PFLAG envisions a world where diversity is celebrated and all people are respected, valued, and affirmed inclusive of their sexual orientation, gender identity, and gender expression.

PFLAG mission is to build on a foundation of loving families united with LGBTQ people and allies who support one another, and to educate ourselves and our communities to speak up as advocates until all hearts and minds respect, value and affirm LGBTQ people.



In 2010, PFLAG Waterville became a REM Community Initiative. After five years of developing a local PFLAG chapter, the group officially incorporated in Maine in 2015.

Uniting people who are lesbian, gay, bisexual, transgender, and queer (LGBTQ+) with families, PFLAG Waterville, a chapter of PFLAG National, meets at 5:30pm on the 3rd Tuesday of each month. All those interested in promoting the health and well-being of gay, lesbian, bisexual and transgender persons are invited to attend. Priorities of the meetings are maintaining confidentiality and providing support (e.g., learning of specific support groups, learning how to help/support children who have self-identified). If there is remaining time, other topics (e.g., planning events) are discussed.

Due to COVID-19, we currently hold virtual meetings. When Pleasant Street Methodist Church reopens to outside groups, meetings will return to 61 Pleasant St., Waterville. At that time, we hope to have hybrid meetings with people physically in attendance and others participating via ZOOM.

Email watervillepflag@gmail.com or call (207) 872-7564 to:

- Receive a ZOOM meeting invite
- Ask a question
- Obtain a membership form
- Learn ways to become involved from sharing ideas to networking with other PFLAG chapters.

Go to Facebook at PFLAG Waterville for meeting updates and weather cancellations, special events and more.

### Pleasant Street United Methodist Church





Pleasant Street United Methodist Church
61 Pleasant Street
Waterville, Maine 04901
(207) 872-7564
psumc@pleasantstreetumc.com
www.pleasantstreetumc.com
www.facebook.com/PSUMC
http://twitter.com/PleasantStUMC

For sermon podcasts: www.buzzsprout.com/50981
If you wish to receive What's Happening, the Saturday PSUMC e-blast which includes a variety of information including updates on church services and the Zoom Invite to watch the virtual worship service, please contact the office via phone or email.

WORSHIP: Currently, there is 1 Sunday worship service at 9:30am in the sanctuary. Childcare during worship service is not available at his time.

Sunday School for ages 5-10 is offered Sept. - May during the 9:30am service.

Mission Statement: We are Christian disciples called together by God to unite our hearts, hopes and talents for the benefit of God's creation. Guided by the Spirit of Christ, we strive to express our faith through Spirit-filled worship, service, and hospitality.

Hospitality: PSUMC is part of the Reconciling Ministries Network. We welcome all as they are, regardless of race, class, sexual orientation, gender identity, political affiliation, and any of the myriad ways we categorize and divide ourselves, because we ourselves have experienced God's all-inclusive love.

We believe being a centrally located church within the community means it is important to open our doors to nonprofit groups seeking a place to meet each week at no cost. Many groups use our many roomed building including several AA meetings, Boy and Girl Scouts, the National Alliance for Mental Illness, the Interfaith Council, Family Violence Project, Youth Leadership Advisory Team, and others.

Service: Our congregation not only hosts many groups within the walls but its members are actively involved with the Waterville Food Bank, Sunday Evening Sandwich Program, and Mid-Maine Homeless Shelter and Services, as well as sponsoring mission trips and outreach to state and global needs.

**Worship:** PSUMC has traditional style services with an infusion of more contemporary elements. There is a strong music program for both children and adults. We are joyful and use worship as a way to empower ourselves for the work of justice and peace in the world!



#### (Revitalizing the Energy in ME)



Mission:

REM nurtures ideas, talents, and dreams, empowering people to create a collaborative, thriving community

REM fulfills its mission by providing opportunities for people to join hands and work together in teams towards a vision they share.

REM 31 Temple St Waterville, ME 04901

> 873-4444 rem@rem1.org www.rem1.org

REM works to convene and sustain these initiatives by providing team-building support:

- Convening tools: REM's "Dream Catcher", Faye Nicholson, meets with people to inspire them to share their dreams and introduces them to others who share that dream or vision. REM's website connects people to ongoing initiatives and teams. REM Forums are called when a community issue that needs addressing arises. REM supports team initiatives born out of all convening methods.
- Web site communications: REM has developed a web site which links all REM's teams. Registration provides information about interests and REM responds to those who join the site and helps them connect to the teams. Registrants can request to join a team on the site and REM leaders will contact them to help introduce them both to REM and to team participants.
- People power: The values, structure, policies and vision of REM have been set from day one by the community of volunteers who work it. REM was born out of peoples' desire to work in a different way and take responsibility for the quality of life we enjoy here by giving of their time and talent toward commonly created and supported visions. They chose to work by consensus with the goal of keeping the team together and eliminating divisiveness. They chose for the decisions to be made on a daily basis by the people doing the work...not coming from the top. They are the top. Everyone is welcome. Everyone is valued. Every team member is responsible for insuring that the REM Agreements are followed.

The pandemic has been hard on everyone. However, when your mission is to bring people together and bringing people together is no longer safe, major changes have to be made.

In 2020 REM had to cancel all of its events...even our favorite, the REM Awards. But in that year we learned a lot about how to retain our connections to each other and to our community.

This year's REM Award honoree is Amy Harrington. Amy and her team have brought the REM Craft Fair to our community for the past 4 years. Last year the pandemic made that impossible. But Amy worked hard to create an online presence for the crafters even though face-to-face sales were not possible.

This year, Amy has worked to make sure that those who signed up for 2020 will be able to present their crafts for sale at the REM Craft Fair. That's truly amazing because not only has she been helping her 4 young children with schooling during a pandemic, dealing with the pandemic and creating her own crafting business, "Scrapnsewmom", but also moving her home from Fairfield to Winslow. Moving 4 children, a whole household and 13 cats while at the same time organizing the REM Craft Fair shows you that, for Amy, pretty much anything is possible.



**Amy Harrington** 

We are deeply proud to honor Amy Harrington with this year's REM Award and are deeply grateful for all the effort she had to put in to pull together the 2021 REM Craft Fair.

# Saint Mark's Episcopal Church

St. Mark's Episcopal Church 60 Eustis Parkway Waterville, Maine 04901



Phone: (207) 872-7869 Church email: stmarkschurch60@gmail.com Website: www.stmarkswaterville.org

The parish family at **St. Mark's** believes that serving God must include stewardship within our community. To that end, church facilities are made available on a regular schedule and at little or no cost to the following **community groups**: Alcoholics Anonymous, Narcotics Anonymous, Alanon, Nar-Anon, and the Waterville Community Land Trust. For a schedule of meeting times, please contact the specific community group or call the church office.

**The Evening Sandwich Program** is a joint effort of Waterville-area churches to provide an evening meal to persons in need. ESP operates near its clients at the Universalist-Unitarian Church on Silver Street in Waterville. Parishioners from St. Mark's prepare meals on Thursdays.

St. Mark's participates in the annual July lunch program sponsored by the Waterville-Winslow Interfaith Council by making and serving a lunch every Thursday in July.

The St. Mark's Christmas Fair, held annually on the first Saturday in December, is a joint effort of the entire parish.

A basket for food donations to the **Waterville Area Food Bank** and toiletries to the **Essentials Closet** welcomes contributions, which are gathered on a weekly basis.

- St. Mark's designates a portion of its annual budget every year to **Mission and Outreach** efforts in the community. We meet with community groups quarterly to discuss community needs.
- St. Mark's also designates a portion of its funds to helping individuals who have hit hard times as well as contributing to the **Interfaith Resource Fund of the Waterville-Winslow Interfaith Council** which assists individuals with rent, heat, electricity and other emergency needs.

Parishioners of St. Mark's contribute regularly to the **United Thank Offering** of the Episcopal Church.

# Sexual Assault Crisis & Support Center



Sexual Assault Crisis & Support Center Administrative Office

P.O. Box 417 Winthrop, ME 04364 207-377-1010 Fax 207-377-1013

www.silentnomore.org

24 hour, Confidential Sexual Assault Crisis & Support Line 1-800-871-7741

Sexual Assault Crisis & Support Center provides free, confidential services to Kennebec, & Somerset Counties:

- A 24 hour, confidential, statewide, Crisis Support Line: 1-800-871-7741
- Support Groups for survivors of sexual assault and child sexual abuse, and for non-offending parents of children who have been sexually abused
- · Crisis intervention and information
- Support and advocacy for survivors of sexual assault and their families
- Advocacy for survivors who chose to seek medical attention, report to the police, or go through the criminal justice system
- Referral to appropriate agencies and individuals in the community
- · Community and professional education
- The Children's Advocacy Center of Kennebec & Somerset Counties (CAC)

The CAC provides a child-friendly, safe and neutral location in which Forensic Interviews can be made with children following an allegation of sexual abuse, thus minimizing trauma through a streamlined, non-repetitious and timely evaluation process.

# Spectrum Generations



**Spectrum Generations**, Central Maine's Area Agency on Aging, has been a leading provider of information, referrals, programs and activities for older and disabled adults for 40 years.

Spectrum Generations
Muskie Community Center
38 Gold Street
Waterville, ME 04901
(207) 873-4745
TTY 1-800-464-8703
www.spectrumgenerations.org

Muskie Center Hours: Monday-Friday 7:30AM-4:00PM

With seven community centers throughout central

Maine, it offers services such as health & wellness programs; socialization; dining; Meals on Wheels; AniMeals; catering; Family Caregiver Support; Medicare/Medicaid guidance; tax rebate and federal/state tax help; Bridges Home Care; Adult DayBreak; space rentals; activities, special events and more.

For more information on Spectrum Generations, or how to become a volunteer, visit our website at spectrumgenerations.org or call 1-800-639-1553.

# Sunset Home

"Where Caring and Quality make our house a home."

### Sunset Home

"A Residential Care Facility"

114 College Ave
Waterville, ME 04901
Administrator: William McKeagney
(207) 872-8414
www.sunsethomeofwaterville.me

Founded in 1924 with a bequest from a local businessman, **Sunset Home** is a non-profit residential care facility dedicated to providing high quality assisted living services for older women in a safe, comfortable and dignified home-like atmosphere.

Sunset Home has provided the highest quality of residential care in Waterville to women age 65 and older since 1924. The home continues its tradition of a warm and friendly environment that many women have called "home". Indeed, Sunset Home has all the comforts of home - cozy family room, living room, dining room, and screened porches. Antique furnishings, sentimental belongings, and comforts of the original Sunset Home, including an antique stained glass window and grandfather's clock, grace the home. Sunset Home upholds its reputation of having a pleasant and inviting atmosphere.

#### Services Provided:

- · 24 hour staffing
- · Medication administration
- · Housekeeping
- Laundry
- · Three homemade meals plus snacks daily
- Transportation for physician appointments
- · Daily activities program
- Personal care assistance

#### We Offer

- · The opportunity for residents to keep their own physicians
- Occupancy for twenty residents with sixteen private rooms with bathroom and two semi-private rooms with an attached bathroom and shower
- · Whirlpool bath
- · Cable-ready rooms
- Furnished rooms (per resident's request room may be unfurnished to allow for personal belongings)
- · All residents have the option to have their own phone in their room
- · Modern in-floor heating
- · Hair salon on premises
- Easy access storage
- · Covered entryway
- Maintenance services

# Thomas College



180 West River Road, Waterville ME 04901-5097 207-859-1111 1-800-339-7001

Web: http://www.thomas.edu

FAX: 207-859-1114 E-mail: postmaster@thomas.edu

**Thomas College** was founded in 1894 as a nonsectarian, co-educational college dedicated to career training. In the spring of 1956, the College moved from its downtown location to a large, private estate in the city of Waterville. When the College outgrew this campus in 1966, it purchased more than 70 acres of land next to the historic Kennebec River and developed a small-college facility. By 1971, the entire college was relocated to the West River Road campus.

Thomas College's mission is to prepare students for success in their personal and professional lives, and for leadership and service in their communities. The private, career-oriented College is committed to preparing its undergraduates for careers in business, technology and education. The College is focused on providing an accessible and affordable quality education to any student who is motivated to work hard and succeed. The College offers its students Guaranteed Tuition and its graduates Guaranteed Job Placement within six months of graduation.

For more information about Thomas College, please visit www.thomas.edu.

# University of Maine Cooperative Extension



University of Maine
Cooperative Extension
is your doorway to
University of Maine expertise.

For over 90 years, we've been putting university research to work in homes, businesses, farms, and communities-in every corner of Maine.

University of Maine Cooperative Extension Kennebec County Office 125 State Street, 3rd Floor Augusta, ME 04330 207-622-7546 phone 207-622-7548 fax http://extension.umaine.edu/

#### Some specific programs available in Kennebec County:

#### 4-H/Youth Development

- Community Clubs
- · After-school and in-school programs
- Tractor Safety
- Public Speaking
- Service to the community
- STEAM and Animal Science
- Camping and Outdoor Rec

#### **Agriculture**

- Beginning farmer training
- · Soil health and nutrient management
- Crop and livestock management
- · Pest management and safe pesticide use
- · Maine Compost School

#### Gardening & Horticulture

- Master Gardener Volunteers
- Maine Harvest for Hunger
- · Growing vegetables, fruit, and ornamentals
- · Garden pest identification

#### **Nutrition & Food**

- Eat Well Nutrition Education Program
  - Nutrition Associates visit homes, schools and community groups to provide free practical hands-on education on nutrition, stretching food budgets, cooking and food safety for families who are eligible to receive SNAP benefits (formerly known as Food Stamps)
  - Eat Well-by-Mail nutrition correspondence course for SNAP eligible adults
- Training programs for teachers, day care providers and others who want to learn how to improve nutrition and increase physical activity in children
- · Pressure canner gauge testing

UMaine is an Equal Opportunity/Affirmative Action institution.

# United Way of Kennebec Valley



United Way of Kennebec Valley

United Way of Kennebec Valley 121 Commercial Street Augusta, Maine 04330 (207) 626-3400 • www.UWKV.org

In 2021, United Way of Kennebec Valley (UWKV) expanded to serve all nonprofits, businesses, and people in Northern Kennebec County—unifying efforts within Kennebec County for the first time. UWKV's mission is to unite all people and resources to improve lives in our communities. UWKV envisions a strong, self-sufficient community in which people are educated, financially stable and healthy.

There are many things about our world right now that are different—the way we work, the way we learn, and the way we live. But there is one thing that remains the same: when we LIVE UNITED through United Way, communities across Kennebec County will thrive no matter what obstacles we encounter. More than 1 in 3 people in Kennebec Valley are directly helped by one of UWKV's 45+ nonprofit partner programs. Together, we are Hopeful—United for a Stronger Community.

Communities served: Albion, Augusta, Belgrade, Benton, Chelsea, China, Clinton, Farmingdale, Fayette, Gardiner, Hallowell, Litchfield, Manchester, Monmouth, Mt. Vernon, Oakland, Pittston, Randolph, Readfield, Rome, Sidney, Vassalboro, Vienna, Waterville, Wayne, West Gardiner, Windsor, Winslow, and Winthrop

# United Way of Mid-Maine



**United Way of Mid-Maine** 

United Way of Mid-Maine PO Box 807 Waterville, Maine 04903 (207) 873-0686 • www.UWMM.org

UWMM's Mission is: Mobilizing our Mid-Maine community to improve outcomes in health, education, and financial stability. We envision a community where we collectively work together to create opportunities for all Mid-Mainers to achieve their highest potential.

More than one out of four people in our Mid-Maine community benefit from a United Way-supported program or initiative. Through strategic funding, volunteer engagement, and community partnerships, United Way helps programs and initiatives build capacity to lift up more people in our community, for a brighter future for us all.

As a community partner, we are committed to creating long lasting community change by addressing the underlying causes of our most significant problems. Our work is year-round community building to develop a strong foundation for the benefit of all who live, work, learn and play in Mid-Maine.

The work done through our Community Initiatives and Partner Agency Programs provide critical services in the focus areas of Strengthening Children, Youth, and Families, Promoting Independence, and Meeting Immediate Needs.

Communities served: Anson, Athens, Bingham, Brighton, Burnham, Cambridge, Canaan, Caratunk, Cornville, Dennistown, Detroit, Embden, Fairfield, Harmony, Hartland, Highland, Hinckley, Jackman, Madison, Mercer, Moose River, Moscow, New Portland, Norridgewock, North Anson, North New Portland, Palmyra, Pittsfield, Pleasant Ridge, Ripley, Rockwood, Shawmut, Skowhegan, Smithfield, Solon, St. Albans, Starks, The Forks, Unity, and West Forks

# Waterville Area Habitat for Humanity



24 Silver Street, Waterville, ME 04901 P.O. Box 1972, Waterville, Maine 04903-1972

Phone: (207)616-0166

Email: habitat@watervilleareahfh.org
Web: www.watervilleareahfh.org

Waterville Area Habitat for Humanity (WAHFH), a local 501c3 non-profit organization, seeks to help qualifying families become homeowners by working with them to build decent, affordable houses. WAHFH homes are not given away. They are purchased by the homeowner family via a zero, or very-low, interest mortgage. Efficient building practices and extensive use of volunteer labor help to keep the house cost low.

Families seeking a WAHFH house must have lived in our 13-town service area for at least one year and are expected to complete a multi-step application process. Families are chosen by a committee after careful consideration of the following criteria:

- Household income in the range of 50 70% of the median for our service area
- Housing need (for example, currently living in substandard housing)
- Ability to pay the monthly costs for a zero, or very-low, interest mortgage, property taxes, and homeowner insurance
- Willingness to work in partnership with WAHFH in the construction of the home or other Habitat activities.

WAHFH is committed to the success of its chosen partner families and of the communities it serves. In addition to building houses, WAHFH also has a Weatherization Program which aims to reduce air leaks and energy use by 25% or more, an Interior Storm Window Program which aims to reduce heat loss through window glass and energy use by 10-20%, A Brush With Kindness Program that does small repairs or home remodeling projects, and operates our fund-raising ReStore that is open to the public at 24 Silver St. in Waterville. The ReStore provides deep-discount retail shopping for building supplies, furniture, and lots, lots more. Savings from all the WAHFH programs can be used by homeowners for other budget items while enjoying a home that is more comfortable to live in.

Contact us for more information. Volunteer: help us make our programs available to more local people in need.

# Waterville Community Land Trust



PO Box 1834 Waterville, ME 04903 207-692-0891

Web: www.watervilleclt.org
Email: watervilleclt@gmail.com
Facebook: Waterville Community Land Trust

#### **Our Mission**

Waterville Community Land Trust supports neighborhood preservation and improvement through the development of affordable housing and other community assets.

#### **Our Vision**

Waterville's neighborhoods are safe, stable, desirable places to live, work, and play.

WCLT will own the land where homes are located, therefore maintaining affordable homeownership of a home in perpetuity. The home owner leases the land from the Trust, and the Trust and homeowner share the appreciated value of a home's sale. WCLT currently owns one property, located at 181 Water Street, and hopes to purchase a second property soon.



# Waterville Area Soup Kitchen



PO Box 1494 Waterville, ME 04903 207-872-8657

www.watervilleareasoupkitchen.com info@watervilleareasoupkitchen.com

#### Mission:

The Waterville Area Soup Kitchen will provide appetizing, nutritious meals in an accessible, welcoming setting to those in the greater Waterville area who would otherwise go without.

For members of Waterville Area Soup Kitchen, the top priority is to address one of this community's and state's most significant needs: hunger. Food insecurity affects 13.6% of Maine households, and we rank 12th in the Nation on this same measure. These statistics have only grown as a result of the pandemic. In response, WASK began distributing free, hot meals, sandwiches, snacks, and beverages at four locations in the Waterville area twice a week since December, 2020. Thanks to a partnership with St. Mark's Episcopal Church, they have access to a kitchen. Thanks to an intrepid group of volunteers, friendly faces hand out warm meals to those in need every Monday and Wednesday.

Visit Us

Monday & Wednesday

11:00 - 11:30am at Veterans Park & Head of Falls

11:35 - 12:00pm at Green St. Playground & The Concourse

# Waterville Food Bank



61 Pleasant Street (United Methodist Church) Waterville, ME 04901 (207) 616-0363

Monday through Thursday 8:30 AM to 11:00 AM Monday Evenings: 5:30 to 7:00 PM (Closed Holidays and AOS92 Snow Days) Email: watervillefoodbank@gmail.com

On the Web: Watervillefoodbank.org

Facebook: Waterville Food Bank

Our mission is to provide healthy food assistance to our neighbors in need.

We provide food items to clients who are facing food insecurity for any reason. We typically distribute fresh vegetables and fruits, eggs, shelf stable milk, meat, pasta, spaghetti sauce and margarine along with canned fruits and vegetables. Our clients are allowed to visit us once every 14 days.

We were founded in 1981 by the Interfaith Council of Churches in Waterville and Winslow and have been housed since that time at no cost by the Pleasant Street United Methodist Church.

We are an all volunteer agency and are supported by many individuals in our community and groups from Mount Merici School, Colby College, Thomas College, Goodwill, Waterville Kiwanis and Elanco. We frequently receive grants from organizations such as Mid-State Machine and the Inland Hospital Foundation.

We are the sponsoring 501 (c) (3) organization for the food pantries at the George Mitchell School, the Albert Hall School and Waterville Junior High School, and High School. Waterville now has a food pantry at every public school in the community.

Last year we distributed over 300,000 pounds of food to our clients and other feeding programs in Waterville and the surrounding area.

We are members of Good Shepherd Food Bank of Maine and are also recipients of donations through Feeding America. We also participate with Healthy Waterville.

# Waterville Historical Society



**Redington Museum** 

62 Silver Street, Waterville, ME 04901 (207) 872-9439 www.watervillehistoricalsociety.org email: info@watervillehistoricalsociety.org

Due to COVID-19 concerns, we are only open by Appointment for fully vaccinated groups of 4 or less.

Resident Caretakers: Bryan and Bonny Finnemore

The **Waterville Historical Society**, a non-profit corporation, was organized in 1903 as a result of enthusiasm aroused by the city's centennial in 1902. In 1924 the Redington house was presented to the society as its permanent home by Mrs. William P. Redington, whose husband was born there. At the time of its presentation, the house had been occupied by Redington descendants for over 100 years. Society membership is open to the public; there is a yearly membership fee that helps fund the museum's work.

A nominal admission fee is charged to non-members. Under normal conditions, special tours of the museum may be arranged for school groups and other organizations by contacting the resident custodian.

Donations and bequests to the Waterville Historical Society and the Redington Museum are tax deductible to the extent provided by the law. Artifacts are generally accepted without restrictions.

# Waterville Public Library



Since 1896, the Waterville Public Library has been empowering people and strengthening community.

The Library offers a full range of modern library services, including a circulating collection of books, films (DVDs and Blu-Rays), music, magazines, audiobooks, online language instruction software, and e-books. A member of the statewide Minerva Library Network, the Library also offers cardholders access to more than 6 million items throughout the state. Library cardholders are able to request and renew materials online through the Library's website.

73 Elm Street Waterville Maine 04901 207.872.5433

www.watervillelibrary.org Facebook: Watervillelibrary

Mondays-Thursdays 10:00am-7:00pm Fridays 10:00am-5:00pm Saturdays 10:00am-3:00pm (Closed Sundays) The Library offers free wifi, a public computer lab, a public phone, faxing service, as well as Notary service.

The Library's Business and Career Center supports jobseekers and businesses. Business and Career Center programs include job fairs, special workshops, and jobseeking assistance.

The Children's Room and the Bartlett Room for Teens support positive youth development and offer free and engaging programs including robotics, crafts, films, gaming, parenting workshops, and storytimes.

The Carnegie Gallery at the Library is proud to feature the creative talents of local artists and artisans. Permanent exhibits in the Library showcase local historical photographs and maps, as well as some of Maine's most celebrated artists.

The Waterville Public Library is YOUR Library.

# Winslow Congregational Church United Church of Christ



12 Lithgow Street, Winslow, ME 872-2544 Rev. Kim Shrader Church email: news.winslowucc@gmail.com www.winslowucc.org Visit us on Facebook

10:30am Sunday Worship services, Children's Sunday School -(Sept. - June) during the service, Nursery is available during worship

"We have a wide variety of personal views on what Christianity is and what it means for us. " ~ Jim

The church building is nestled along the bank of the historic Kennebec River where it has stood since 1796. Built using timber frame design, this structure served as the town's first meetinghouse until 1828, when it became the current Winslow Congregational Church.

Our church family, as the body of Christ in the world, affirms all God's children and welcomes them with open arms. All are welcome at God's table and as full participants in our church life, regardless of societal labels. Our congregation is composed of a unique blend of people, from near and far. We value free thinking, difference of opinion, and exclude no one from any discussion or event. No matter who you are or where you are on life's journey, you are welcome in this Church.

Since 1828, Winslow Congregational Church continues to open its doors to the community. From active involvement in outreach programs, such as the summer lunch program, to providing a home for Alcoholics Anonymous, the Winslow Congregational Church continues to seek ways to fulfill its faith mission in the Winslow community.

Winslow Congregational Church is the home of the 48th Blueberry Festival to be held on Aug. 10, 2019.

"I am inspired, refreshed and strengthened through peaceful, thoughtful worship and the warm friendship of our congregation." ~ Sid

### REM says "Thank You!" to our supporters.



# Exceptional and compassionate paramedic care

- Local and long-distance emergency response services
- Routine and critical care transfers
- · Wheelchair van transportation
- Community events, classes, and education demonstrations

To learn more, visit
DeltaAmbulance.org.
VISIT US ON
Facebook



Augusta: 623.4900 | Waterville: 861.4244 DeltaAmbulance.org



- Comprehensive Eye Exams
- Eyewear Center and Contact Lens
- · State of the Art Cataract Surgery
- · Light Adjustable Cataract Lens
- · Retinal Diseases and Glaucoma
- Laser Surgery
- · Botox, Juvederm and Latisse

Waterville • Pittsfield Farmington • Monson

#### ON-SITE SURGERY CENTER

Quality and Affordable Cataract Surgery

Our surgeons help you understand the best choices for you. Receive personalized care before and after surgery.

325A Kennedy Memorial Drive Waterville, Maine 04901

**873-2731** (800) 660-3403

www.Maine2020.com

#### **SBS Carbon Copy**



- Full Color Printing
- Binding
- Mailing Services
- Paper & Office Supplies

54 Main Street, Waterville, ME 04903 Monday-Friday: 8:30am - 5:00pm

info@maineprintingservices.com www.maineprintingservices.com

(800) 427-7947 (207) 873-7947 Fax: (207) 873-7948 The Hillager Restaurant

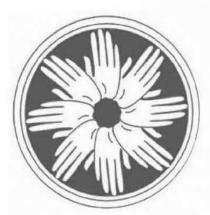
40W Concourse
Waterville, Maine 04901

JOE & JUDY MARCOUX









#### Celebrating REM In Our Community.

For more than two decades, the work of this grassroots nonprofit organization of volunteers has honored diversity, promoted self-reliance and built community in order to improve the quality of life in Central Maine.

We thank you for all your efforts.

#### Central Maine Motors Chevy Buick

420 Kennedy Memorial, Waterville, ME 04901 207-872-5591 www.centralmaine chevybuick.com

#### Central Maine Chrysler Dodge Jeep Ram Fiat

300 Kennedy Memorial, Waterville, ME 04901 207-872-9211 www.centralmaine chryslerdodgejeep.com

# Central Maine Motors Collision Center

30 Airport Road, Waterville, ME 207-872-5890 www.cmautogroup.com/collisioncenter.htm

# Central Maine Toyota 15 Airport Road,

Waterville, ME 207-872-5444 www.cmtoy.com



A Waterville institution since 1935,
Central Maine Motors Auto Group
is proud to be providing
top-notch automotive sales,
service, collision repair &
reconditioning services.

Just off I-95 Exit 127—Waterville, ME Or start your search here - www.cmautogroup.com

# 18 BELOW RESTAURANT & LOUNGE

Classic Maine seafood with a twist!

18 Below is a place to come together and savor the good times with an authentic Maine dining experience.

Think Globally
Act Locally
Dress Casually

Open: Tue-Thur 4-8, Fri-Sat 4-9

18 Silver Street, Waterville, ME 04901

207-861-4454



10 China Road, Winslow 207-873-4612





368 Route 3—South China 335 Main Street—Waterville 1-888-853-7100

Member FDIC

www.barharbor.bank



465-2000

"We are a FULL-SERVICE company"



Phone: (207)861-4440 Fax: (207)861-4442 137 Main Street Waterville, ME 04901

www.AmicisCucina.com



CERTIFIED PUBLIC ACCOUNTANTS 10

76 Silver Street, Waterville, ME 04901 - (207) 872-7077 cpa@nmccpas.com - www.nmccpas.com



# Family. Friends. Community.

John Fortier, Agent Bus: 207-873-1101 We're all in this together.

State Farm\* has a long tradition of being there. That's one reason why I'm proud to support REM PARTNERS.

Get to a better State.



1211007

State Farm, Bloomington, IL

# POOR BOB'S U-STORE-IT

#### **Guaranteed Lowest Prices**

in loving memory of Poor Bob

EARLINE BICKFORD Owner/Manager

207-453-7108

4 Poor Bob's Lane | Benton, ME 04901

#### **BOY LOCKSMITH**

Your Key to Security Since 1975



David P. Hallee
Certified Professional Locksmith

872-5862



All of us at REM congratulate all who work together to enrich this community.

Every volunteer is a "Dream Catcher"... following the dream of a community where people thrive.



#### IT'S A PERFECT DAY FOR BREAKFAST, LUNCH & A COCKTAIL

Tues - Sun: 7:00am to 2:00pm

105 College Avenue, Waterville, ME 04901 www.ericaswaterville.com 207-859-8761



# Some of the Best Food & Spirits in Waterville

Mon - Thurs: 11am - 10pm Fri - Sat: 11am - 11pm Sun: Closed

74 Main Street, Waterville, ME 04901 www.lionsdentavern.com 207-616-0209



#### E. D. BESSEY & SON

**FORESTERS** 

HINCKLEY, MAINE 04944 **(207)453-9388** 

# Timber Harvest Consultation and Supervision

Sustainable Forestry
Creates A Legacy For Future Generations







### Spell®Bound

... A Gamer's Paradise

67 E. Concourse Waterville, ME 872-8200 Board Games
Card Games
Force of Will
Weekly Tournaments
DCI Sanctioned
Konami Sanctioned
Dice Masters

www.spellbnd.com

Open 7 days a week



Tel. 649-3216

# TOM'S RUBBISH REMOVAL LIGHT TRUCKING

JOHN GREEN Owner Mailing Address P.O. Box 263 North Vassalboro, ME 04962



### An employee-owned company

955 Benton Ave., Winslow, ME 04901 U.S.A.

SEED BREEDERS, GROWERS, AND MERCHANTS SINCE 1973

# A Great Smile Is Your Best Accessory!



"an emphasis on excellence"





Yes! We are always accepting new patients.

98 Silver Street Waterville, ME 04901 (207)873-2073 28 Old Western Avenue Winthrop, ME 04364 (207)377-6958

www.smilesolutionsofmaine.com



51 Main Street Waterville, Maine 04901 207-873-5101

Toll-Free: 1-800-244-9046 Toll-Free Fax: 1-866-274-0005

GHMAgency.com

Car - Home - Toys - Business - Life - Health



#### Jamie Drouin

(207) 407-0990 jdrouin@techsolutionsme.com https://techsolutionsmaine.com/

#### UNIVERSAL BREAD Bakers

Come and meet your local bread baker today!

Make your meals not only healthier but tastier by bringing our fresh bread made daily to your table.



19 Temple Street Waterville, Maine Open Wednesday - Saturday: 10:00AM - 5:00PM (T)207-861-9400



Tel: 207-861-4433 / 207-861-4488 41 Temple St., Waterville, ME 04901 www.jinyuans.com

Open 7 Days A Week Sun-Thurs: 11:00am-9:00pm Fri-Sat: 11:00am-9:30pm





SHE IS MY EVERYTHING.

# DE BEERS F & REVERMARK

A DIAMOND IS FOREVER

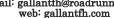
#### GALLANT FUNERAL HOME

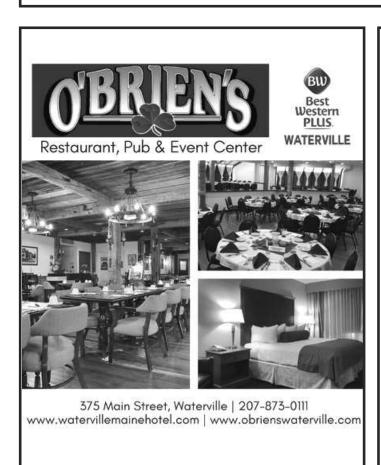
Dana R. McInnis Owner/Director

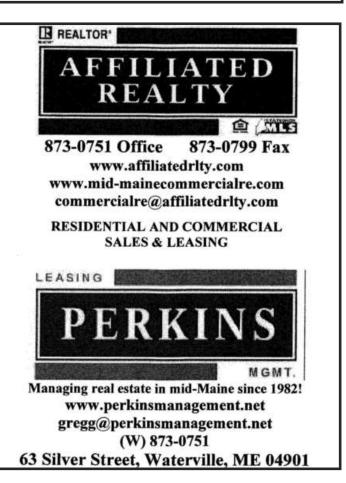
John O. Gallant, CFSP Director

> Craig A. McInnis Director

Waterville's Only Family Owned and Locally Operated Funeral Home 10 Elm Street, Waterville Phone: 873-3393 - Fax 877-7106 Email: gallantfh@roadrunner.com







### MARDEN DUBORD BERNIER & STEVENS, PA LLC

A Full Service Law Firm

ACTICE AREAS

Litigation & Insurance Defense Real Estate & Title Services Estate Planning, Probate & Elder Law Social Security & Disability Family Law Business Planning & Taxation Municipal & Governmental Affairs





Monday - Thursday 4 pm- 8 pm Friday & Saturday 11 am - 9 pm Sunday 4 pm - 8 pm

Located At Railroad Square - 861-4649

# Volunteers Building



Community Find out how you can help:

31 Temple St, Waterville, ME 04901

(207)873-4444

rem1.org

# Congratulations REM Recipitents



Design-Build / Engineering / General Contracting / Construction Management

**Building On Our Promise Since 1947** 

33 Sheridan Drive, Fairfield, Maine 04937 | Phone: 207-453-9311

WWW.SHERIDANCORP.COM

### Congratulations to all the REM Award Honorees!



Lesley A. Sobeck, O.D. Peter Paradis, O.D. Kerry Kaplan, O.D.

216 Main Street Waterville, ME 04901

207-872-2797









### Thompson Volkswagen, Inc.

347 Main Street
P.O. Box 685
Waterville, ME 04901
www.thompsonvw.com

Congratulations, REM Award Honorees!





# Brine your mind while you dine on swine!

Wed-Fri: 3PM-9PM Sat: 11AM-9PM Sun-Tues: Closed

14 Common St, Waterville, ME 04901 (207)616-3975



Congratulations to all the REM Award Honorees!

To all of our community volunteers... Thank you!

David V. Smith, Branch Manager Cheryl W. Flewelling, CFP®, Financial Advisor

### RAYMOND JAMES®

180 Main St. Suite 1 Waterville, ME 04901 207-660-4506

Securities offered through Raymond James Financial Services, Inc., member FINRA/SIPC. Investment advisory services offered through Raymond James Financial Services Advisors, Inc.





# O'DONNELL LEE, P.A. Attorneys at Law

112 Silver Street; PO Box 559 Waterville, Maine 04903

Committed to Serving the Community

# Congratulations to all the volunteers!

Robert F. Nardi

NARDI APPRAISAL SERVICE Certified Residential Appraiser



P.O. Box 458 Waterville, ME 04903 nardiappraisal@gmail.com

(207) 873-1972 FAX (207) 873-1716



# Congratulations to all the REM Award Honorees.



81 Grove Street • Waterville, ME • 873-5159 contactus@mainestatecu.org • MaineStateCU.org

NCUA



"The Difference is in the Details"

Commercial and Industrial Roofing Roof Design, Installation and Repair Annual Preventive Maintenance Leak Investigation and Repair Roof Asset Management 24 Hour Emergency Service

669 Riverside Drive, Augusta, ME 207-622-9503 www.geroofing.com

### Paragon Shop

#### Personal Service Comes in Small Boxes

Gifts ♦ Home Décor ♦ Jewelry
Candles ♦ Maine Gifts
Since 1981

36 Main Street Waterville, ME

207-873-7760 Like us on Facebook

### Asian Cafe

Thai, Japanese, Korean, & Vietnamese Cuisine

WE DO NOT USE MSG!

Hours: 7 Days a week - 11 a.m. - 9 p.m. (Closes at 8 p.m. Sundays)

Online ordering at: www.asiancafeme.com

53 Bay Street

Winslow, Maine 04901

Phone: 207.877.6688

Like us on Facebook



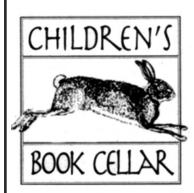
## Personali-Tease Hair Styles

\$9 Haircuts for Men and Women Reduced rate for children



Mon-Sat 9:00am to 5:00pm

5 Silver Street, Waterville, ME 04901 (207) 872-0642



52 Main Street Waterville, Maine 04901

207.872.4543

Ellen W. Richmond



Offering over 20 freshly brewed coffees and full array of espresso drinks.

Open Mon-Fri 7 a.m. to 2 p.m. Sat 8 a.m. to 1 p.m. Closed Sun

Gourmet Sandwiches - Salads - Soups

Quiche - Pastries - Fresh Squeezed Lemonade

facebook

220 MAIN STREET, WATERVILLE - 207-872-8711





We've Got Your Groceries & More!

Mon - Sat: 8 to 8 Sun: 9 to 8

#### 95 MAIN ST., FAIRFIELD 453-7500

We Accept Credit Cards and Food Stamps

www.villagemarketfairfield.com

### **Masonry Unlimited**

68 Western Ave, Waterville, ME 04901 (207) 313-0474 **Eric Timmins** 



www.masonryunlimitedinc.com/



#### COLDWELL BANKER

**PLOURDE** REAL ESTATE



872-7650

143 Silver Street Waterville, ME 04901

# www.cbplourde.com

**a** Each office is independently owned & operated.



# Ming Lee

Chinese Restaurant



To Place Your Order, Please Call or 207-873-2829 207-873-2828

> PineTree Square 365 Main Street Waterville, Maine 04901

Sun - Thurs Fri - Sat

11:00 am - 9:00 pm 11:00 am - 10:00 pm

#### **CHAMPIONS FITNESS CLUB**

- Weight & Cardio Rooms
- 35+ Fitness Classes Weekly
- **Tennis**
- Racquetball
- Wallyball
- Pickleball
- **Golf Simulator**

Sauna, Locker Rooms and more 30 Elm Plaza, Waterville, ME 04901 (207)873-0571 www.championsfitnessclub.com







# TAKING CARE OF EACH OTHER is what community is all about



WE'RE PROUD TO SERVE our community with personal, compassionate care. As your Dignity Memorial professionals, we're dedicated to helping families create a unique and meaningful memorial that truly celebrates the life it represents.

### Dignity.

C LIFE WELL CELEBRATED"

VEILLEUX AND REDINGTON FUNERAL HOME AND CREMATION SERVICE 8 ELM STREET, WATERVILLE 207-872-7676

DignityMemorial.com



### Diane's Travel Agency Diane Roderigue

Travel Consultant



197 Main Street Waterville ME 04901 207-873-9500 phone diane@dianestravelagency.com www.dianestravelagency.com



Retail

Mail order

Landscaping

OPEN 7 days a week 9:00- 5:00

Ph/Fax (207)923-3836

55 Quaker Lane, Vassalboro, ME 04989

www.FieldstoneGardens.com email:info@FieldstoneGardens.com and Follow us on Facebook for information on events and sales https://www.facebook.com/FieldstoneGardens/

### REM says "Thank You!" to our supporters.

#### Accounting Services

56 - Nicholson, Michaud & Nadeau

#### **Ambulance Services**

53 - Delta Ambulance

#### **Appraisers**

61 - Nardi Appraisal Service

#### Attornevs

- 60 Marden, Dubord, Bernier & Stevens
- 66 Nale Law Offices
- 63 O'Donnell Lee

#### **Automotive Sales/Service**

- 54 Central Maine Auto Group
- 62 Thompson Volkswagen, Inc.

#### **Banks and Credit Unions**

Inside Front Cover - Bangor Savings Bank

56 - Bar Harbor Bank and Trust

Inside Back Cover - Kennebec Savings Bank

63 - Maine State Credit Union

#### **Building & General Contractors**

64 - G&E Roofing

65 - Masonry Unlimited

61 - Sheridan Corporation

#### **Children's Books**

64 - Children's Book Cellar

#### **Dentistry**

58 - Smile Solutions

#### **Disposal Services**

57 - Tom's Rubbish Removal

#### **Eateries**

55 - 18 Below

526- Amici's Cucina

64 - Asian Café

61 - Buen Apetito

57 - Erica's

58 - Jin Yuan

64 - Jorgensen's

57 - Lion's Den Tavern

62 - Mainely Brews

65 - Ming Lee

60 - O'Brien's

65 - Selah Tea

63 - Silver Street Tavern

62 - The Proper Pig

53 - The Villager Restaurant

#### **Entertainment**

57 - Spell-Bound

#### **Eye Care**

561- Kennebec Eye Care

53 - Eye Care of Maine

#### <u>Fitness</u>

65 - Champions Fitness Club

#### **Forest Products**

57 - E. D. Bessey & Son

#### **Funeral Homes**

60 - Gallant Funeral Home

66 - Veilleux Funeral Home

#### Gardening

58 - Johnny's Selected Seeds

#### Gifts, Clothing, and Accessories

64 - Madlyn's

64 - Paragon Shop

(Continued next page)

#### (Continued)

#### Groceries, Food Products, Etc.

- 56 Pleau's Market
- 55 The Village Market
- 58 Universal Bread Bakers

#### Hair Care

- 64 Personali-Tease
- 56 Prime Cut

#### **Hospitals/Healthcare**

Back Cover - Northern Light Inland Hospital

#### **Insurance**

- 58 GHM
- 56 State Farm, John Fortier

#### **Investment Management**

- 66 Golden Pond Wealth Management
- 63 Raymond James Financial Services,

#### **Jewelers**

59 - Day's Jewelers

#### **Laboratory Services**

62 - Northeast Laboratory Services

#### **Landscaping**

67 - Fieldstone Gardens

#### Locksmith

57 - Boy Locksmith

#### Oil Sales and Service

56 - Fabian Oil

#### **Organizations**

62- Business & Professional Women Futurama Foundation

#### Printing, Signs, Banners, and Graphics

53 - SBS Carbon Copy

#### **Realtors**

- 60 Affiliated Realty, Perkin's Management
- 65 Coldwell Banker Plourde Real Estate

#### **Storage**

56 - Poor Bob's U-Store-It

#### **Technology**

58 - Technology Services of Maine

#### **Travel**

67 - Diane's Travel Agency



# What are YOUR hopes and dreams for the community?

Join forces with REM and its Partners to improve the quality of life in Central Maine!

www.rem1.org

Everything you want from your bank, plus the benefit of local people, local knowledge and commitment to our local nonprofits.









